

2015



Moment - Screen Time Tracker 4+

Kevin Holesh >

 Offers Apple Watch App for iPhone

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Screenshots

iPhone

iPad

Apple Watch

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Offers In-App Purchases

This app is designed for both iPhone and iPad

★★★★★ (13)

Rating: 4+

TOP IN-APP PURCHASES

1. Pro Features € 4,49
2. 3 Months of Moment Family € 16,99
3. 12 Months of Moment Family € 49,99
4. Optional Coach Support € 10,99

LINKS

[Privacy Policy](#)
[Developer Website](#)

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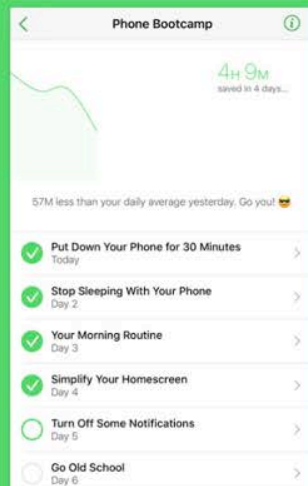
How Much Are You On Your Phone?

Moment tracks that for you



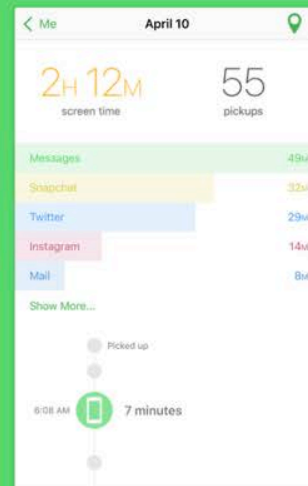
Get Back To Your Life

Learn how to use your phone less



Your Apps

See how you're spending your time



Your Family

Work on your screen time together



Untitled x Joost

localhost:8888/notebooks/data/2017-06-16-phone-data-qs/Untitled.ipynb

Jupyter Untitled Last Checkpoint: 14 hours ago (unsaved changes) Logout

File Edit View Insert Cell Kernel Widgets Help Trusted Python 3.0

```
In [98]: # Additional installs
!pip install calmmap

Requirement already satisfied (use --upgrade to upgrade): calmmap in /opt/conda/lib/python3.5/site-packages
Requirement already satisfied (use --upgrade to upgrade): numpy in /opt/conda/lib/python3.5/site-packages (from calmmap)
Requirement already satisfied (use --upgrade to upgrade): matplotlib in /opt/conda/lib/python3.5/site-packages (from calmmap)
Requirement already satisfied (use --upgrade to upgrade): pandas in /opt/conda/lib/python3.5/site-packages (from calmmap)
Requirement already satisfied (use --upgrade to upgrade): python-dateutil in /opt/conda/lib/python3.5/site-packages (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): pytz in /opt/conda/lib/python3.5/site-packages (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): cyclerc in /opt/conda/lib/python3.5/site-packages/cyclerc-0.1.0.0-py3.5.egg (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): pyparsing!=2.0.4,!=2.1.2,>=1.5.6 in /opt/conda/lib/python3.5/site-packages (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): six>=1.5 in /opt/conda/lib/python3.5/site-packages (from python-dateutil->matplotlib->calmap)
You are using pip version 8.1.2, however version 9.0.1 is available.
You should consider upgrading via the 'pip install --upgrade pip' command.

In [97]: # Setup
import pandas as pd
import datetime
import numpy
import matplotlib.pyplot as plt
import json
import calmmap
# Plotting styles
%matplotlib inline
plt.style.use('fivethirtyeight')
from pylab import rcParams
rcParams['figure.figsize'] = 15, 10

Requirement already satisfied (use --upgrade to upgrade): calmmap in /opt/conda/lib/python3.5/site-packages
Requirement already satisfied (use --upgrade to upgrade): matplotlib in /opt/conda/lib/python3.5/site-packages (from calmmap)
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Requirement already satisfied (use --upgrade to upgrade): python-dateutil in /opt/conda/lib/python3.5/site-packages (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): pytz in /opt/conda/lib/python3.5/site-packages (from matplotlib->calmap)
Requirement already satisfied (use --upgrade to upgrade): cyclerc in /opt/conda/lib/python3.5/site-packages/cyclerc-0.1.0.0-py3.5.egg (from matplotlib->calmap)
```

