







tarsum[™]

shampoo/gel

■ **Controls itching, flaking and redness** associated with psoriasis, seborrheic dermatitis and severe dandruff.

■ **More than a shampoo - it's a scalp treatment!** Use as a shampoo, or use applicator tip to pretreat affected areas of the scalp **BEFORE** bathing! Allows full strength treatment for up to an hour. When ready, simply add water, lather and rinse. No more waiting in the shower for your medicated shampoo to work!

■ **Recommended by leading dermatologists because it works!**

Distributed by
Summers Laboratories, Inc.
Collegeville, PA 19426
1-800-533-SKIN
www.sumlab.com



8 oz. (236ml)



Edit form - [Sym Tracker] - Google Forms

https://docs.google.com/spreadsheet/gform?key=0Ak6iewS9sltqdDNjTy0wcklwd3hSZ2RITkpkTTFjR1E...

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Sym Tracker

You can include any text or info that will help people fill this out.

Symptoms

☐ Burning

☐ Inflamed

☐ Other:

How bad?

1234567

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

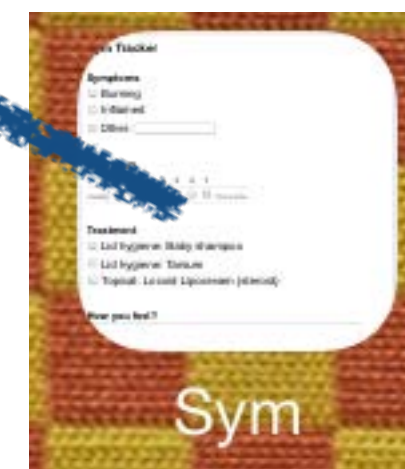
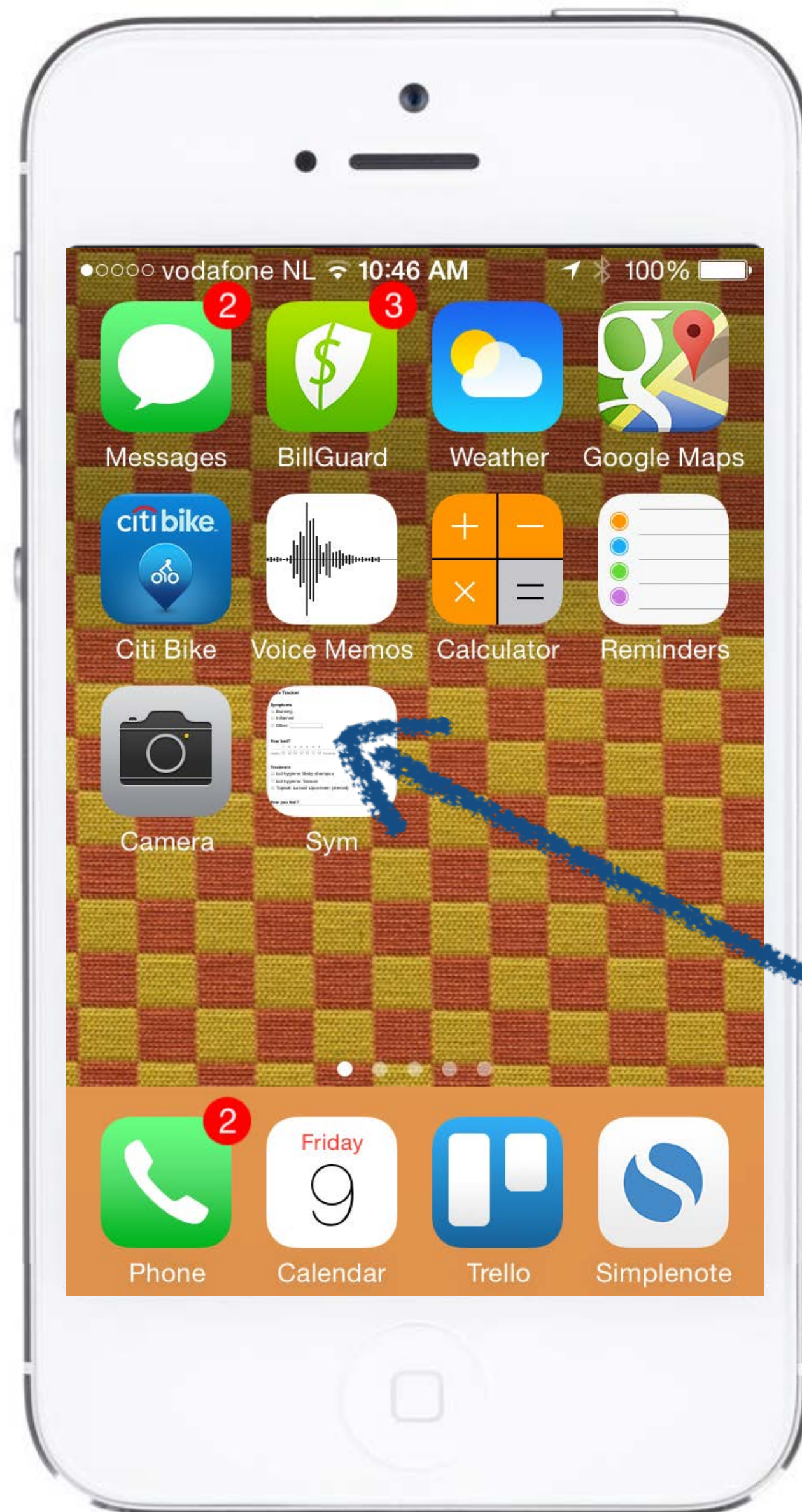
Treatment

