

crying :'(

robin weis



COLLEGE
SPORTS

COLLEGE
SPORTS



1 (least intense)



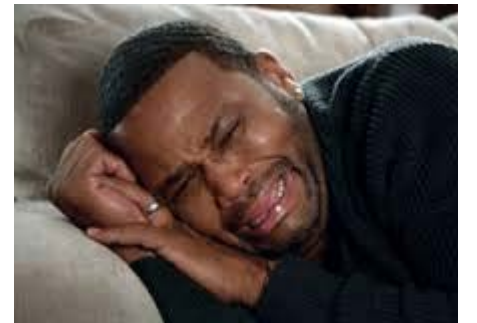
2



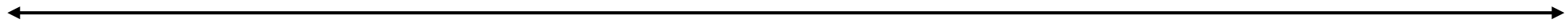
3



4

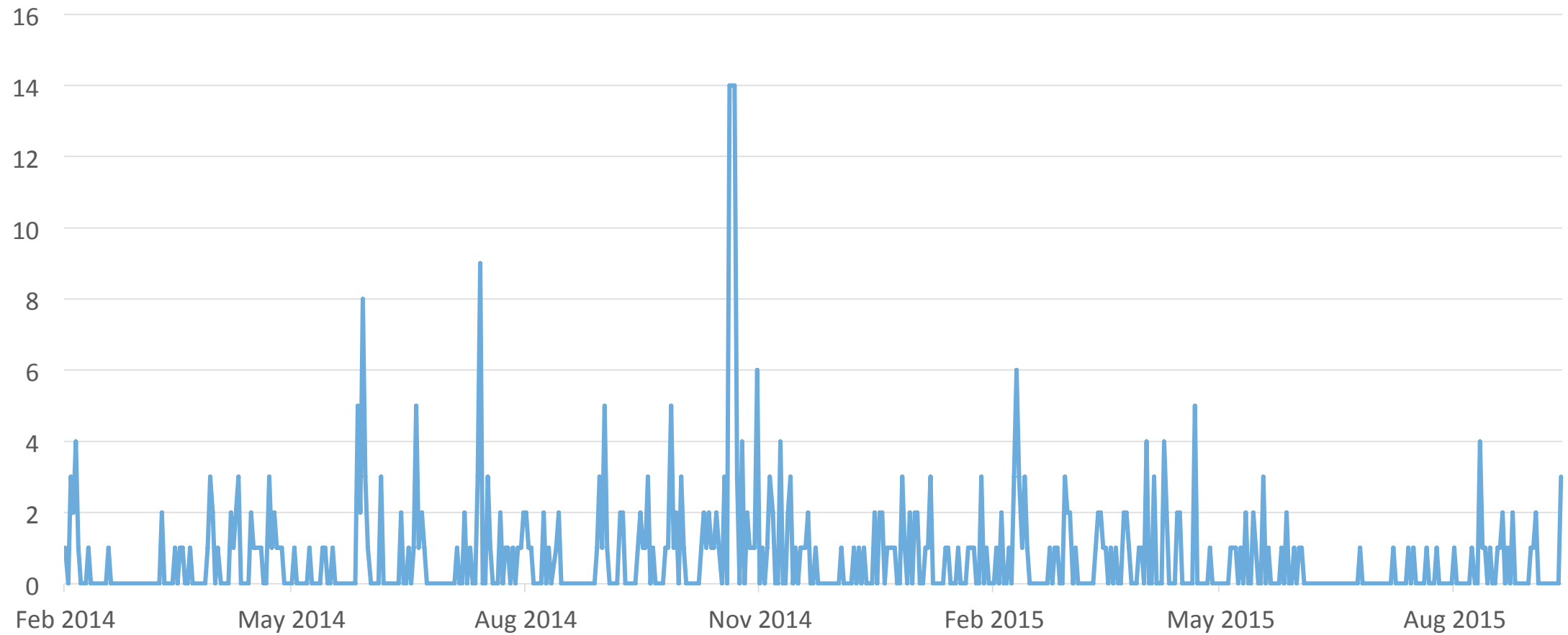


5 (most intense)