Quantity

26640

pickups

46

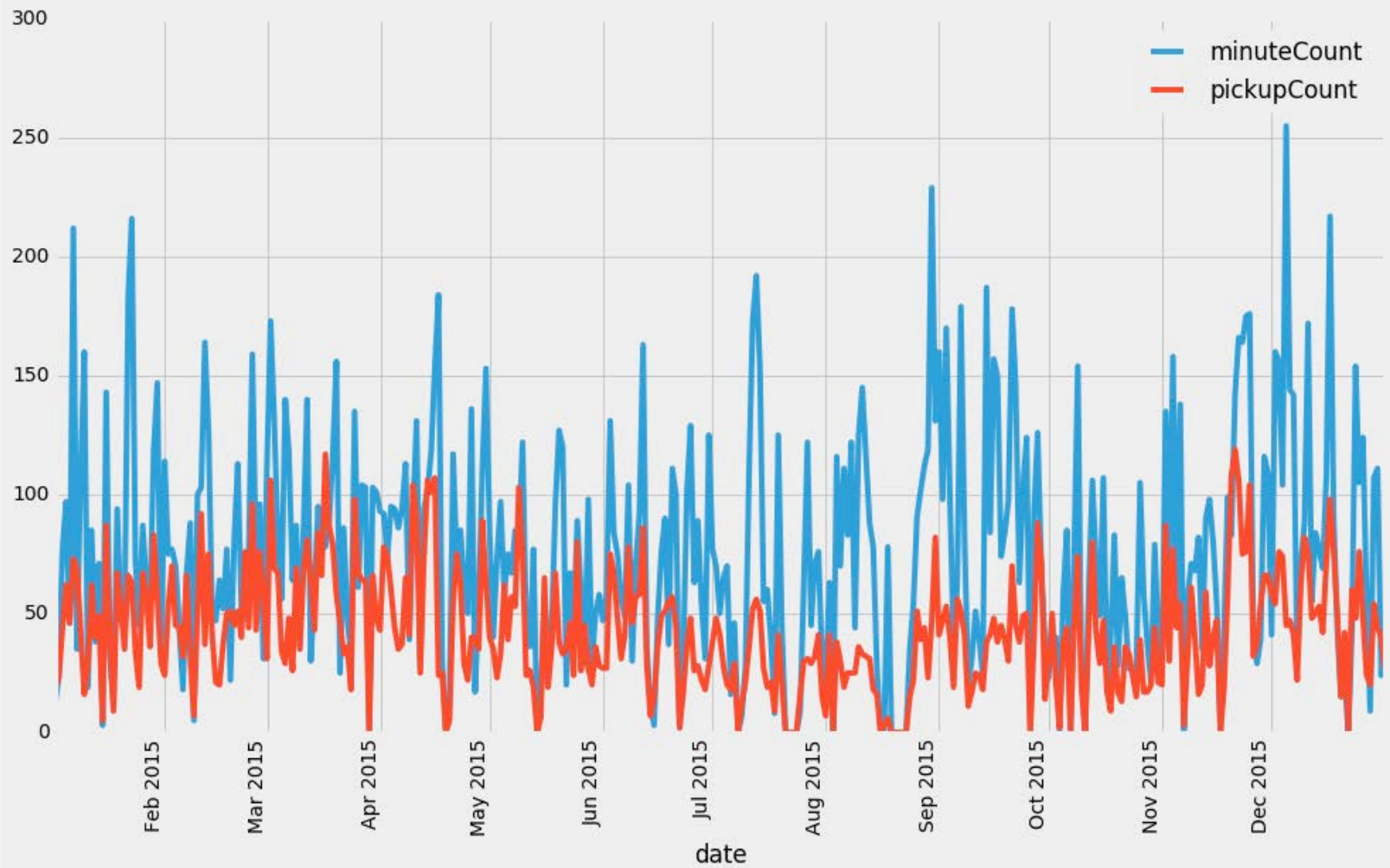
pickups per day

42308

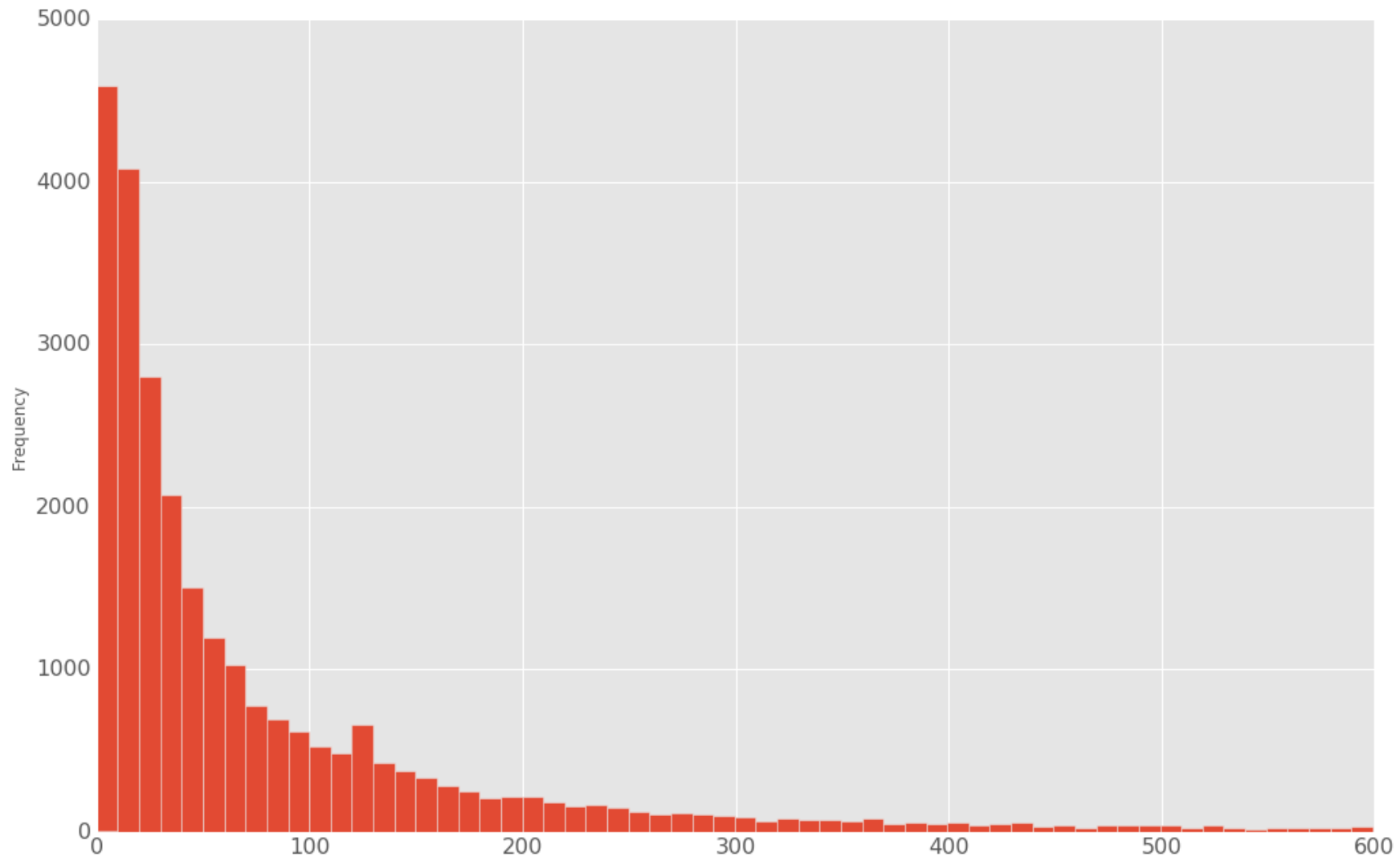
minutes