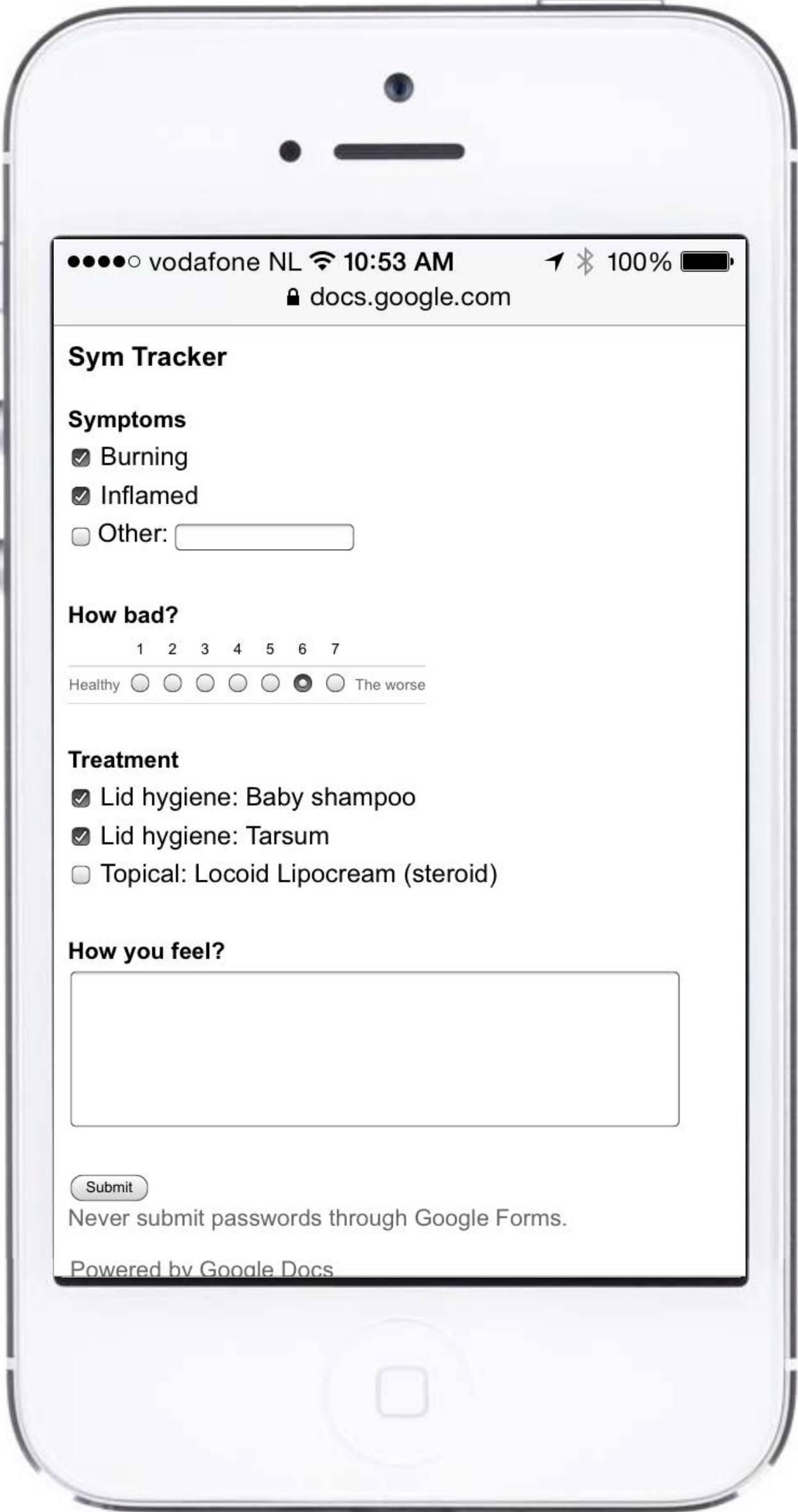
☐ Lid hygiene: Baby shampoo

☐ Lid hygiene: Tarsum

☐ Topical: Locoid Lipocream (steroid)

You can view the published form here: <https://docs.google.com/spreadsheet/viewform?formkey=dDNjTy0wcklwd3hSZ2RITkpkTTFjR1E6MA>





●●●●○ vodafone NL 10:53 AM 100%
docs.google.com

Sym Tracker

Symptoms

- ☒ Burning
☒ Inflamed
☐ Other:

How bad?

1 2 3 4 5 6 7
Healthy ☐ ☐ ☐ ☐ ☐ ☒ ☐ The worse

Treatment

- ☒ Lid hygiene: Baby shampoo
☒ Lid hygiene: Tarsum
