

# TRACKING USELESS LIFE METRICS

Or attempting to calm my existential angst about the human condition by using regression analysis and pretty charts about how many burritos I ate

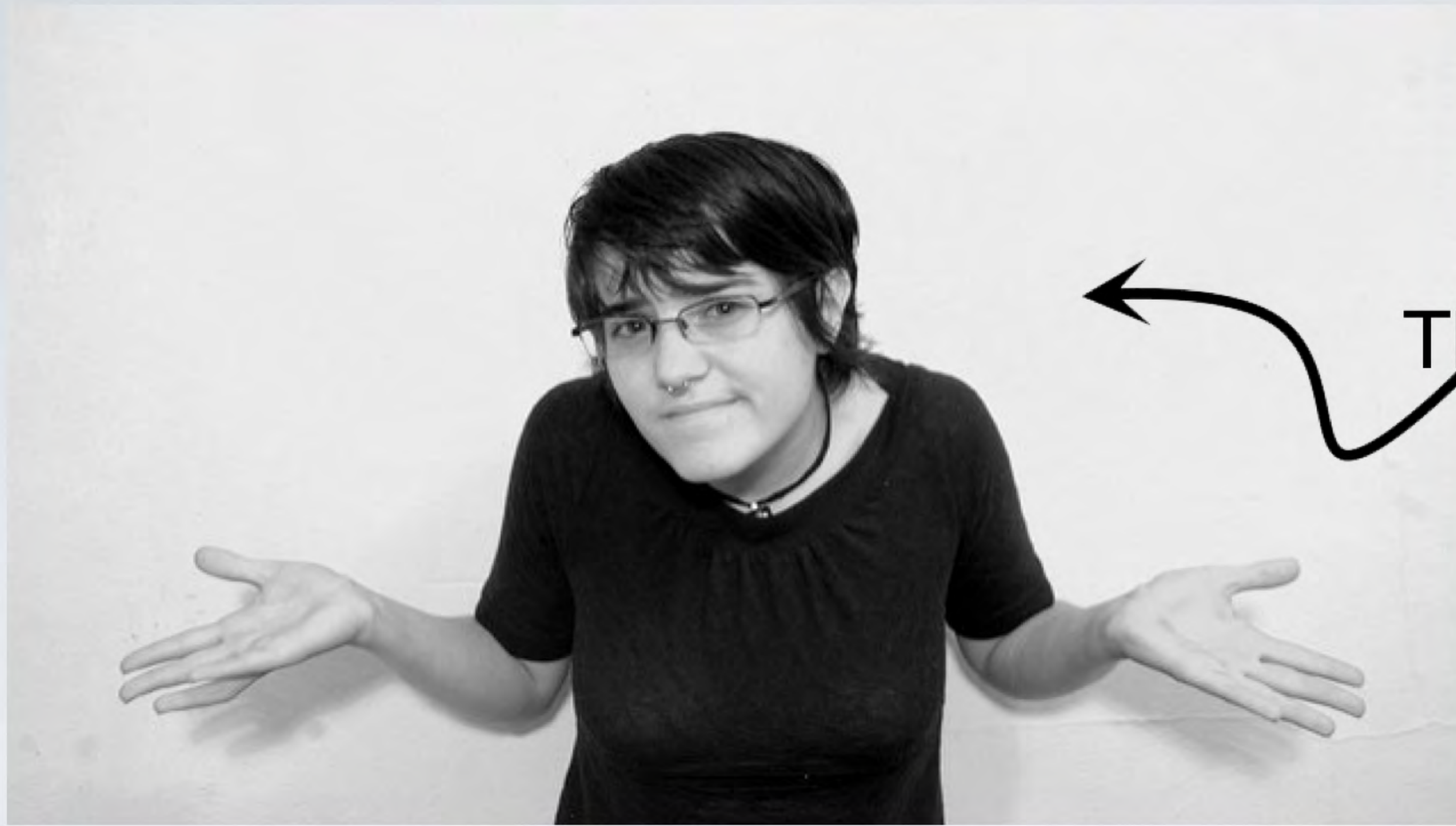
**ANOMALily**  
LILLIAN KARABAIC  
ANOMALILY.NET @ANOMALILY





HI, I'M LILLIAN





This is me in 2008

On the day this photo was taken, I biked 10 miles, slept 9 hours, had one drink of caffeine, and one drink of alcohol. My mood was 8/10.

HI, I'M LILLIAN

I have a data tracking problem.



1		Morale	Health	Miles Biked	Hours of SI	# of alcoho	# of caffier	
2	9/5/2008	8	8	45	8	0	0	
3	9/6/2008	8	7	30	9	1	0	
4	9/7/2008	9	8	58	9	3	0	
5	9/8/2008	4	8	12	7	3	1	
6	9/9/2008	9	9	12	8	3	0	
7	9/10/2008	7	8	8	8	0	0	
8	9/11/2008	8	9	25	9	2	0	Work was long, taught a workshop at OPB. Had PCH outre
9	9/12/2008	9	9	14	10	3	0	Short work day to avoid overtime, but got 4 kegs of beer
10	9/13/2008	9.00	8.00	16.00	6.50	0.00	0.00	Woke up in St John's cuddled naked with Marc. Ate dutch
11	9/14/2008	9	8	22	10	4	0	IPRC early in the morning, judged Shift scavenger hunt ar
12	9/15/2008	8	8	16	7	1	0	Heather wore bunny ears all day so I kept seeing bunny e
13	9/16/2008	8	7	11	7	1	0	Had a good meeting with the Portland Police Traffic Divisio
14	9/17/2008	8	7	16	7.5	3	0	Work was okay, followed by IPRC shift that apparently Jus
15	9/18/2008	7	7	18	8	0	0	Woke up at Marc's and took a long time to get to work be
16	9/19/2008	eight	8	10	10	6	0	Took the day off work, went to the library and volunteered
17	9/20/2008	8	8	16	7	0	0	Breakfast with Tall Steve at Muddy's. Not many people ca
18	9/21/2008	6	8	16	8	0	0	Woke up with Carl in my bed and we slept until 10AM. Du
19	9/22/2008	8	8	20	6	1	0.1	Finally got to sleep after the terrible insomnia, and then f
20	9/23/2008	8	7	10	9	0	0	<u>Work went pretty well, finally have hope for the end of the</u>
21	9/24/2008	7	8	15	8	1	0	There's finally a light at the end of the tunnel at work. I st
22	9/25/2008	7	8	12	8	2	0	Work was okay, even if I worked myself into a bit of a par

## TOOLS OF THE TRADE IN 2008-2012

21 year old Lillian, you had **game**.





Lily Monster

Day 9: Snowing Again

PRO

Had a job interview today (it went well) thus had to bike in the slushy icemonster snow storm AND look "together". Ended up changing out of my rain pants in the Fred Meyer bathroom down the street from my interview.

Everything is closed because they over-predicted the snow accumulation. Except the IPRC, which I am currently staffing.

Morale: 8

Health: 8

Hours of sleep: 7

# of drinks of caffeine: 1

# of drinks of alcohol: 0

Miles Biked: 14

Weather: Snow and Freezing Rain

747

views

0

faves

2

comments

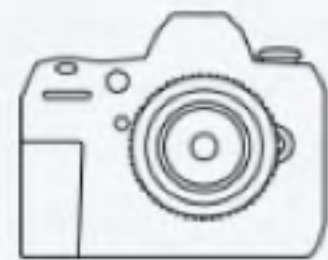
Taken on December 17, 2008



Some rights reserved

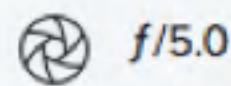
Quinones by

t...I can't help but smile when I see it.