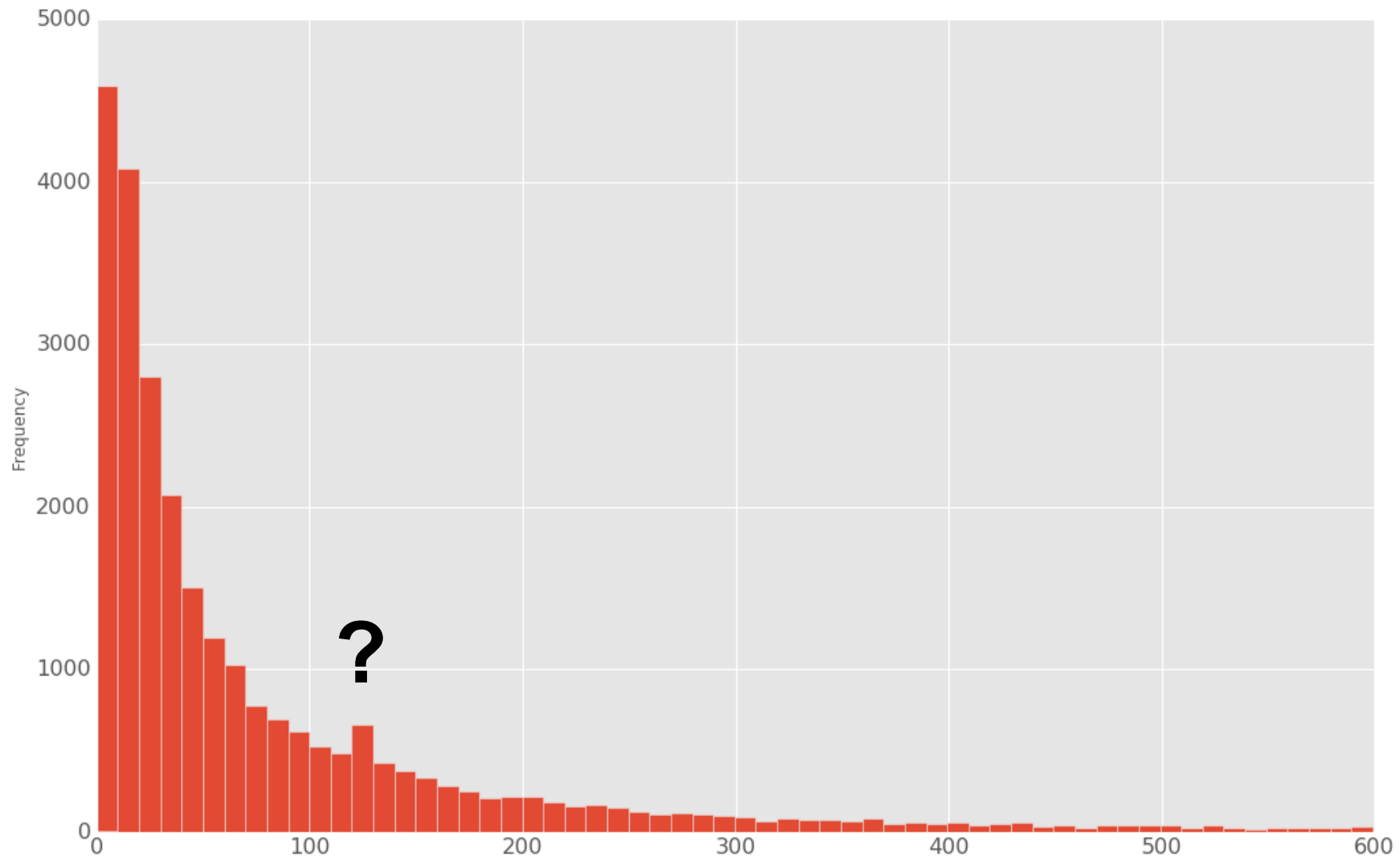
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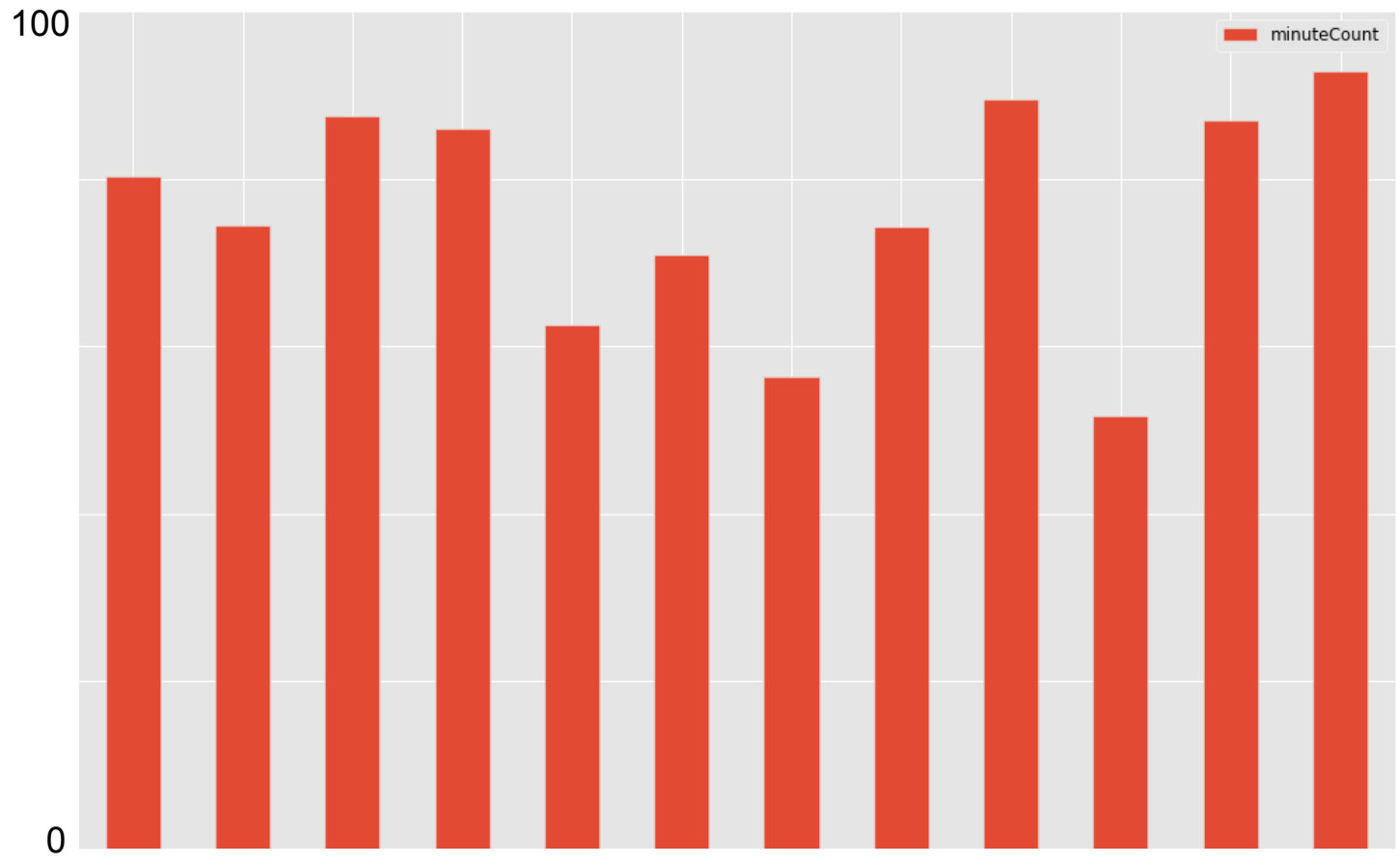
minutes per day