☐ Topical: Locoid Lipocream (steroid)

How you feel?

Submit

Never submit passwords through Google Forms.

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vodafone NL 10:53 AM 100%

docs.google.com

Sym Tracker

Symptoms

☒ Burning

☒ Inflamed

☐ Other:

How bad?

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☒ ☐ The worse

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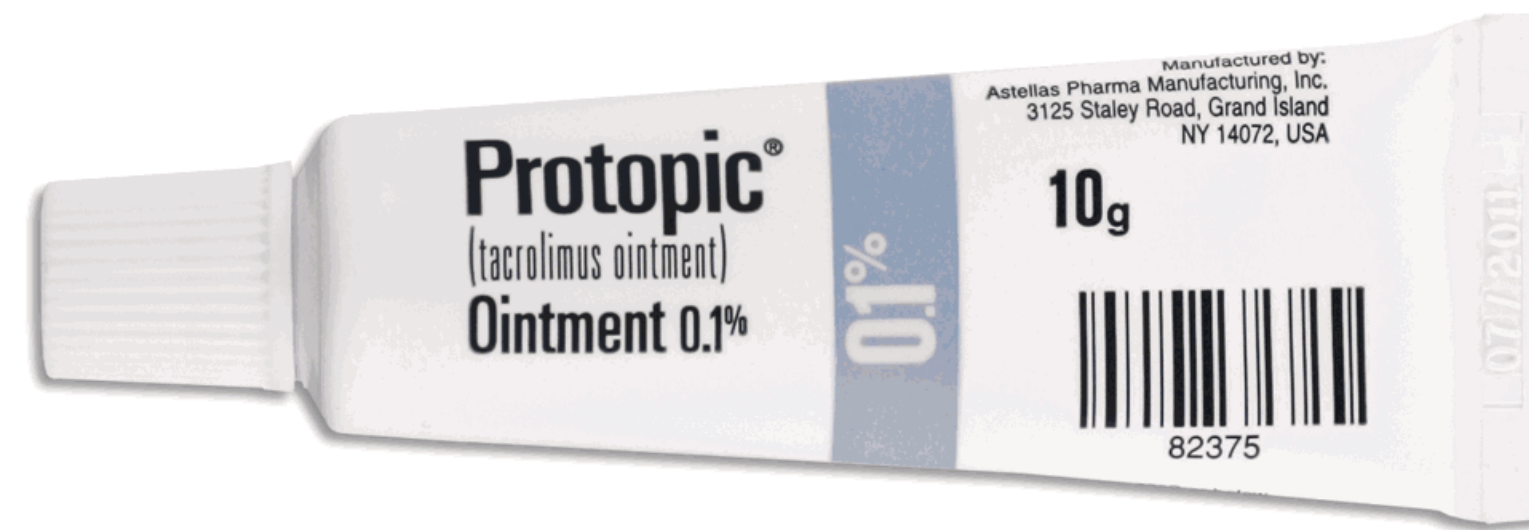
Submit

Never submit passwords through Google Forms.

