

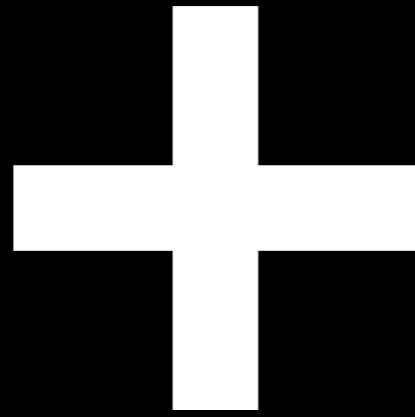
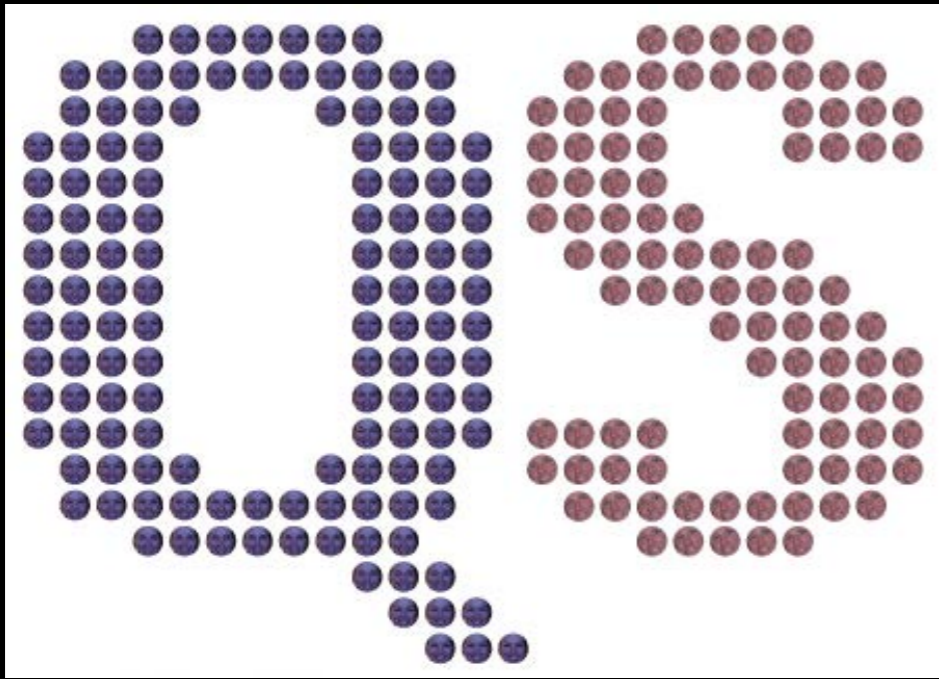
Commits.to

Tracking personal reliability

Daniel Reeves
Beeminder
QS18



Committed?