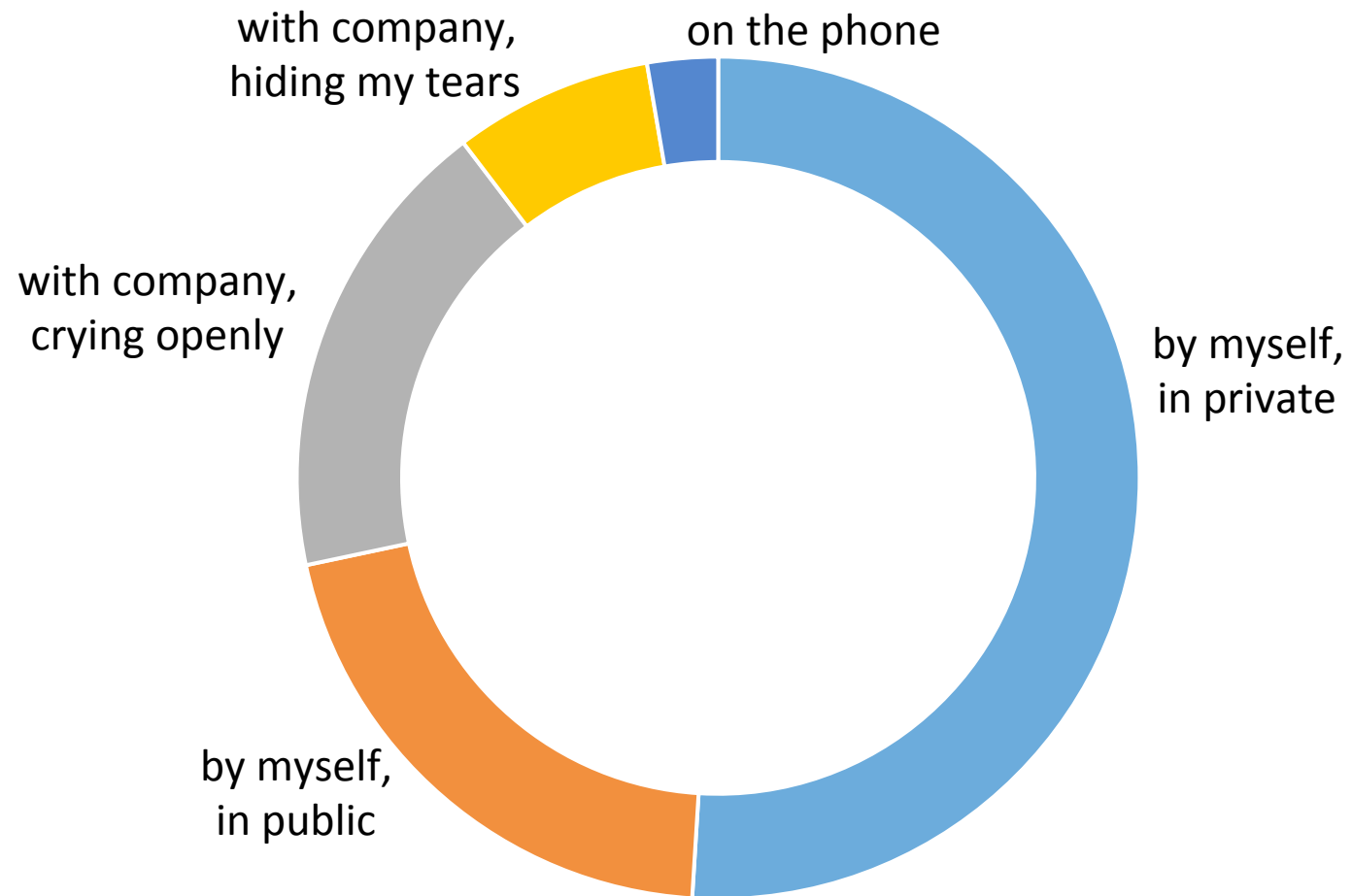


ID	Date	Time	Intensity	Location	Notes
11	2/24/2014	8:00 PM	1	home	car logistics with bickering family
12	2/25/2014	12:00 AM	1	car	red light camera
13	3/9/2014	5:00 PM	1	aunt hillary's	when my cousin said "I don't like Robin" when I was babysitting :(
14	3/30/2014	10:00 AM	2	car	school (ugh), future (ugh), end of visit (UGH) (can I rewind a day?)
15	4/6/2014	5:00 AM	2	home	fear of getting hurt (blablabla)
16	4/7/2014	2:30 AM	2	home	conditional formatting frustration :
17	4/10/2014	10:45 PM	4	home	randy stuff hitting me finally...
18	4/18/2014	1:00 AM	5	home	[close friend] drunk driving slkdjfkjsjglksdfj
19	4/18/2014	3:30 AM	3	home	Leftover emotions...