Powered by Google Docs



Timestamp	Symptoms	How bad?	Treatment	How you feel?
8/28/2011 7:49:11	Burning, Inflamed - pink		Lid hygiene: Tarsum, Lotion: Promiseb 4 (non-steroid, 3x per day)	
8/28/2011 16:27:00	Burning, Itching	4		Post-run in Central Park. Post-Irene. Washed face with cold water in shower. Avoiding hot water on the face from now on. Right eyelid itchy
8/28/2011 17:58:56	Burning, Itching	5	Lotion: Promiseb (non-steroid, 3x per day)	
8/29/2011 9:04:57	Flaking	3	Lid hygiene: Tarsum, Lotion: Promiseb (non-steroid, 3x per day)	Woke up with light crusting on the corners of the eyelid and on the eyelid. Not terrible but I don't like seeing like these. Eyelids still red and inflamed. Took some pictures and they are dated 8:30 am.
8/29/2011 16:19:41	Burning, Itching	5	Lotion: Promiseb (non-steroid, 3x per day)	Why is it coming back again? The right eye is especially itchy, burning.
8/29/2011 17:40:10	Burning, Inflamed - red, Itching	5	Lid hygiene: Baby shampoo	Thinking all the inflammation is bacteria on the eye. Lid hygiene with baby shampoo to dry those suckers out





NEOSPORIN[®] **+PAIN RELIEF**
Polysorbate B Sulfate - Bacitracin Zinc
Neomycin Sulfate - Pramoxine Hydrochloride
FIRST AID ANTIBIOTIC/PAIN RELIEVING OINTMENT
NET WT 1/2 OZ (14.2 g)
NDC 0501-3704-05
INDICATIONS: First aid to help prevent infection and provide temporary relief of pain or discomfort in minor cuts, scrapes, and burns. DIRECTIONS: Adults and children 2 years of age and older: Clean the affected area. Apply a small amount of this product to the wound equal to the surface area of the tip of a finger on the area 1 to 3 times daily until the wound is healed. Do not use on deep or severe wounds. Consult a doctor if the wound does not heal or if it becomes more painful or red.

Sym Tracker

Symptoms

- ☐ Burning
- ☐ Flaking
- ☐ Inflamed - red
- ☐ Inflamed - pink
- ☐ Itching
- ☐ Other:

How bad?

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

Treatment

acting (actuator)

- ☐ Lid hygiene: Baby shampoo
- ☐ Lid hygiene: Tarsum
- ☐ Topical: Locoid Lipocream (steroid)
- ☐ Topical: Protopic (steroid)
- ☐ Topical: Neosporin
- ☐ Warm compress (3-4 minutes)



Sym Tracker

Symptoms

☐ Burning

☐ Flaking

☐ Inflamed - red

☐ Inflamed - pink

☐ Itching

☐ Other:

How bad?

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

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8/29/2011 9:04:57	Flaking		3	Lid hygiene: Tarsum, Lotion: Promiseb (non-steroid, 3x per day)	and on the eyelid. Not terrible but I don't like seeing like these. Eyelids still red and inflamed. Took some pictures and they are dated 8:30 am.
8/29/2011 16:19:41	Burning, Itching		5	Lotion: Promiseb (non-steroid, 3x per day)	Why is it coming back again? The right eye is especially itchy, burning.
8/29/2011 17:40:10	Burning, Inflamed - red, Itching		5	Lid hygiene: Baby shampoo	Thinking all the inflammation is bacteria on the eye. Lid hygiene with baby shampoo to dry these suckers out.
8/29/2011 19:06:25	Burning, Inflamed - red		5	Topical: Cloderm (steroid)	Trying to calm down the inflammation. Went for a steroid. Backs of knees starting to flare up again. What the fuck is the connection?
8/29/2011 22:25:09	Itching		5	Lotion: Promiseb (non-steroid, 3x per day)	Before bed. Decide to use Promiseb. Go easy on the steroids
8/30/2011 8:20:22	Flaking		3		Upon waking. Crusting under eye. Very light crusting on eye lid.
8/30/2011 11:35:35	Flaking		2	Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)	Couldnt recall if I tracked my post-shower event.