Nikon D100

Add this photo to your map



f/5.0



46.0 mm



1/100



ISO 500



Flash (off, did not fire)

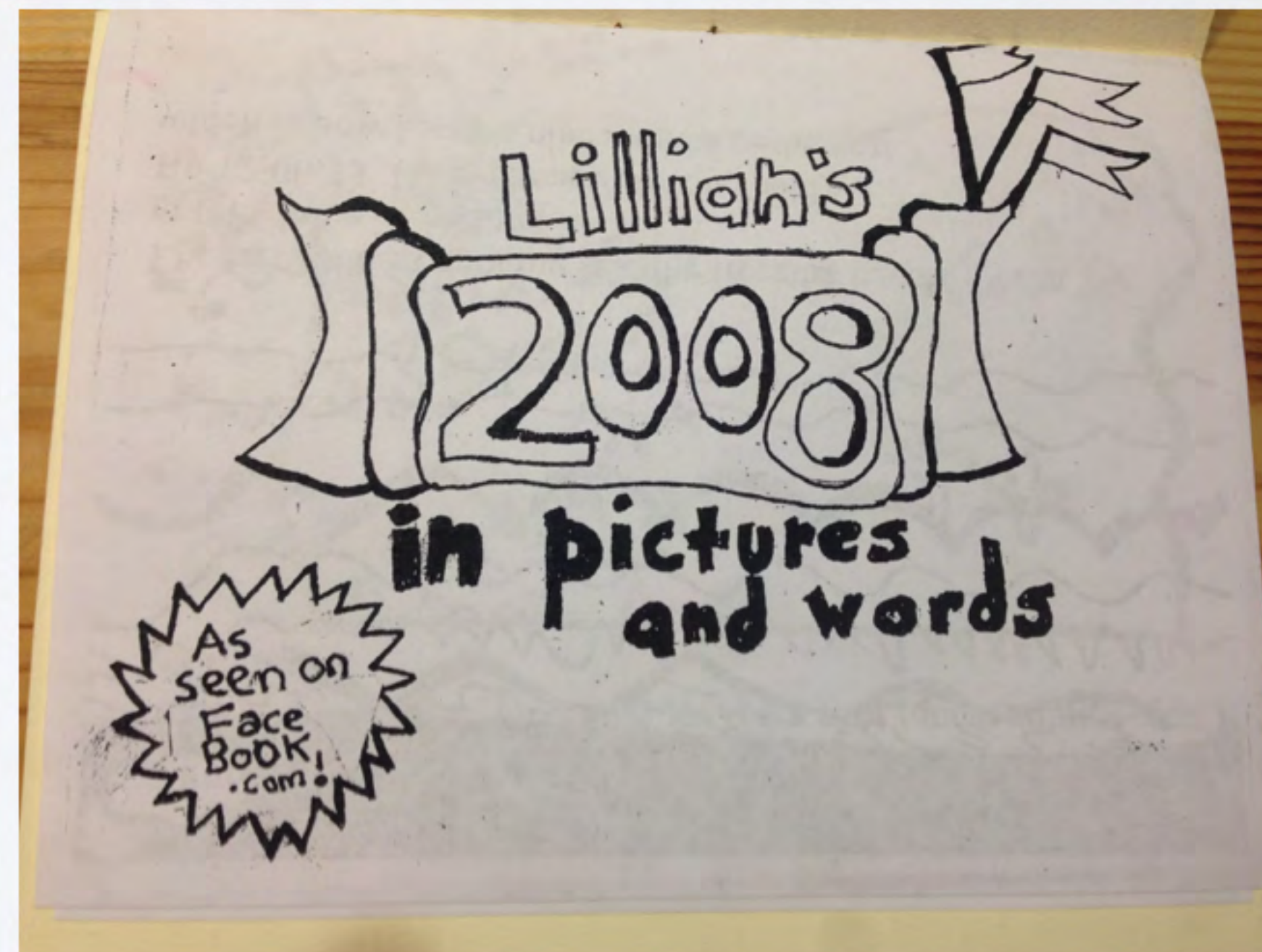
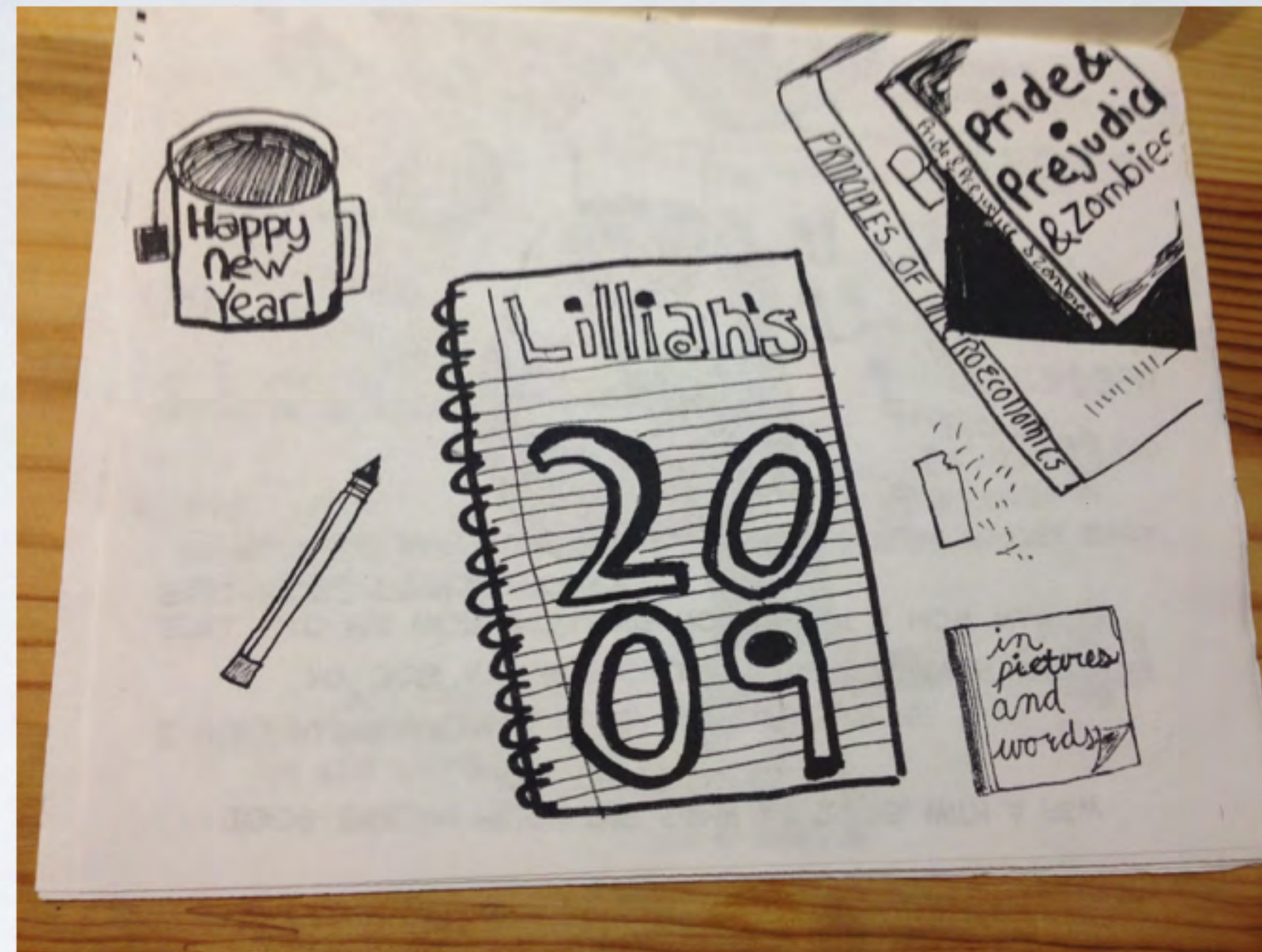