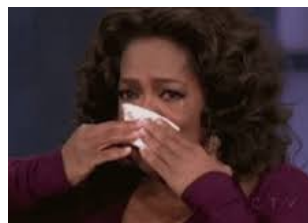
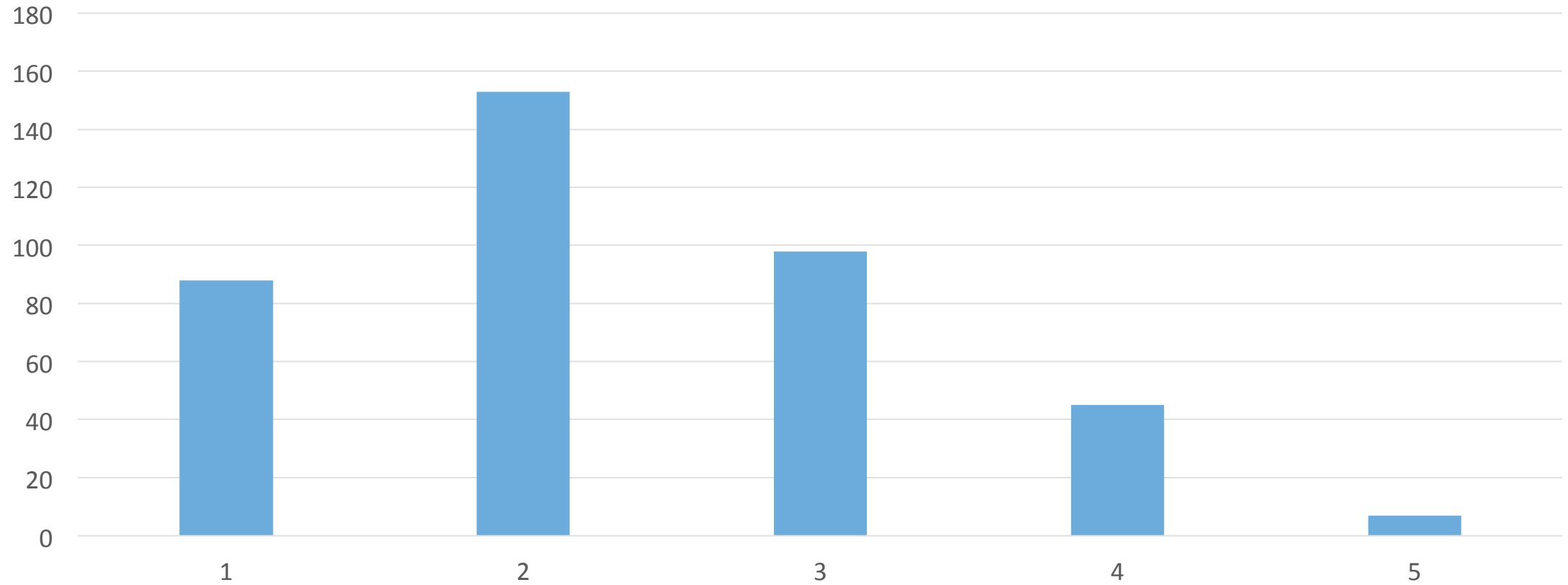
1.5 years, 394 cries



crying companions



most cries are not very intense





fearful

hurt

frustration

overwhelmed

venting

breakup

empathy

happy!

self pity

scared

relationship conflict

media

plain ol' feelin' shitty!