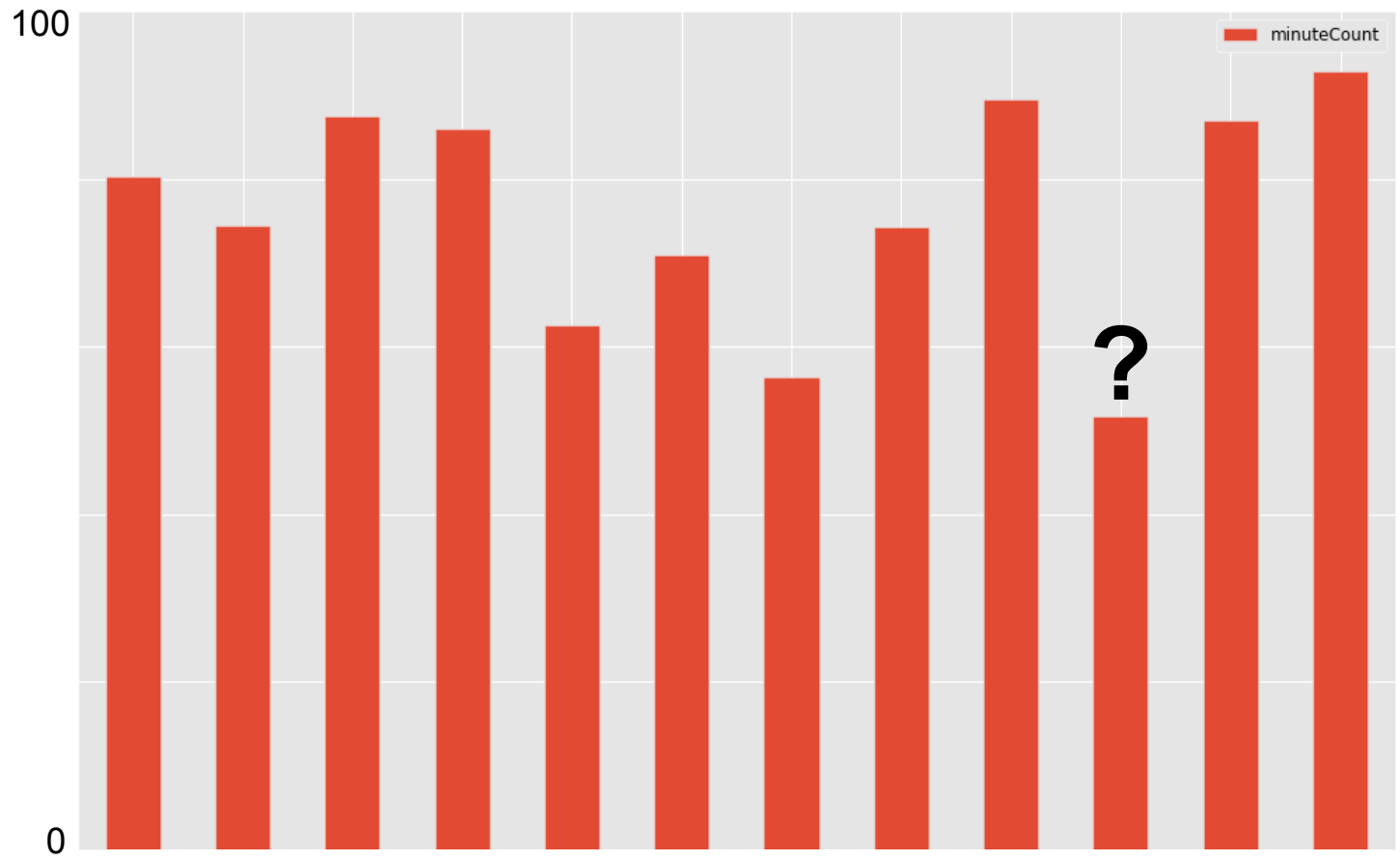


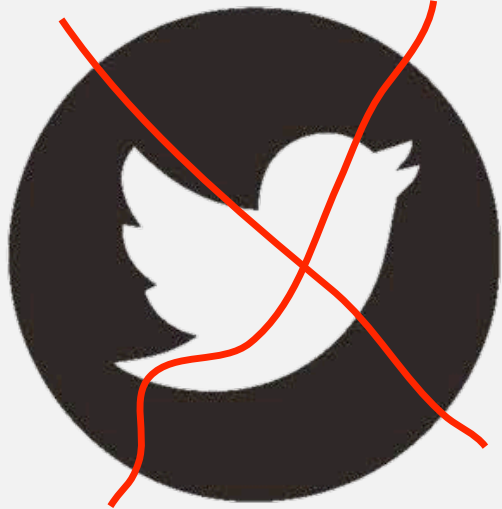
Temporality