Show EXIF

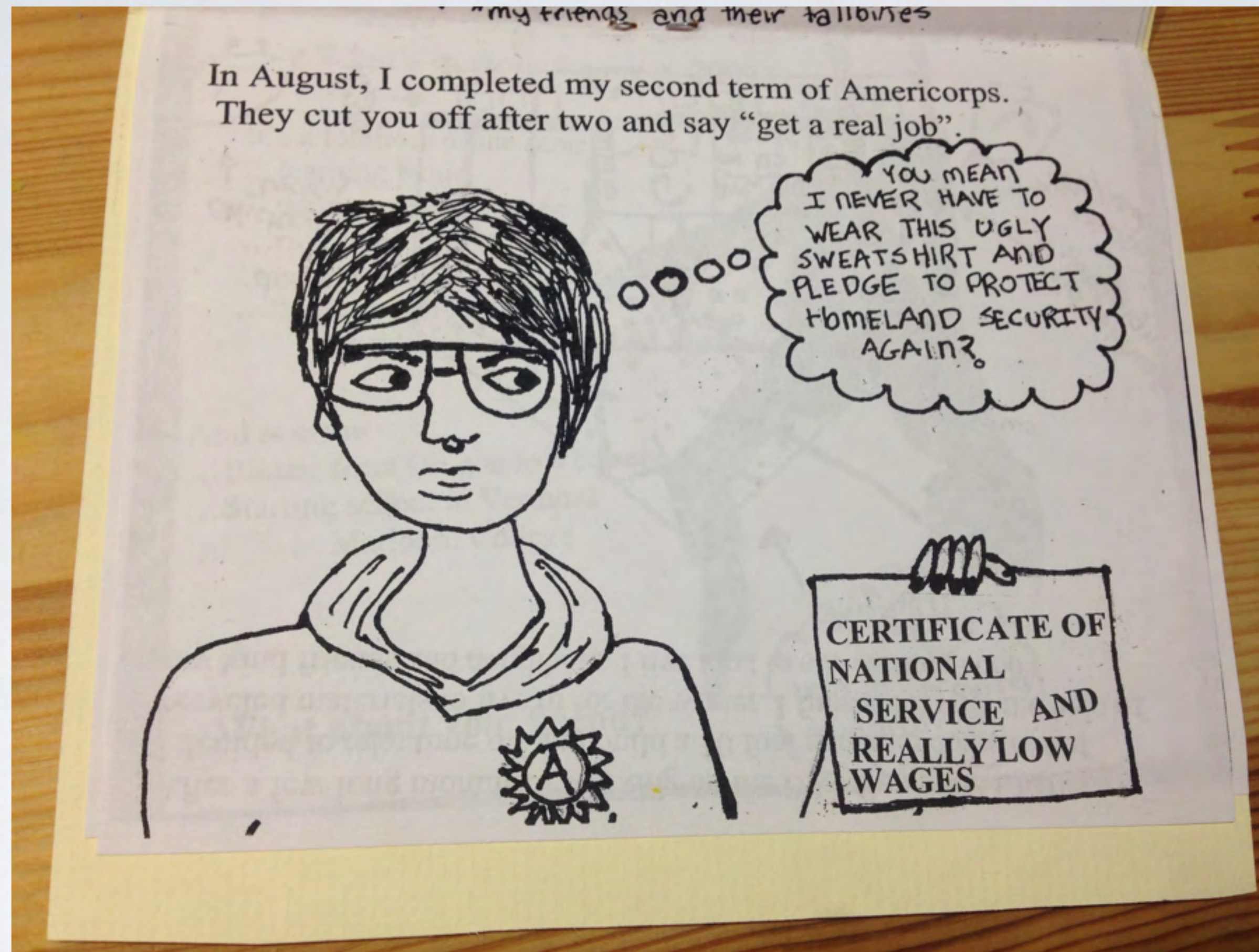
I EVEN TOOK  
A DAILY  
PHOTO



I STARTED TO  
TURN MY  
DATA INTO  
SOMETHING  
PRETTY







AT FIRST MY ZINES WERE SIMPLE  
& CUTE





Health: 6  
Hours of Sleep: 6  
# of Drinks of Caffeine: 0  
# of Drinks of Alcohol: 2  
Miles Biked: 20  
Weather: Rainy

IN 2010, EVERYTHING CHANGED

**I entered the dark world of regression analysis**



# THIS DATA COULD MEAN SOMETHING REAL

Mood = Raining + Burrito + Miles Biked Alcohol + Caffeine

Residuals:

Min	1Q	Median	3Q	Max
-3.0068	-0.5142	0.1320	0.5991	1.9023

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	3.111756	0.161918	19.218	< 2e-16 ***
Raining	-0.126269	0.101976	-1.238	0.21645
Burrito	-0.036758	0.140313	-0.262	0.79349
Miles.Biked	0.014475	0.005482	2.641	0.00864 **
Alcohol	0.170672	0.032417	5.265	2.42e-07 ***
Caffeine	0.041892	0.048869	0.857	0.39189

Residual standard error: 0.9308 on 358 degrees of freedom

MOOD, ON A SCALE OF 1-5, IS IMPROVED BY BIKING -  
WITH .01 MORE HAPPINESS PER MILES BIKED;

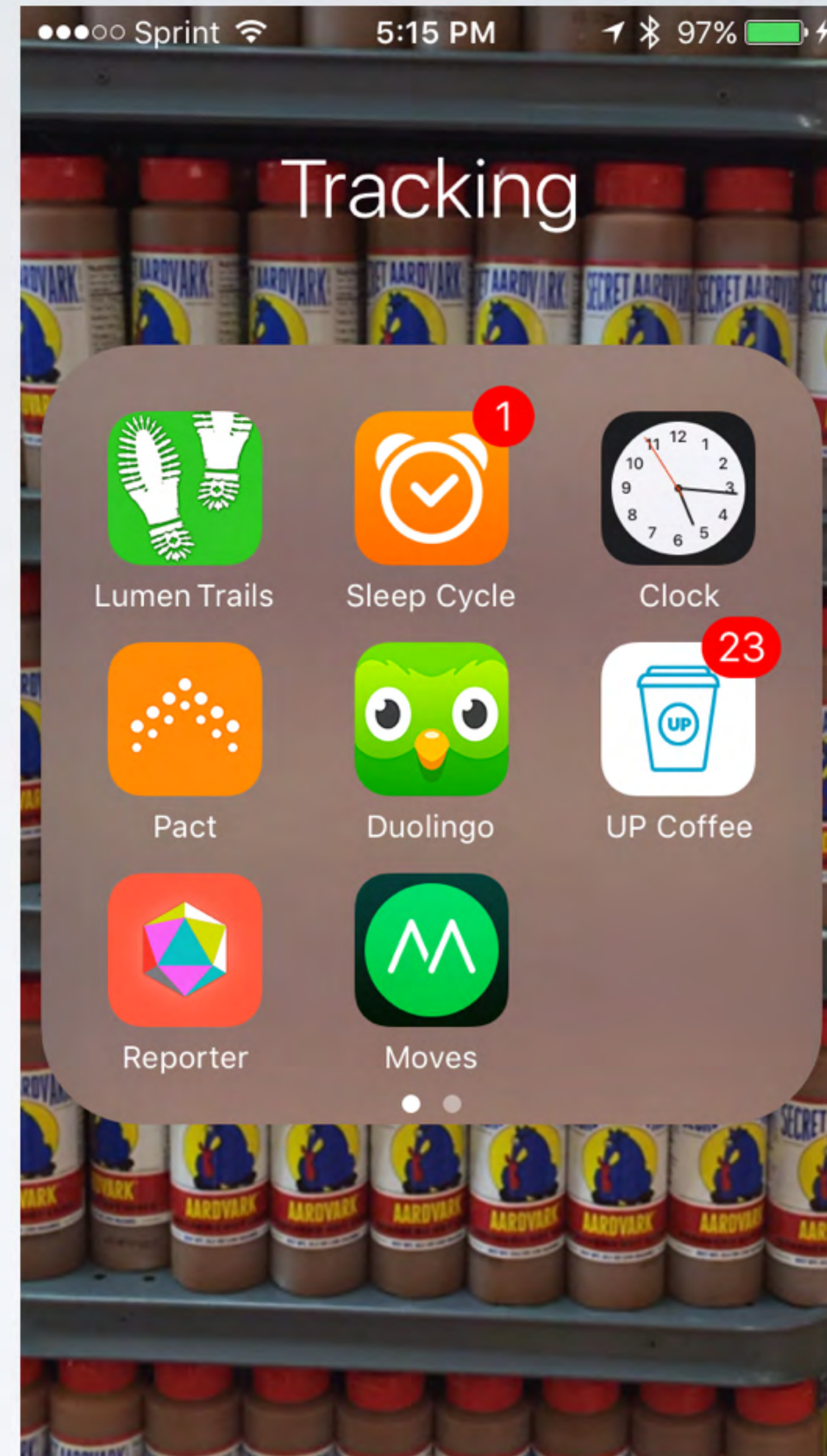
AND BY DRINKING ALCOHOL- .17 MORE HAPPINESS PER  
DRINK OF ALCOHOL.

