

# ESTROGEN & INVENTION

## DO HORMONES SPARK CREATIVE THINKING?



- @SharaRaqs

# .MUSECYCLES



1ST.MUSE

"HATE THE HUSTLE"

2 ✓

2ND.MUSE

"SHE WHO IS FUELED BY HER FIRE, WINS"

2 ✓

3RD.MUSE

"I DREAM . I CREATE"

2

4TH.MUSE

"I FEEL, THEREFORE I AM"

2

5TH.MUSE

"MASTERY GOES WITH FLOW"

2

6TH.MUSE

"MAKE COMPLEX SIMPLE"

2



# 9TH.MUSE

< SUN, JUL 2, 2017 >

05

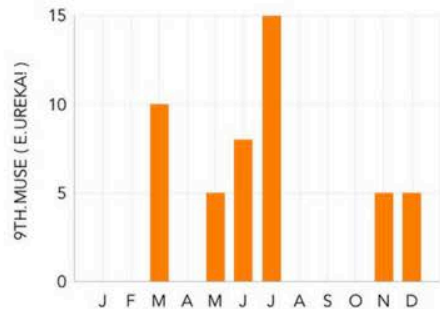
MONTHLY: 15 01

WEEK

MONTH

YEAR

YEAR TOTAL: 48



JAN 2017 — DEC 2017



# KINDARA

fertility tracker

CYCLE	START DATE	CYCLE LENGTH	
79	Sep 20, 2018		
78	Aug 25, 2018	26 days	
77	Jul 27, 2018	29 days	
76	Jun 30, 2018	27 days	
75	Jun 4, 2018	26 days	
74	May 7, 2018	28 days	
73	Apr 10, 2018	27 days	
72	Mar 14, 2018	27 days	
71	Feb 17, 2018	25 days	
70	Jan 21, 2018	27 days	
69	Dec 27, 2017	25 days	
68	Nov 28, 2017	29 days	

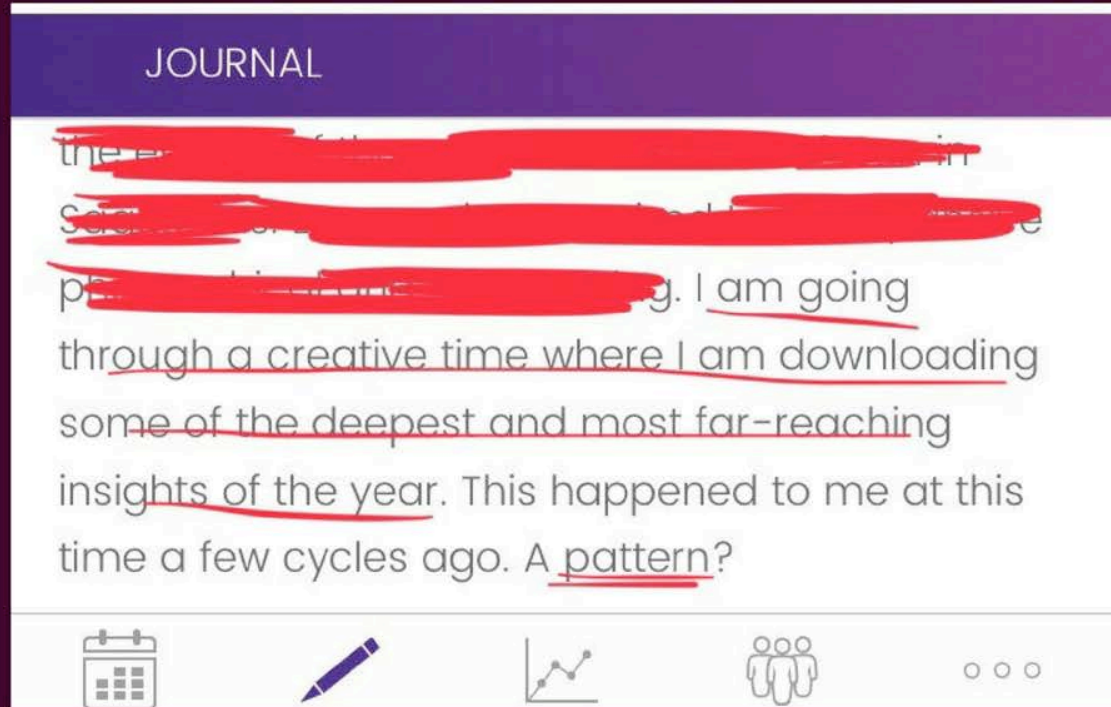
Calendar   Data   Chart   Community   More

# KINDARA

fertility tracker

1. cervical fluid

2. mental state





## CYCLE.6 DAY.12

"prince. was the best experience of my life.  
consumed with gratitude that I'm  
producing my best work, seeing the  
LINK BETWEEN MY CYCLE PEAKS  
AND CREATIVE OUTPUT."





## MY JOURNAL

"It's as if  
procrastination is a  
readying for creative  
insight. For a birth of  
the idea itself. Which  
can happen in a flash."

-cycle.28/day.8

## THE SCIENCE

"Neuroimaging studies  
clearly indicate that  
people are in this open  
and receptive state  
immediately before the  
moment of insight."

-your creative brain









# 2017

## YEARLY SUMMARY

WEEK

MONTH

YEAR

### 8TH.MUSE

YEAR TOTAL: 173



GOALS MET: 14

CURRENT STREAK: 9

LONGEST STREAK: 12

### 9TH.MUSE

YEAR TOTAL: 48



## JOURNAL

DONE

e.ureka!

SUN, JUL 2, 2017

🕒 15 🧠 🌟 🌟 🌟 🌟 : • novel and extremely useful alternative to ALL cycle trackers on the market, called .muse (SBLC patent representation and 9/2018 XX yr end proves how much 1 AHA! moment is worth)

SAT, JUL 1, 2017

🕒 14 🧠 🌟 🌟 🌟 🌟 : • AHA! The WOMB neural network!

FRI, JUN 30, 2017

💧 14 🌟 🌟 🌟 🌟 🌟 🌟 : • 🌟 on-demand (KILLER strategy meeting with Steph, coming up with novel 🌟 insights on the spot)



1

# Receptivity sparks epiphany

2017

YEARLY SUMMARY

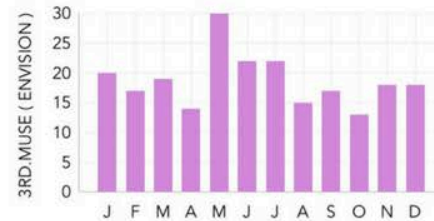
WEEK

MONTH

YEAR

## 3RD.MUSE

YEAR TOTAL: 225



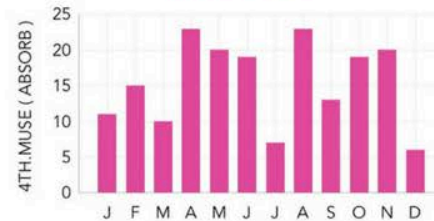
GOALS MET: 15

CURRENT STREAK: 9

LONGEST STREAK: 12

## 4TH.MUSE

YEAR TOTAL: 186



GOALS MET: 15

CURRENT STREAK: 10

LONGEST STREAK: 13



2 creativity IS NOT a mystery





# 3 stress is the ultimate creative BLOCK





2017

13 ovulations \* 9 eurekas!





musecycles.com

text: cycles to 31996

INSta: @SHARARAQs