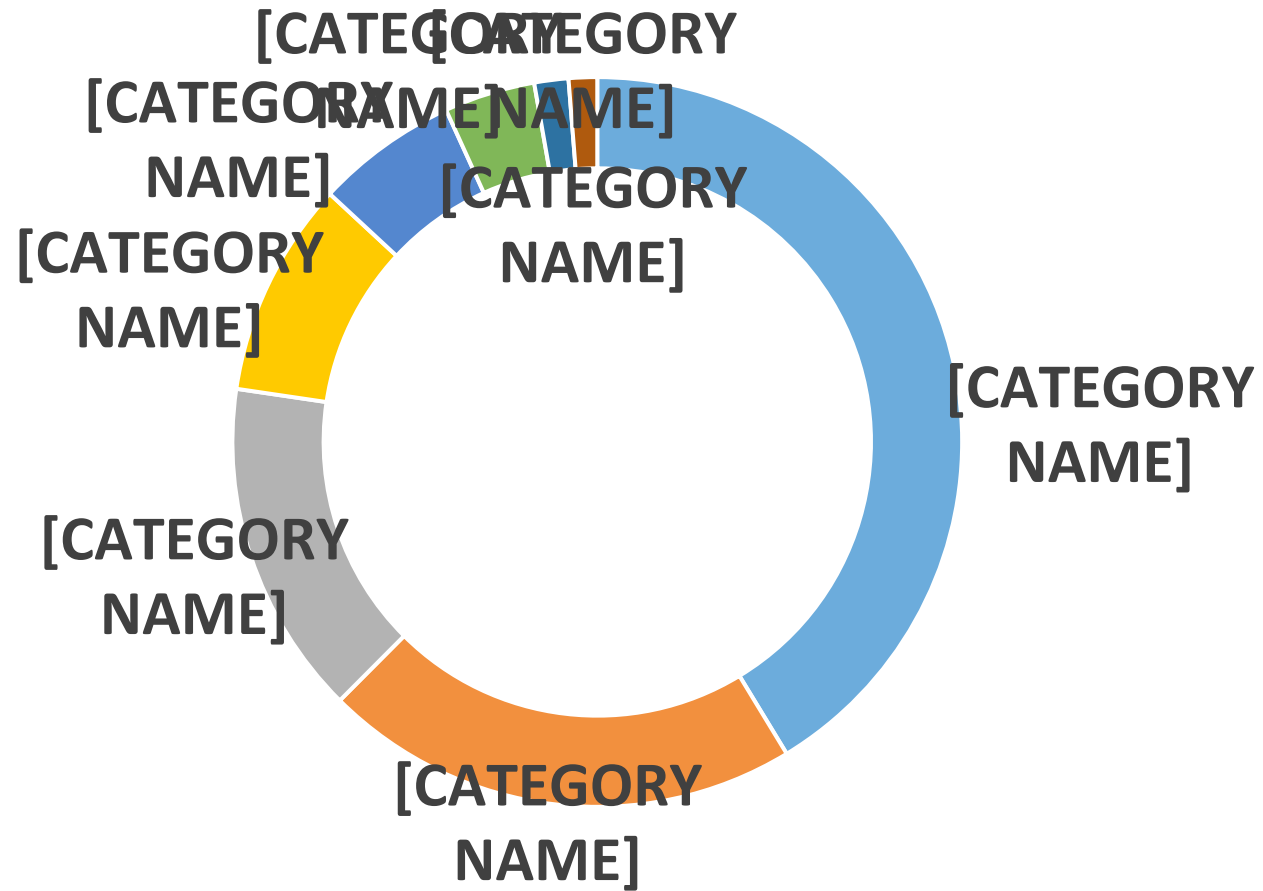
being hard on yourself

???