CONCLUSION: RIDE MORE BIKES, DRINK MORE BEER,  
WITH 95% CONFIDENCE.



# IN 2012 I GOT AN IPHONE.

Suddenly I could track a  
LOT more  
data, nearly effortlessly.







12:45 PM 77%

Joint Pain

Yesterday Today Select Date

no pain? copy last

Notes

Track Summary Me Resources

10:49 AM 90%

Health & Fitness

- Sleep Tracker 7:07:06 hrs
- Miles Biked 0.00 miles
- Alcohol 0
- Caffeine 4 cups
- Mood 😊
- Raining? No
- Run? Yes
- Burrito 0.0 burrito
- Coffee 4 cups

Edit



I should totally take a picture and record everything I buy for an entire year!

BUY FOCAL

HOME

ABOUT THE PROJECT

BUY FOCAL



**\$.44 CANDY CANE CLOSE OUT**

♥ 1 Loves



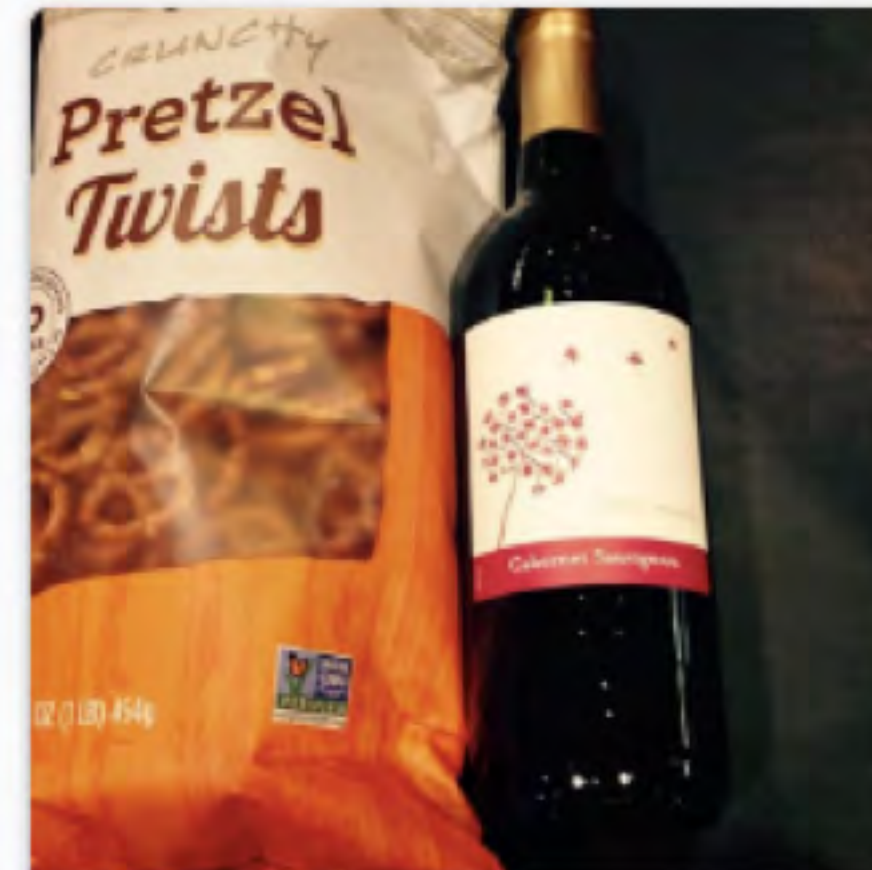
Thank you  
for your  
donation!

It will be much appreciated by  
the local nonprofits you've  
designated.