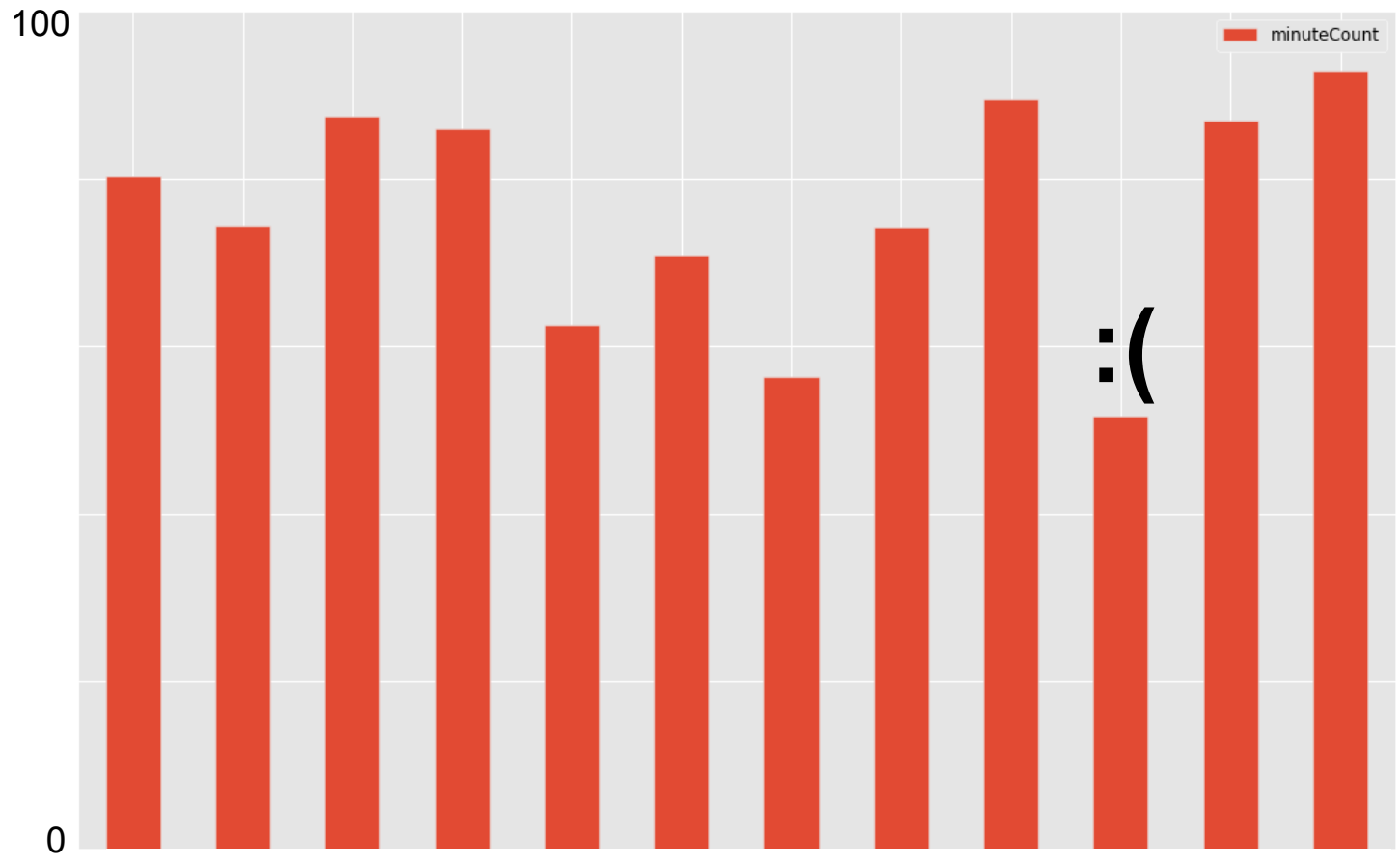


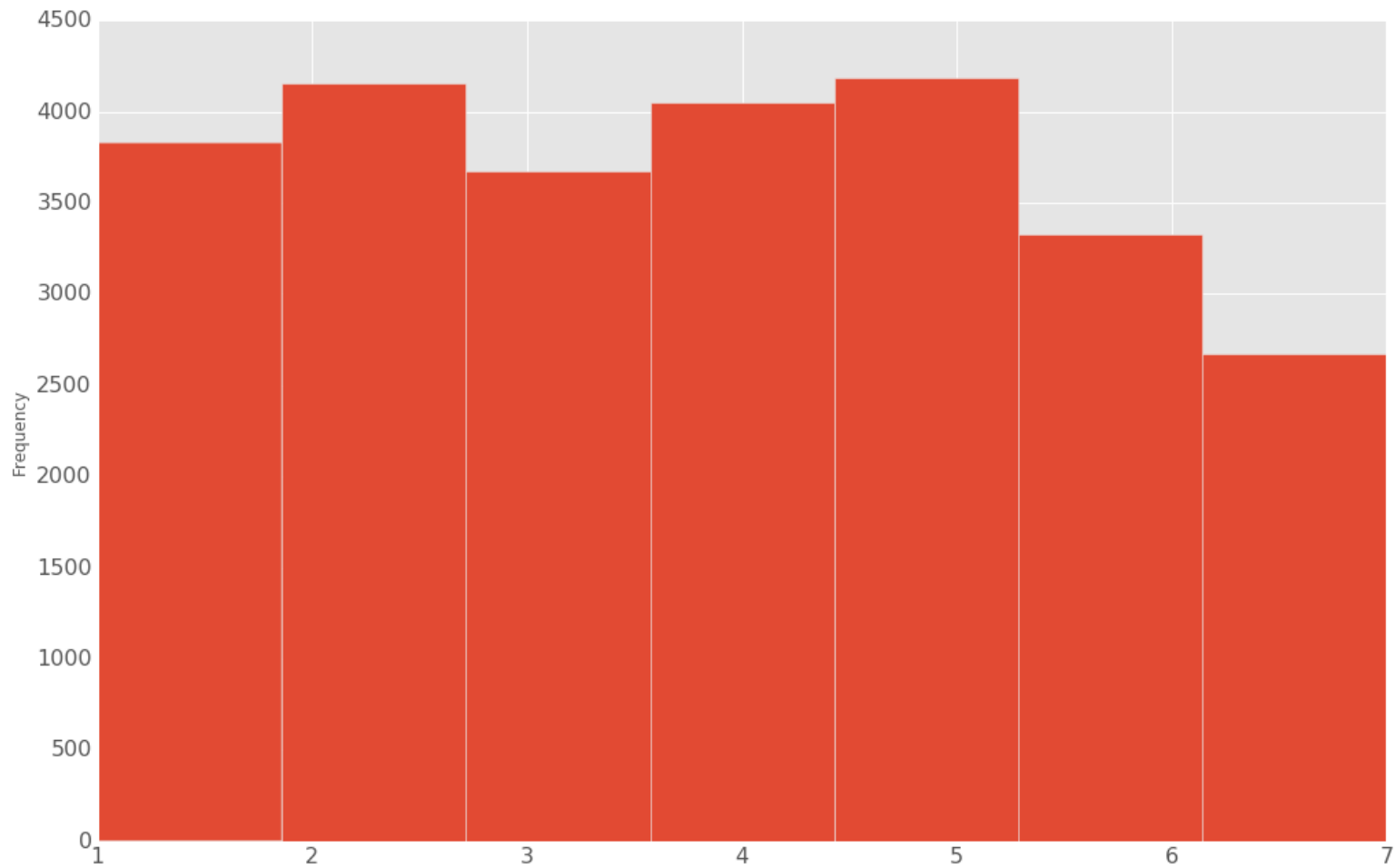