Cloderm[®]
(clocortolone pivalate)

Rx Only
For External Use Only
Net Wt 45 g

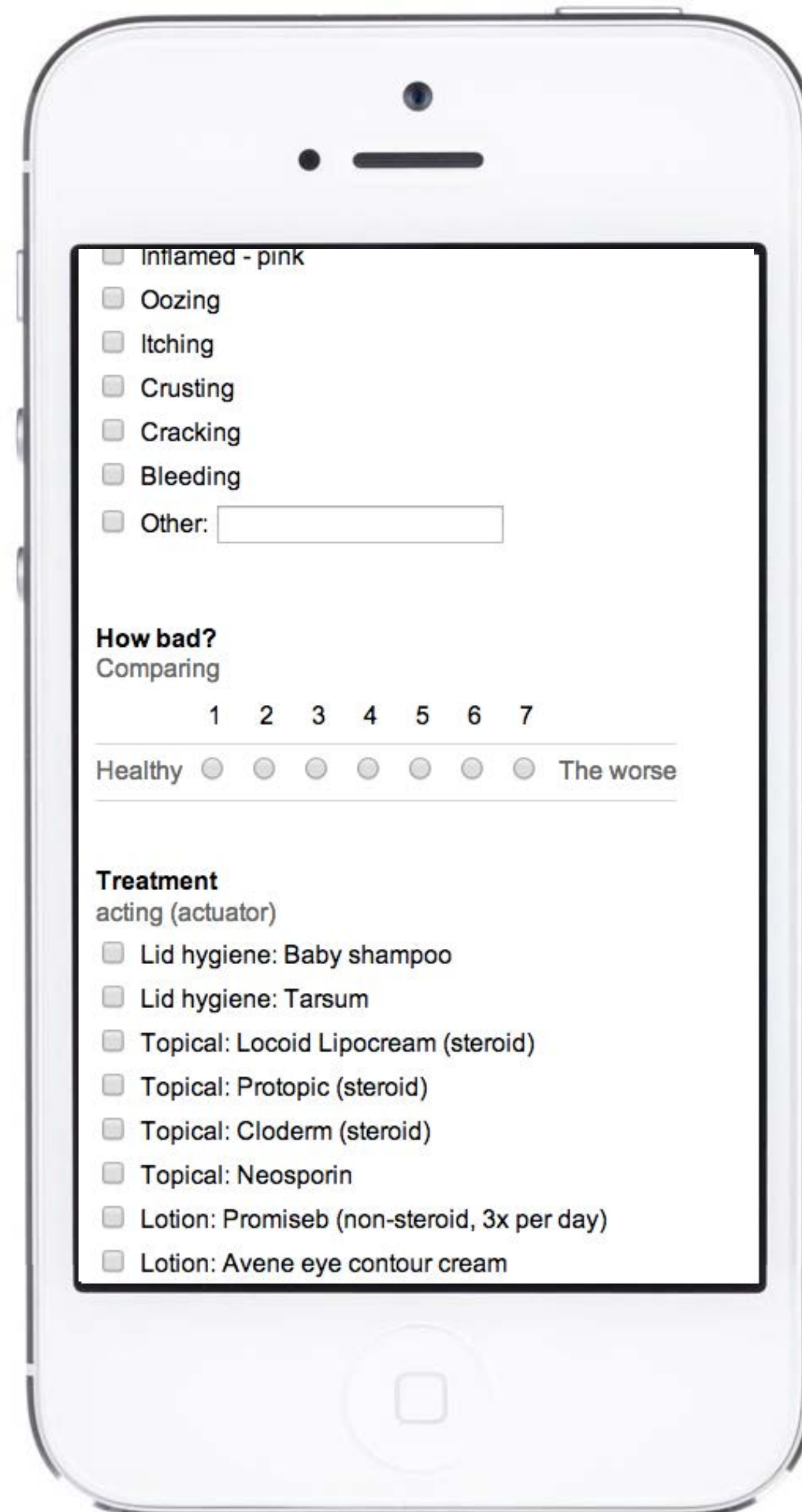
NDC 0064-3100-45

Cream, 0.1%

HEALTHPOINT[®]







☐ Inflamed - pink

☐ Oozing

☐ Itching

☐ Crusting

☐ Cracking

☐ Bleeding

☐ Other:

How bad?
Comparing

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

Treatment
acting (actuator)

☐ Lid hygiene: Baby shampoo

☐ Lid hygiene: Tarsum

☐ Topical: Locoid Lipocream (steroid)

☐ Topical: Protopic (steroid)

☐ Topical: Cloderm (steroid)

☐ Topical: Neosporin

☐ Lotion: Promiseb (non-steroid, 3x per day)