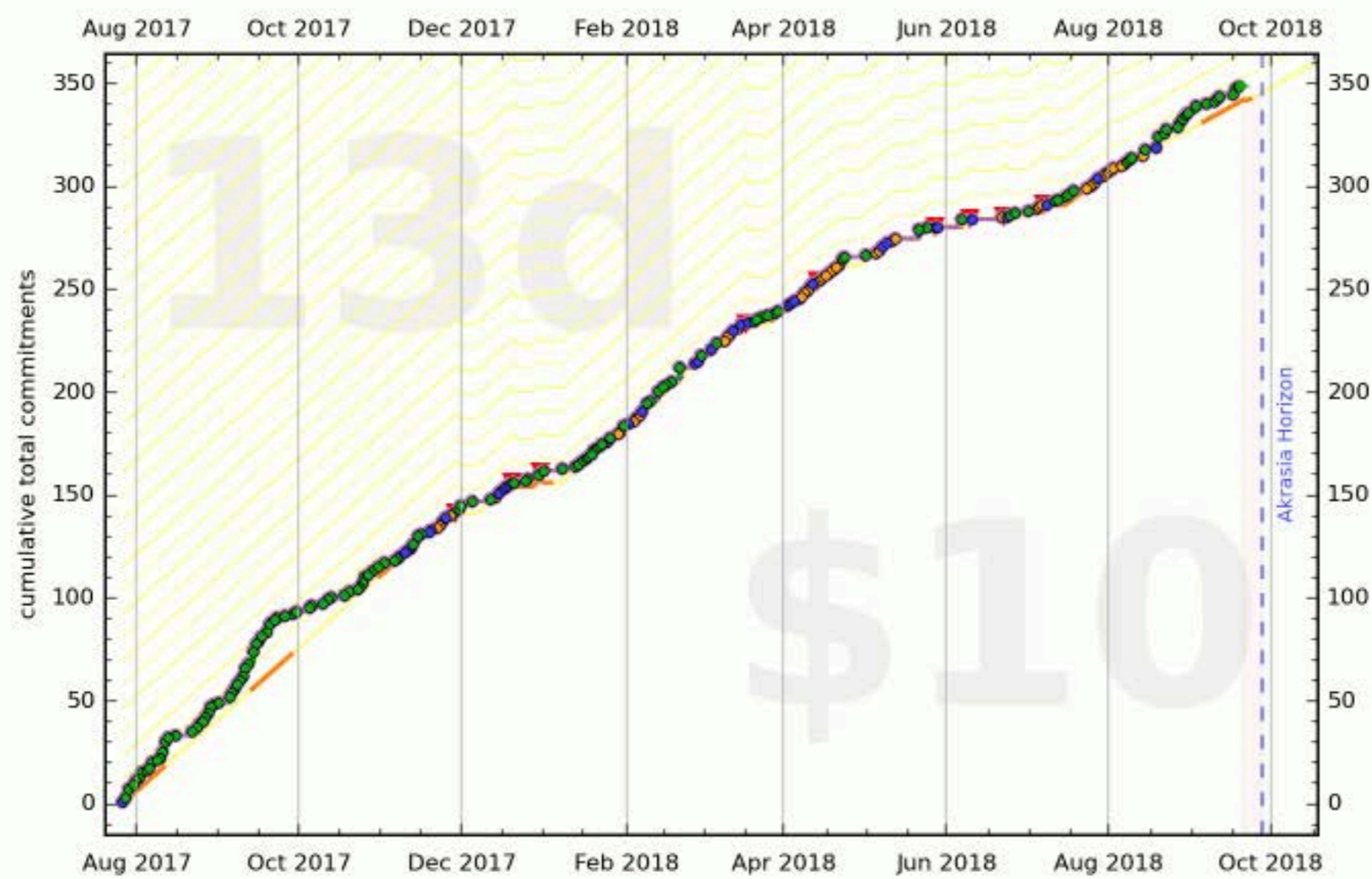
$\Pr(\text{dreev does } X \mid \text{dreev says he'll do } X) =$
 0.968799

History

- 2011: Public launch of Beeminder
- 2014: The “I Should” system
- 2017: The “I Will” system
- 2018: Commits.to (Commit Stew) and promises.to

d/will: **+0.7** due **5 Oct** or pay **\$10***

Fulfill more commitments



Recent Data [Formatting help](#)

- 11 0.85989
"make_beamstat_subdomain_redirect"
- 19 0.97012
"compile_meetup_responses"
- 17 0.9253 "blog_qs18bee_meetup"
- 03 0.57471
"poll_scholars_re_meetup"
- 11 0.69744
"draft_qs_slides_to_steven"
- ...
- 21 123 "optional comment about reporting 123 on the 21st"

Amounts Due By Day

DAY	DELTA	TOTAL
Today	✓	341.2
Tomorrow	✓	341.2
Sun (23rd)	✓	341.2
Mon (24th)	✓	341.9
Tue (25th)	✓	342.6
Wed (26th)	✓	343.3
Thu (27th)	✓	344