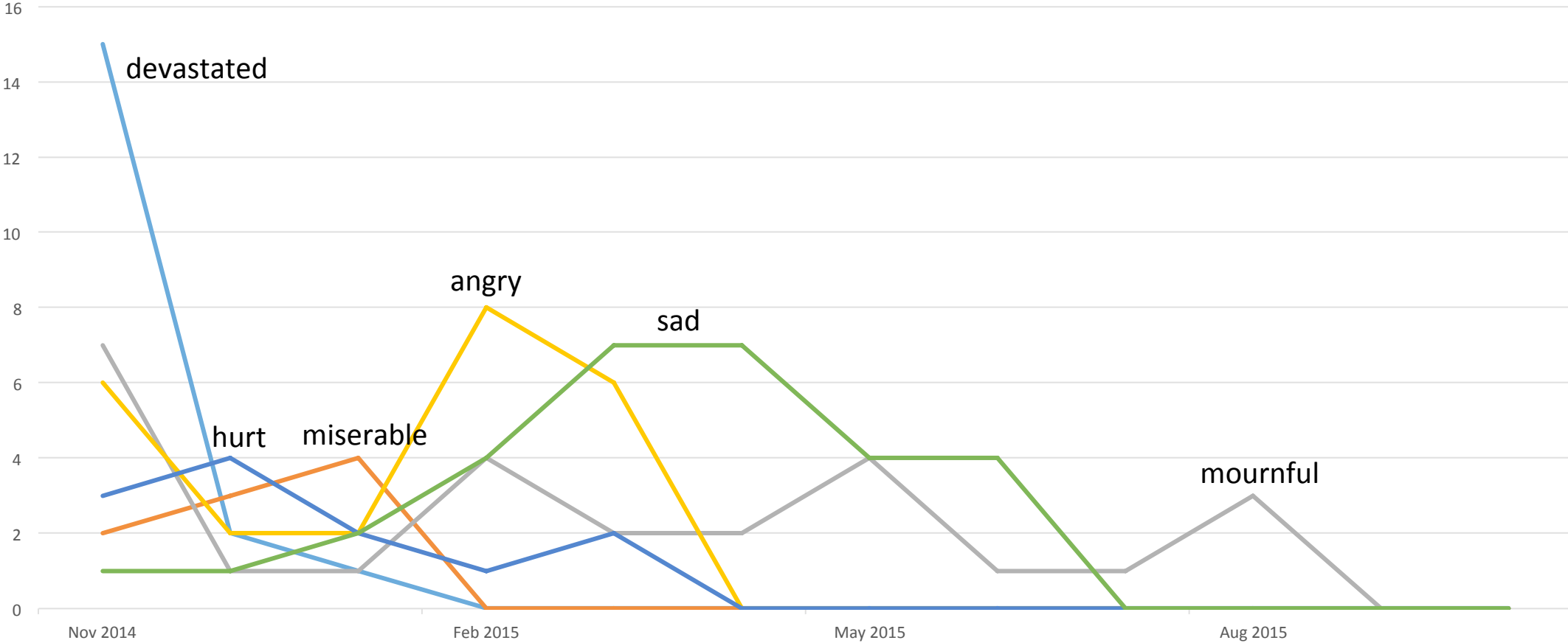
sad

validation!