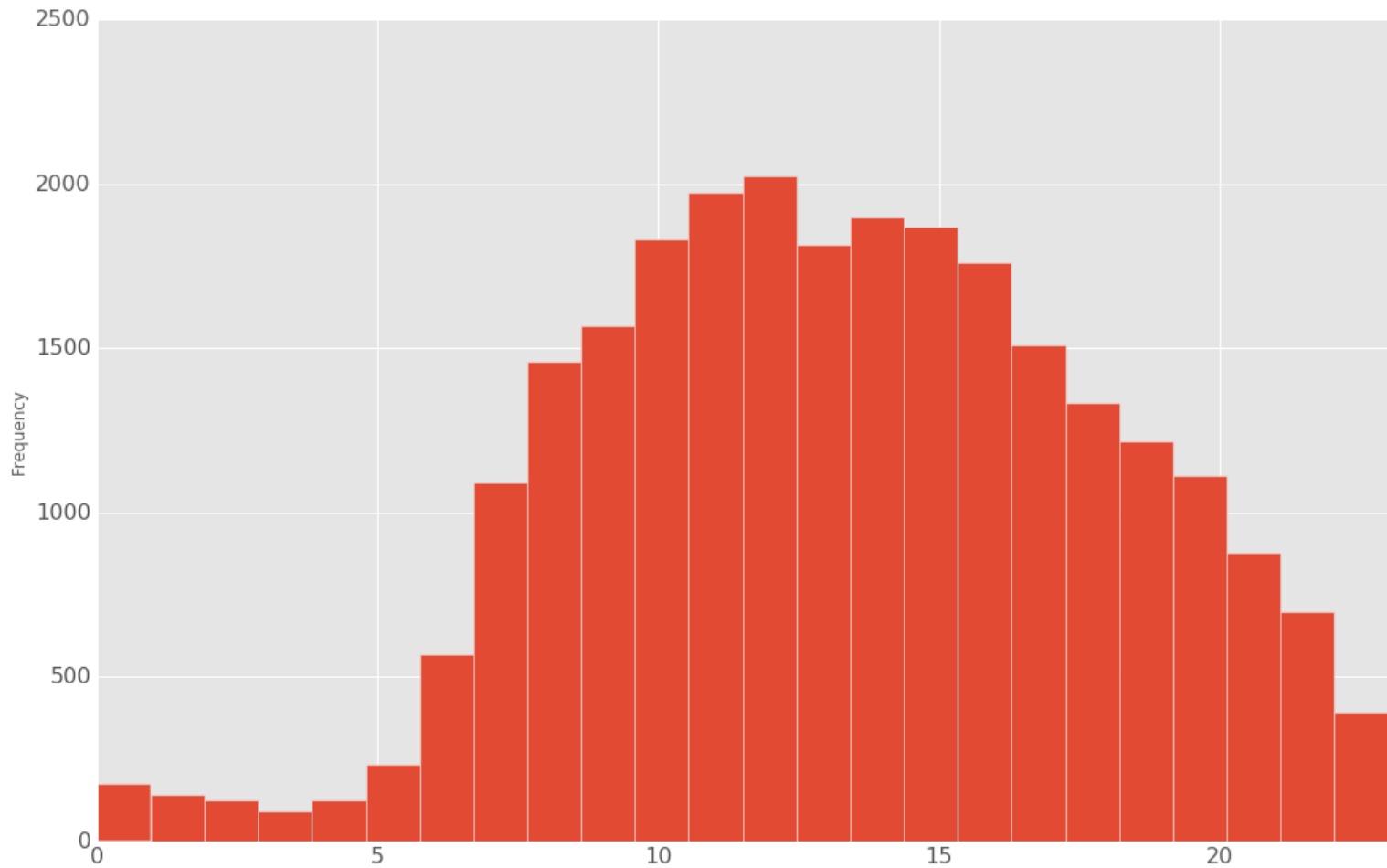


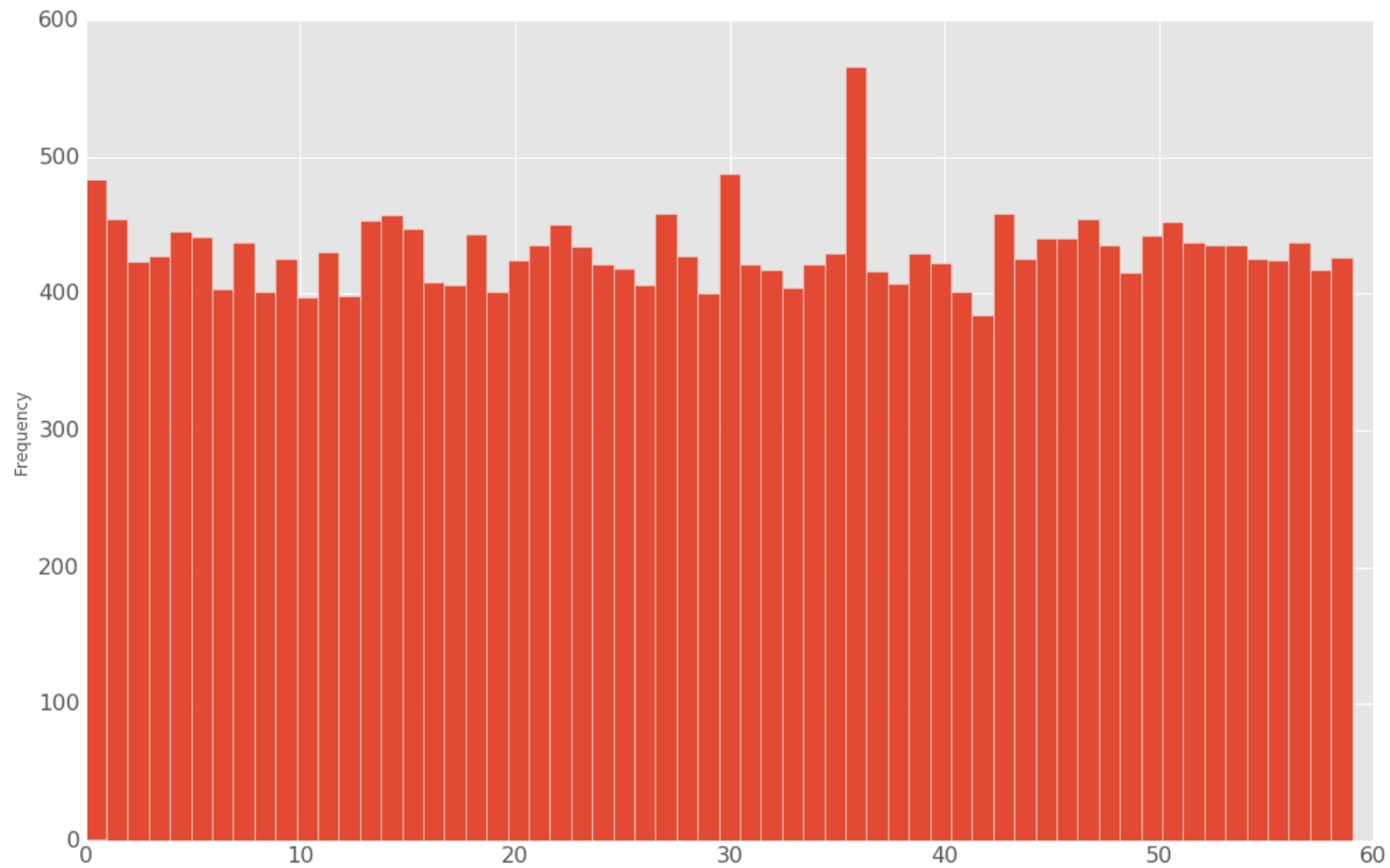