Goal Progress

START 2017-07-27 → 0
 NOW 2018-09-21 → 348.3
 TARGET 2028-02-09 → 2789



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Stats

Road stats

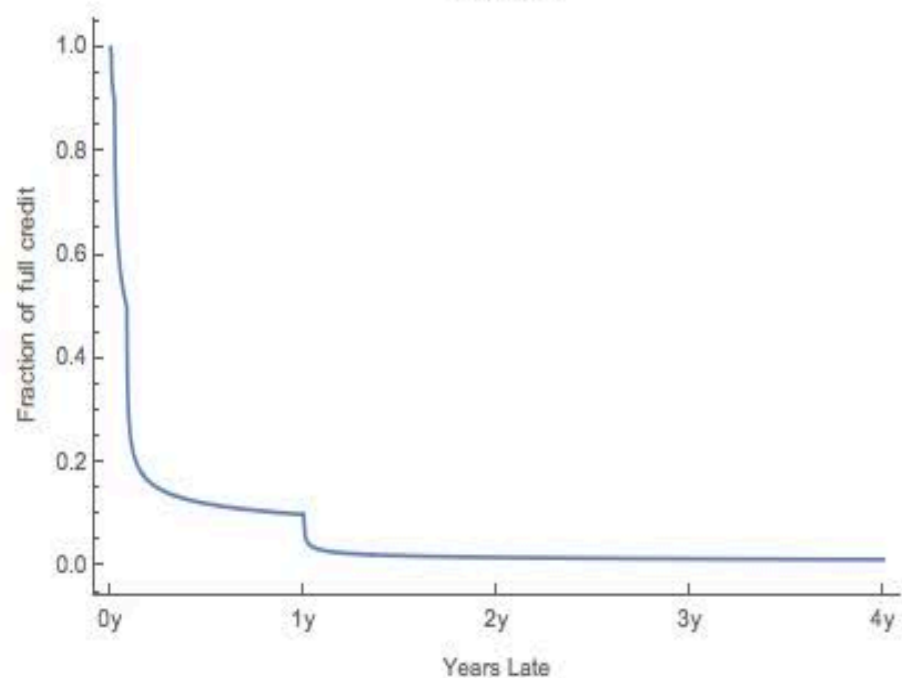
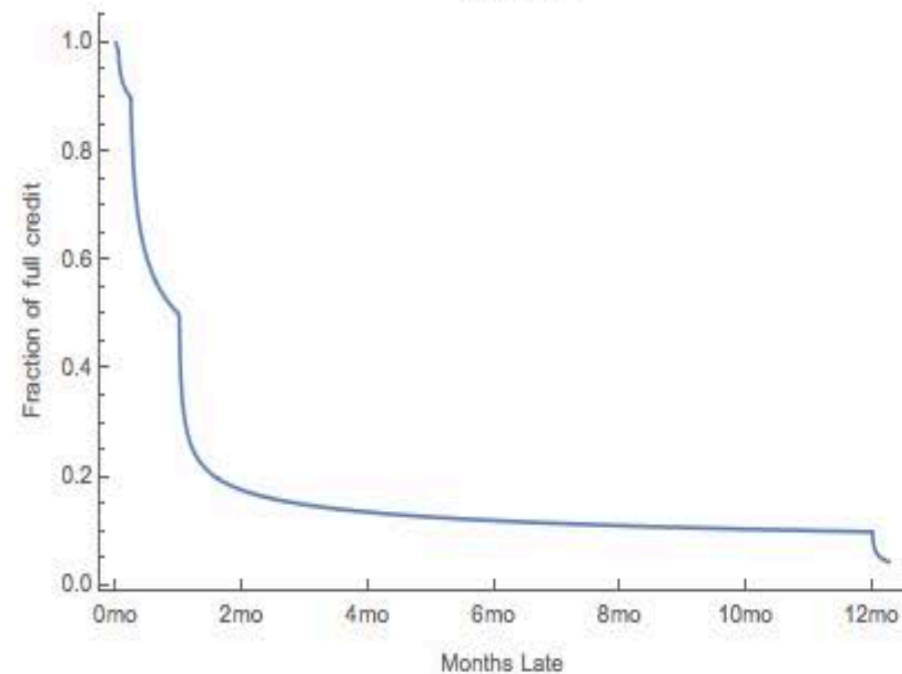
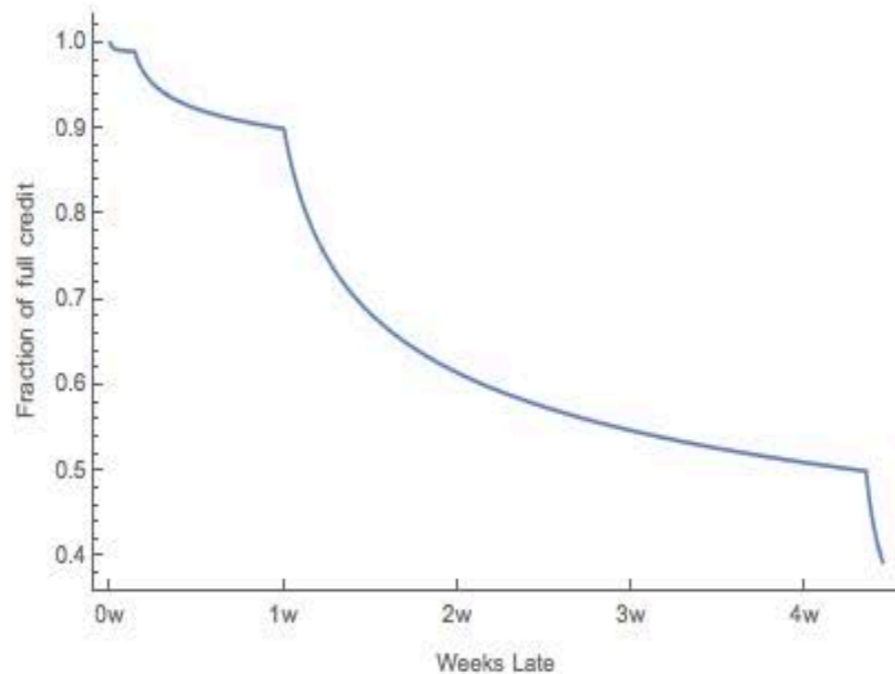
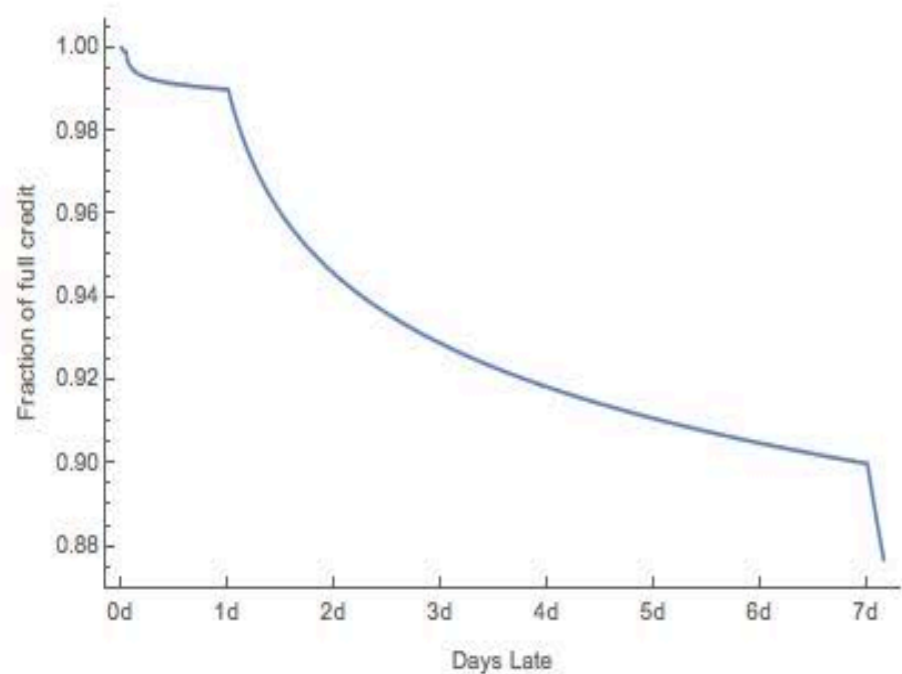