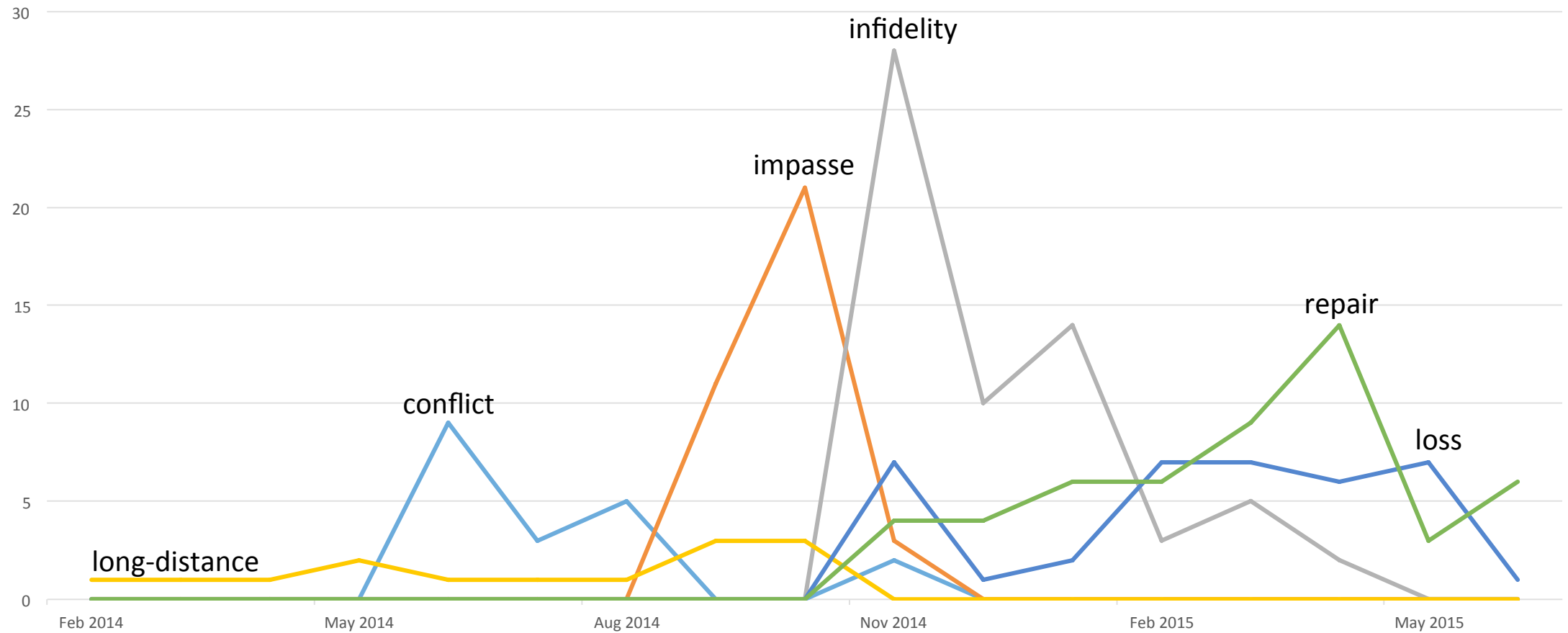
breakups and relationships trump all



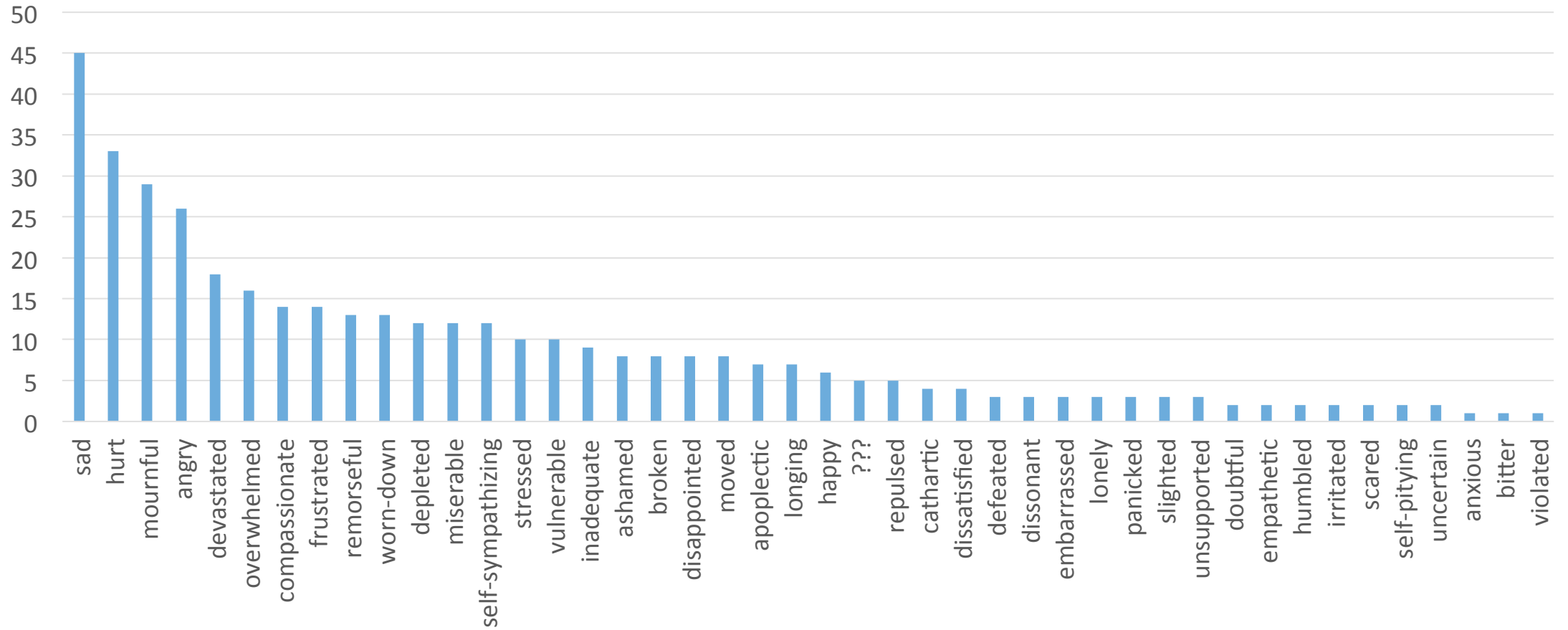
the stages of grief, visualized