**\$10 DONATION TO**

♥ 0 Loves

👉 donations, giveguide, lastminute



**\$4.98 IMPORTANT GROCERY**

**STOCK UP**

♥ 0 Loves

👉 grocery, latergram, pretzels, wfm,  
whiskeypig



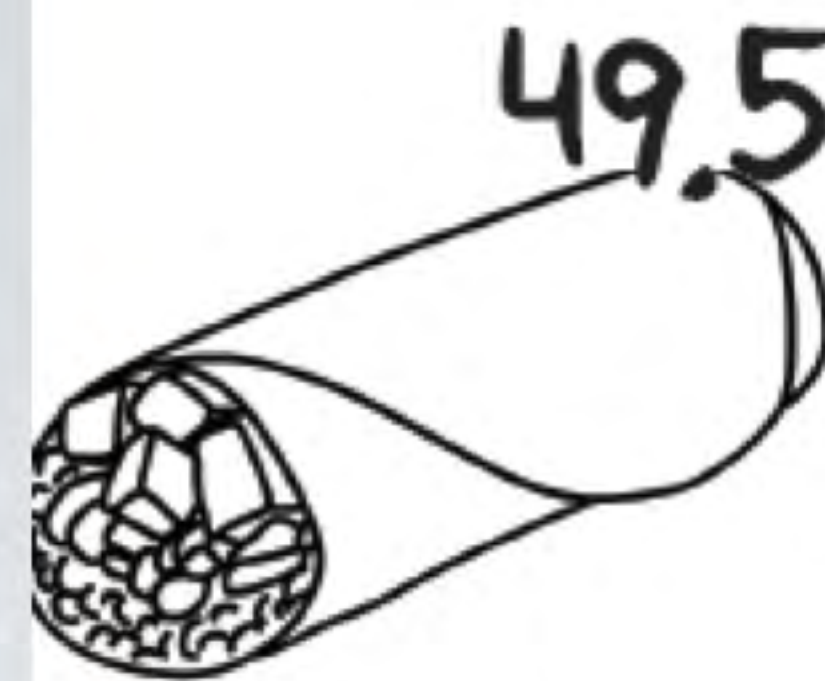
**\$7.10 SNACKS FOR TRAIN**

♥ 0 Loves

👉 snacks



49.5 BURRITOS



541 DRINKS OF ALCOHOL


1.4 AVERAGE PER DAY WHILE SINGLE

1.6 AVERAGE PER DAY WHILE IN A RELATIONSHIP

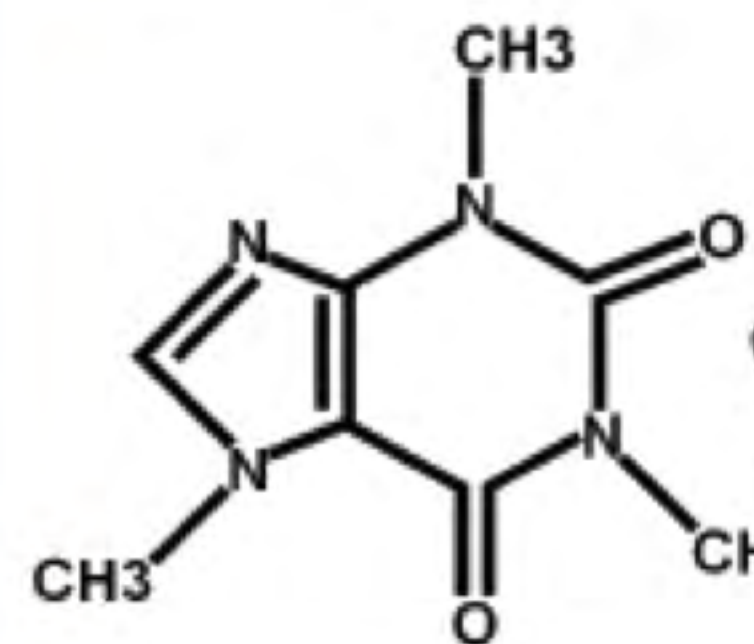


152,319 MINUTES OF SLEEP

6:58 AVERAGE HOURS OF SLEEP PER NIGHT



881 CUPS OF CAFFEINE

CN1C=NC2=C1C(=O)N(C)C(=O)N2C

\*610 CUPS OF COFFEE



LEAST SLEEP: THURSDAYS

MOST SLEEP: TUESDAYS

SHORTEST NIGHT: OCT 3 2013 1:19

LONGEST NIGHT: DEC 31 2013 13:37

AVERAGE BEDTIME: BETWEEN 21:30-22:30

NUMBER OF TWEETS: 3,374

NUMBER OF TWITTER REPLIES: 1,326

MOST USED HASHTAGS:

#BAONPDX #RCTID

#WOMENBIKE #NBS14

NUMBER OF IMESSAGES SENT: 18,379

NUMBER OF IMESSAGES RECEIVED: 19,317

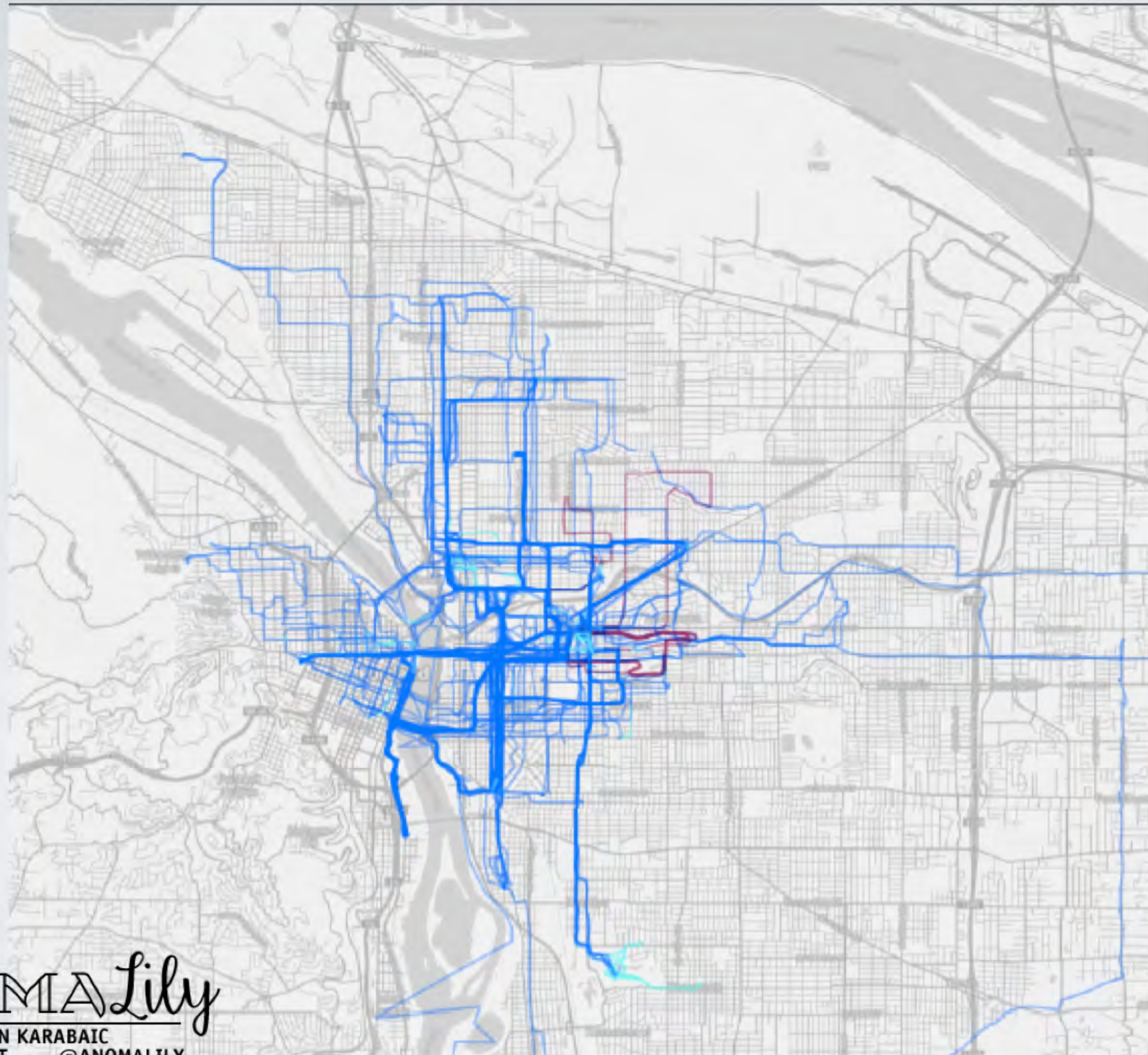
WORD COUNT

BURRITO 74 BIKE 805

HAHA 711 WORK 1490

EMOJI SENT: 263  RECEIVED: 274





MILES RAN: 235.4  
HIGHEST MILEAGE: 13.38  
AVERAGE PACE: 11:15  
LOWEST PACE: 9:02

MILES BIKED: 4,227  
DAYS WITH 0 MILES BIKED: 22  
MOST MILES IN ONE DAY: 90  
TOP 5 DESTINATIONS: HOME,  
GO BY BIKE, IPRC, BITCH MEDIA,  
BEULAHLAND

MILES OPERATING A CAR: 0  
MILES ON AMTRAK 1,248

MILES FLOWN: 14,666  
LONGEST FLIGHT: 2,350 MILES

COUNTRIES VISITED: CANADA  
CITIES VISITED: NYC, DC, CINCINNATI,  
VANCOUVER

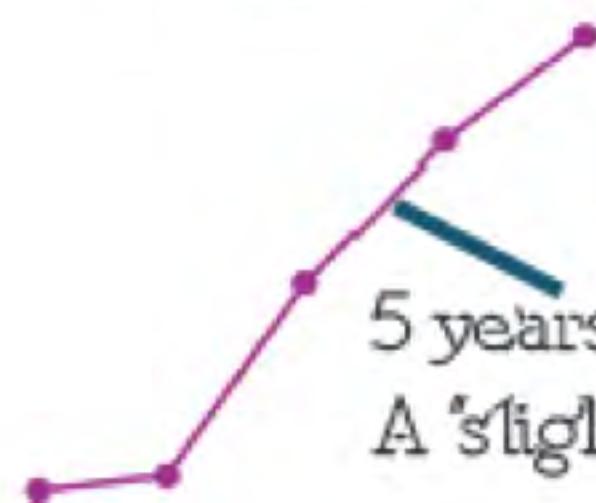


Since my last birthday, I have consumed:



1093 cups of caffeine

92% of those were coffee  
That's a 24% increase from last year and 900% increase from 5 years before.



5 years of caffeine consumption:  
A 'slight' upward trend...

53

Burritos

79% of them from Los Garditos  
(3.5 more than last year)



1180 drinks of alcohol  
Most alcohol consumed:  
Sundays



I slept 154,760 minutes.