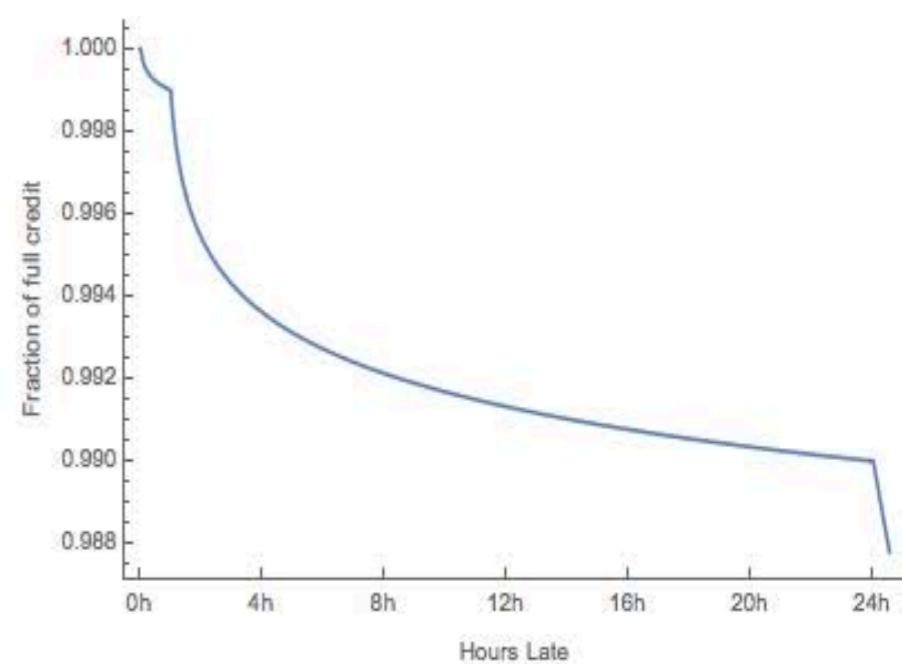
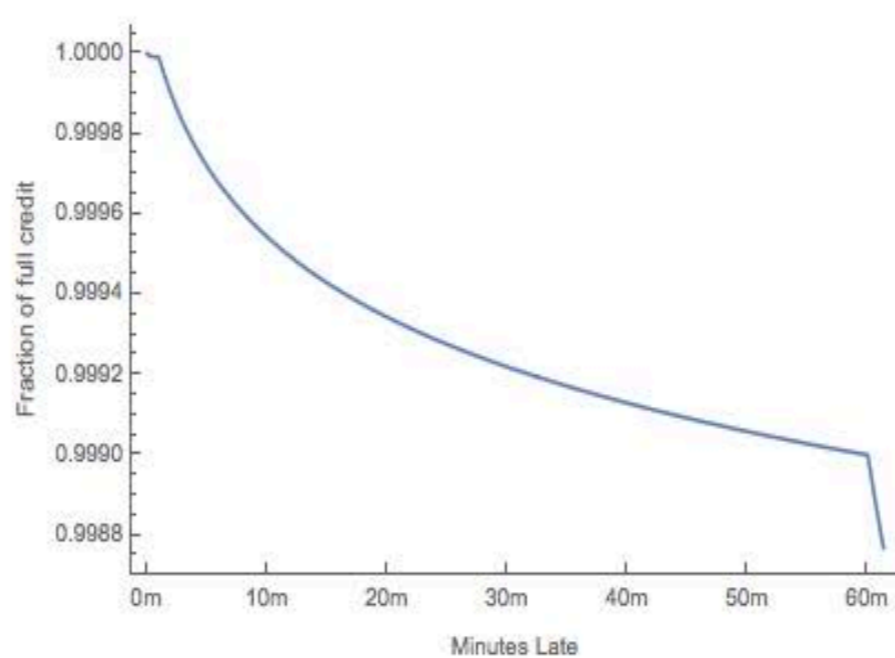
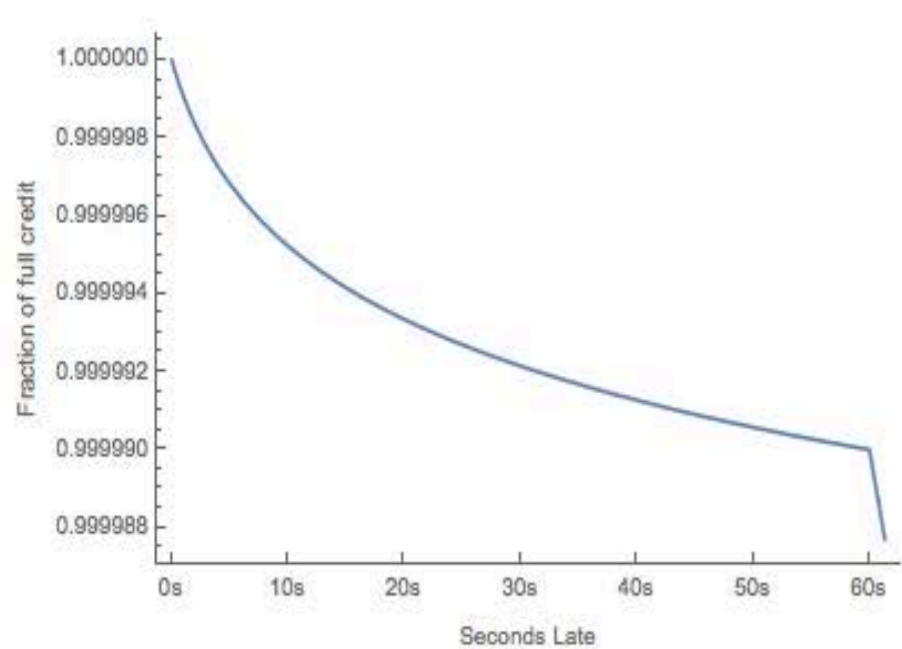
CUR DAILY RATE 0
 CUR WEEKLY RATE 0
 AVG RATE 5.07 per week