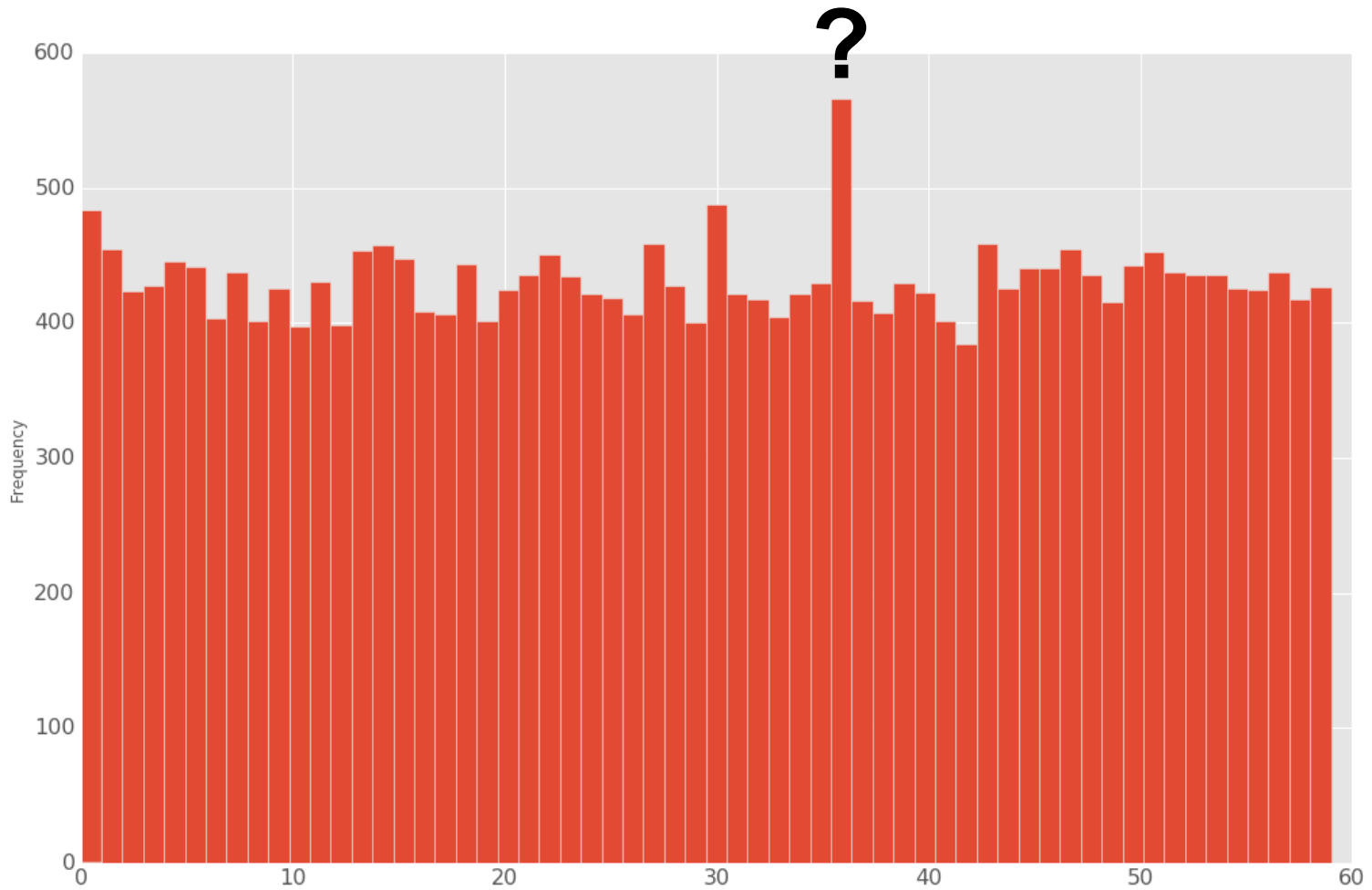




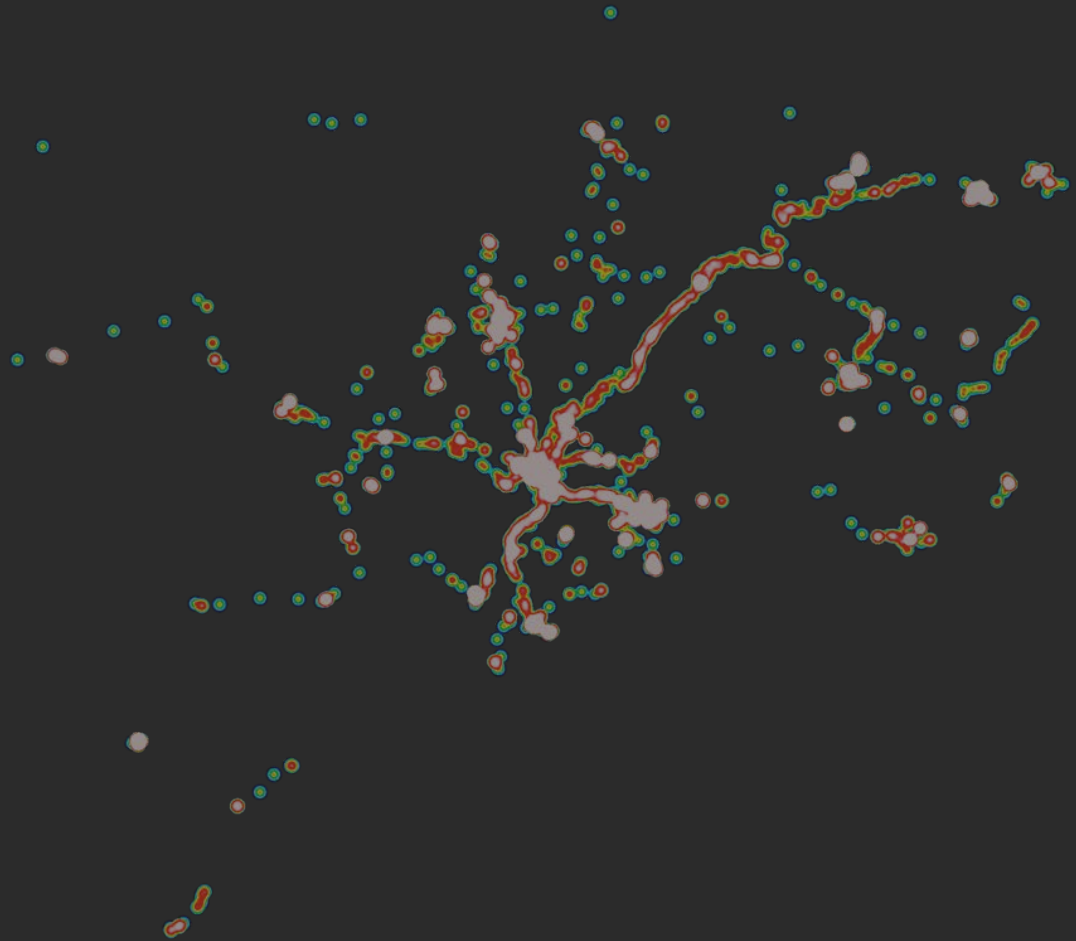








Spatiality



Derivability?

Mood / Productivity / Sleep

Thanks!

@jplattel

github.com/jplattel/notebooks