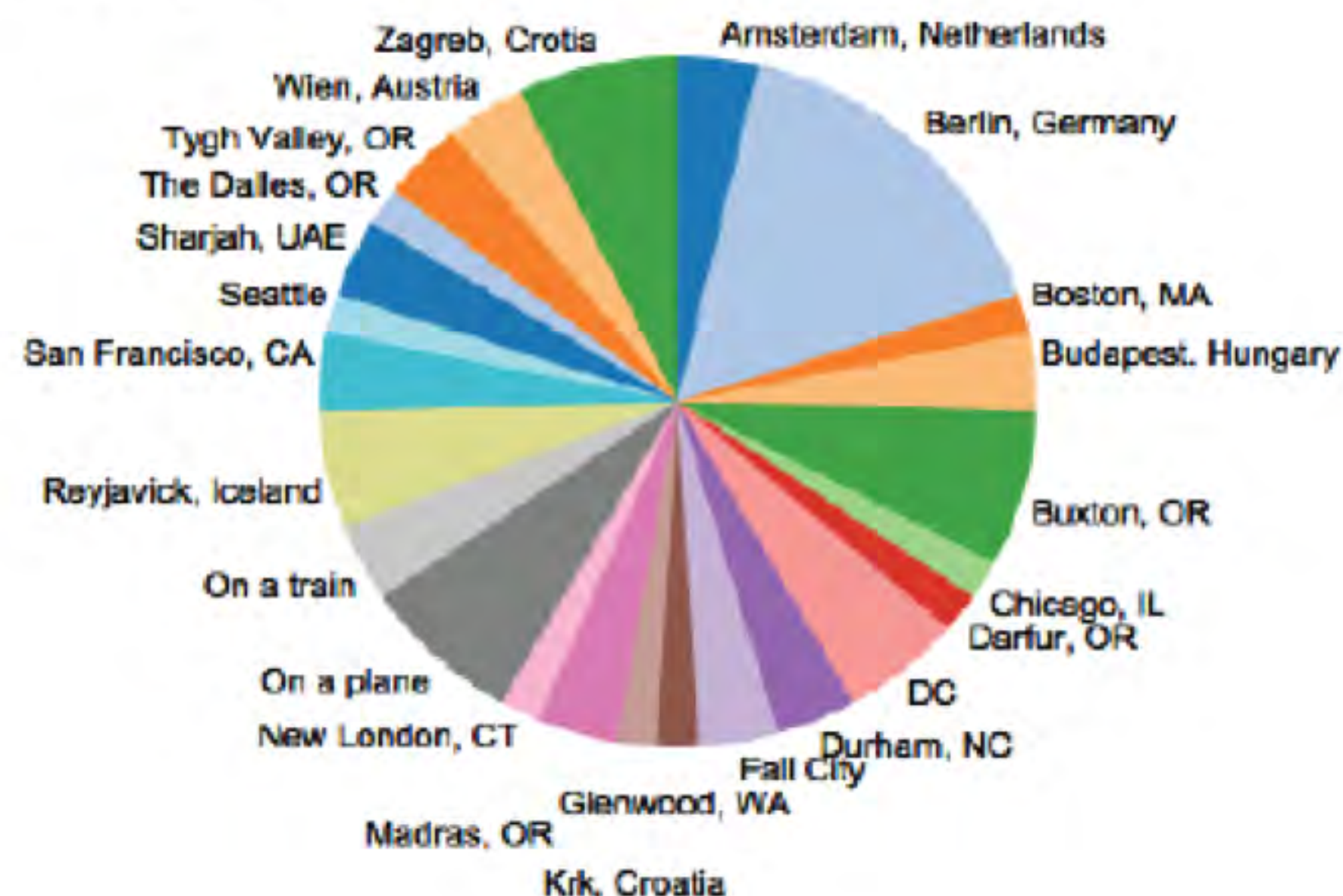
Averaging 7 hours, 41 minutes a night.

Average wake up time was 6:04AM

Chances of waking up between 2-4AM increased 200% when Aaron PK acquired Dora the Indiewebcat.



I slept in Portland 310 nights. Here's where I spent the other 55 nights:





# PUTTING THESE ZINES TOGETHER IS MESSY

## Countries

July 08 to July 09: 0  
July 09 to July 10: 2  
July 10 to July 11: 2  
July 11 to July 12: 6: germany, england, fra  
July 12 to July 13 (grad): 0  
July 13- July 14: 1  
July 14 - July 15: 10

## Train Mileage

2438 (nerdtrain)  
210 (new lon15 don)  
561 (3 trips to seattle)  
416 (amsterdam to berlin)  
441(to Wien)  
286 (to zagreb)  
252 (to budapest)

4,604 miles on long-distance trains

2651.2 (nerdtrain)