Data stats

DATA PTS 364
 MEAN 198
 MEAN DELTA 0.83
 90% VARIANCE ±1.29

Graph Legend

- Datapoints ?
- Yellow brick road ?
- Akrasia horizon ?
- Yellow guide lines ?



The I-Will System

Late Penalty Function

seconds late \Rightarrow .99999 credit
 minutes late \Rightarrow .999 credit
 hours late \Rightarrow .99 credit
 days late \Rightarrow .9 credit
 weeks late \Rightarrow .5 credit
 months late \Rightarrow .1 credit
 years late \Rightarrow .01 credit

```
alice.commits.to/  
send_bob_edits_by_  
tomorrow_5pm
```


dreev commits to **Draft qs slides to steven** by: **2018-09-12 00:00:00 Wed (UTC+0000)**

Title

Draft qs slides to steven

Details

to steven in email

void

false

Commitment made (tini)

11 September, 2018



01:46 AM

Commitment due (tdue)

11 September 2018



05:00 PM

Dreev 96.879% 391 [+7]

Try ersatz centerline for weight roads by next week in support

8 DAYS AGO SEPTEMBER 13TH 2018, 11:59:00 PM

MARK 81.7% COMPLETE

try_ersatz_centerline_for_weight_roads_by_next_week

Either fix 2 red days in row bug or improve UI or docs in forum

16 DAYS AGO SEPTEMBER 5TH 2018, 8:31:00 PM

MARK 58.9% COMPLETE

either_fix_2-red-days-in-row_bug_or_improve_UI_or_docs

Waitlist mary and give status update by october to mary in email

IN 10 DAYS OCTOBER 1ST 2018, 12:00:00 PM

MARK 100% COMPLETE

waitlist_mary_and_give_status_update_by_october

IN 10 DAYS

My Reliability: 96.879%

- Based on 391 commitments
- +7 that are still pending (due in the future)
- And including 11 (gulp) that are currently overdue *

* including, as I type this, my promise to send these slides to the QS folks

Numbers

- About 10 active beta users
- 1157 commitments in the database
- 365 days of very gradual development *

* Yes, today (2018-09-22) is the 1st anniversary of the initial Git commit

What I Learned

- This is powerful and satisfying
- It can be relaxing to put faith in a system that ensures you'll do what you need to when you need to
- Promise less
- Promise specifics
- Still have to beemind it

“Commits.to has given me reason to pause before I rattle off an empty promise. As a people pleaser, I was in the habit of saying I would do things without a real intention to follow through on those statements in a consistent way. Now, I value maintaining my overall reliability instead of my agreeability in the moment.”

— Kim Harrison, second most hardcore beta user

“Commits.to has given me reason to pause before I rattle off an empty promise. As a people pleaser, I was in the habit of saying I would do things without a real intention to follow through on those statements in a consistent way. Now, I value maintaining my overall reliability instead of my agreeability in the moment.”

— Kim Harrison, second most hardcore beta user

**yourname.commits.to
/help_us_build_this?**

* Open source. Special thanks to Chris Butler, Kim Harrison, Bethany Soule, Philip Hellyer, et al