☐ Lotion: Avene eye contour cream



☐ Inflamed - pink
☐ Oozing
☐ Itching
☐ Crusting
☐ Cracking
☐ Bleeding
☐ Other:

How bad?
Comparing

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

Treatment
acting (actuator)

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☐ Topical: Cloderm (steroid)
☐ Topical: Neosporin
☐ Lotion: Promisesh (non-steroid, 3x per day)
☐ Lotion: Avene eye contour cream



8/30/2011 11:35:35	Flaking		2	Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)	Couldnt recall if I tracked my post-shower event.
8/31/2011 6:38:55	Flaking		2		Awake. Crusty on the eyelid top closer to the inner corners of eye. Rest of top eyelid has cleared up.
8/31/2011 8:48:14	Flaking		2	Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)	shower. Feel like I've gotten past the worst of the flare-up. I think I need to stick to 2x daily lid hygiene. Esp. the nighttime wash.
8/31/2011 16:17:47	Burning, Itching		3	Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)	Feeling a little itchy. Post-Athm call. not sure if those calls make me nervous. Size of this project does. I just need to remember I'm not responsible for the whole thing.
8/31/2011 20:02:19	Burning, Inflamed - red		4	Topical: Cloderm (steroid)	Acting up after riding subway down to NYU ITP for welcome party. During party got call from Dr. Roth that cultures came back + for staph. Antibiotics start tomorrow. He claims that will put the silver stake into the heart of the shit.







☐ Other:

How bad?

Comparing

	1	2	3	4	5	6	7	
Healthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	The worse

Treatment

acting (actuator)

- ☐ Lid hygiene: Baby shampoo
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- ☐ Topical: Protopic (steroid)
- ☐ Topical: Cloderm (steroid)
- ☐ Topical: Neosporin
- ☐ Lotion: Promiseb (non-steroid, 3x per day)
- ☐ Lotion: Avene eye contour cream
- ☐ Eye: FML (steroid)
- ☐ Cephalexin (antibiotic)
- ☐ Warm compress (3-4 minutes)
- ☐ Aquaphor (ointment)
- ☐ Bacitracin
- ☐ Benadryl





no more tears®
Johnson's baby shampoo



tarsum shampoo/gel

Controls itching, flaking and redness associated with psoriasis, seborrheic dermatitis and severe dandruff.

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8 oz. (236ml)



Locoid Lipocream®
(hydrocortisone butyrate 0.1%)
Cream

Net Wt. 15 grams



Protopic®
(tacrolimus ointment)
Ointment 0.1%

10g



NEOSPORIN+PAIN
RELIEF



Cloderm®
(clocortolone pivalate)
Cream, 0.1%

For External Use Only
Net Wt. 45 g



Promiseb
Topical Cream



EAU THERMALE
Avene
Soothing eye contour cream
Sensitive skin



Cephalexin Capsules USP
500 mg



FML®
fluorometholone 0.1%
LIQUIFLMP
OPHTHALMIC SUSPENSION
STERILE 5 mL



Benadryl®
ALLERGY RELIEF
Acrivastine



☐ Other:

How bad?
Comparing

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

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8/31/2011 16:17:47	Burning, Itching		3	Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)	calls make me nervous. Size of this project does. I just need to remember I'm not responsible for the whole thing.
8/31/2011 20:02:19	Burning, Inflamed - red		4	Topical: Cloderm (steroid)	Acting up after riding subway down to NYU ITP for welcome party. During party got call from Dr. Roth that cultures came back + for staph. Antibiotics start tomorrow. He claims that will put the silver stake into the heart of the shit.
9/1/2011 9:27:44	Inflamed - red		3	Lid hygiene: Baby shampoo	Started 10 day treatment of Cephalexin to treat staph. Need to go buy probiotic.
9/1/2011 10:45:56	Burning, Inflamed - red		3	Lotion: Promiseb (non-steroid, 3x per day)	
9/2/2011 7:17:21	Inflamed - red, Itching		2	Lid hygiene: Baby shampoo, Topical: Neosporin, Cephalexin (antibiotic)	No crusting or flaking this morning! Wow! Just a little bit of itching sensation.
9/4/2011 14:57:58	Burning, Itching		3	Lotion: Promiseb (non-steroid, 3x per day)	Eyelid burn. Face Sym showing up. Heading to the lake. Promiseb burns a lot when applied to eyelid







Washing My Eyelids

Steve Dean

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