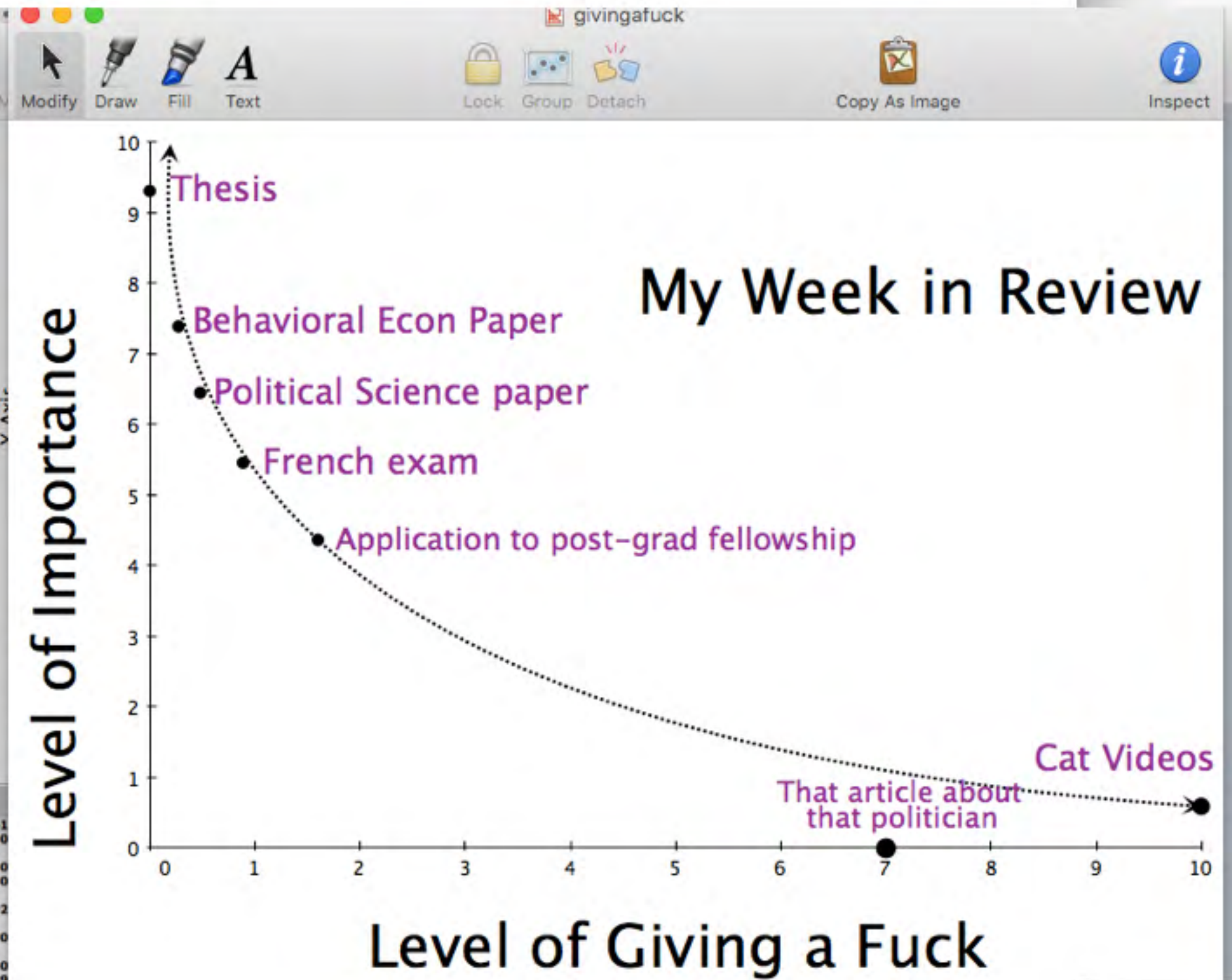
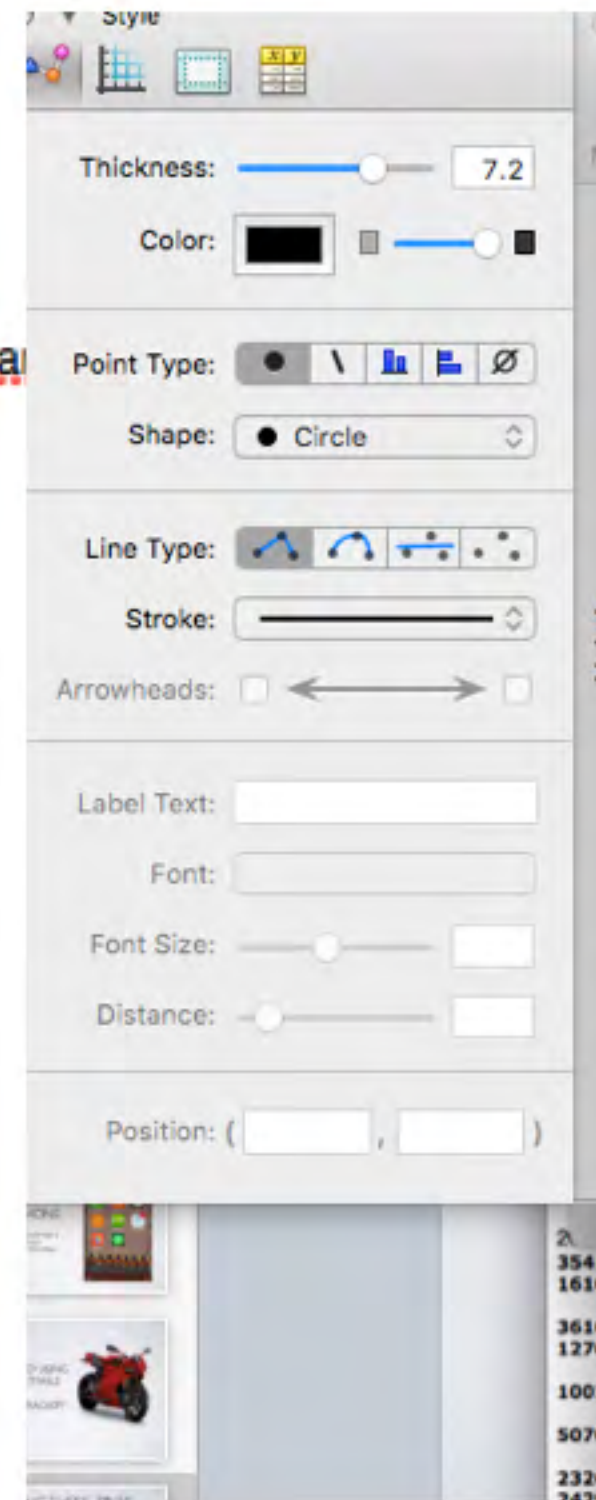
**3541**  
**1610 (conference)**

**3610**  
**1270 (amsterdam)**

**10029 dubai-> pdx**

**5070 HPA**

**2320**  
**2429**





And it's become an annual (PUBLIC) process of evaluating + synthesizing my life





IN 2016, I MADE A BIG CAREER  
CHANGE.

To work for the **Democratic Party.**





To work for the **Democratic Party.**

In 2016.





Accurate  
representation  
of  
**2016**  
in American  
Politics.



We call it the  
dismal science  
for a reason.





# The Dismal Science of my Life.





## 2016 Economic Report

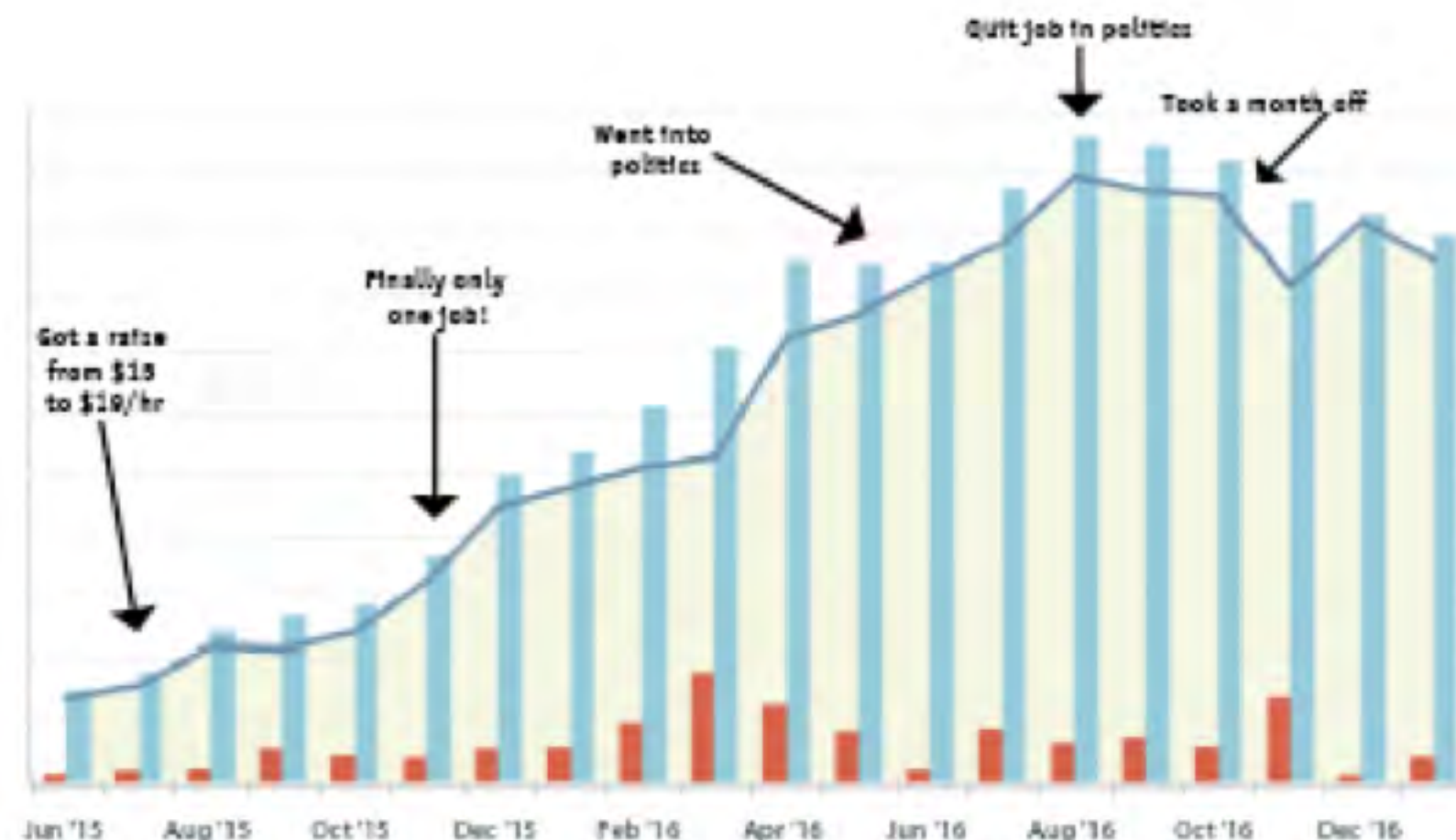
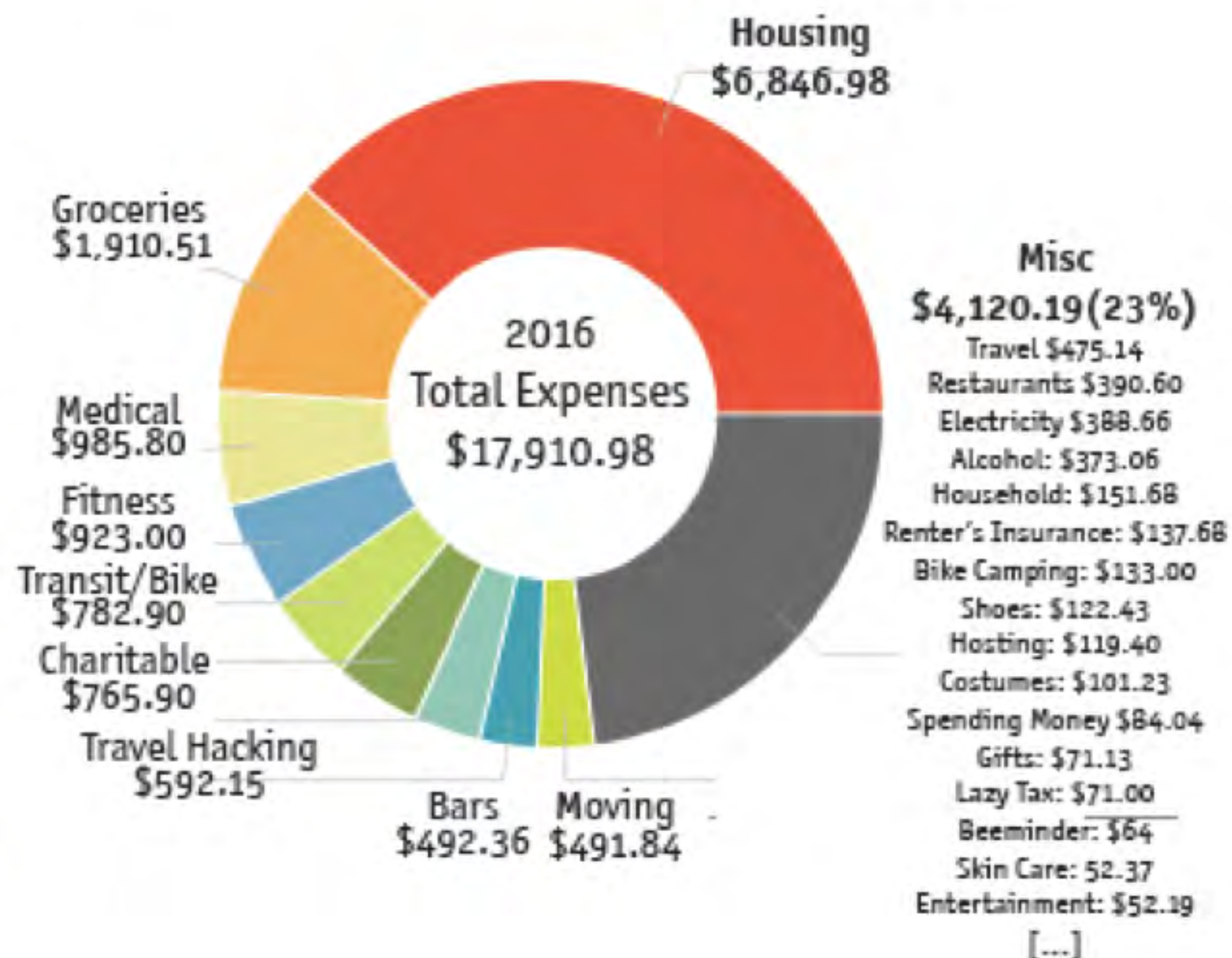
### Savings rates hit all time high.