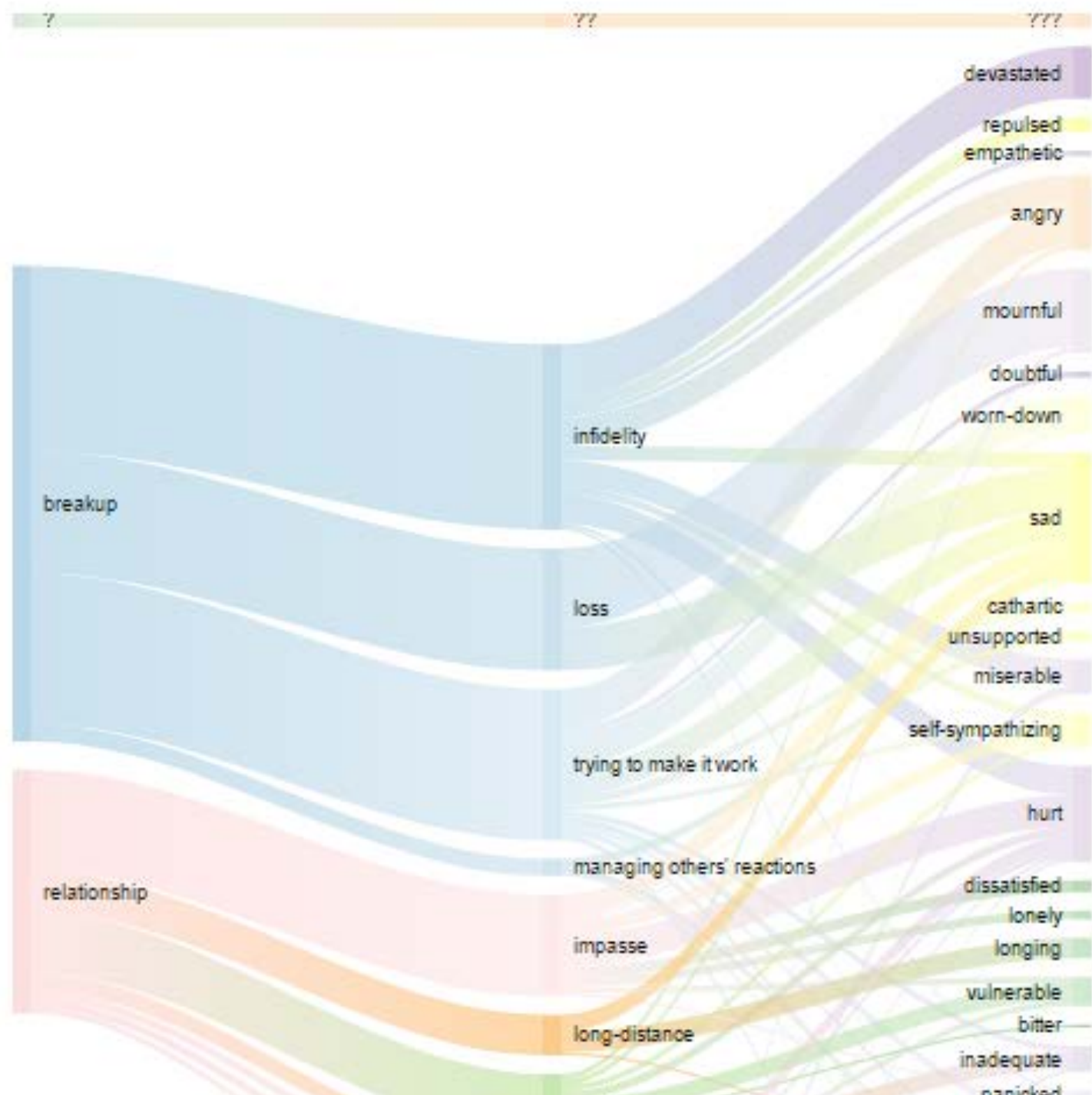


lifecycles of relationships



not ALL crying is “bad”





Thank you!

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[@personifiedself](#)