With a year of unexpected twist and turns for the Republic of Lilymonster, savings were at an all-time high, at 59%. While some experts hoped for greater spending to stimulate the burrito and whiskey economy, uncertainty among Lilymonsters after a tumultuous election season has led to squirreling away income for a rainy day.

#### Predictions

In 2017, expect a rise in entrepreneurial ventures to be tied to greater consumer spending on health care and travel. Our outlook is optimistic for a doubling of net worth.

While 2016 burrito imports were at an all-time low, 2017 looks rosier with consumers noticing a direct correlation between mood & burrito consumption.



### Trade in the Republic of Lilymonster

#### Top Exports

Nonprofit Grants  
 Personal Finance Education  
 Budget Spreadsheets  
 Political Websites

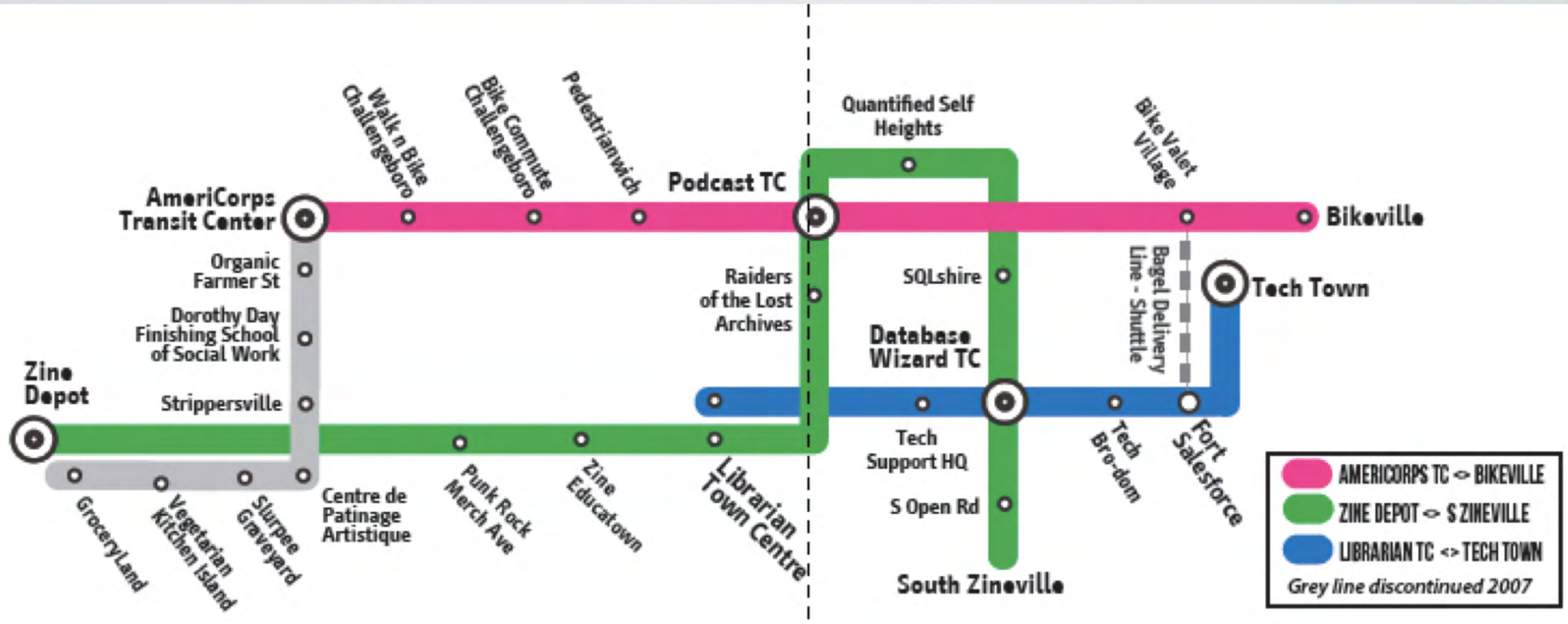
#### Top Imports

Real Estate Rental  
 Medical  
 Habenero Hot Sauce  
 Fitness Group Classes  
 Raw Costume Materials

#### Trading Partners (Import %)

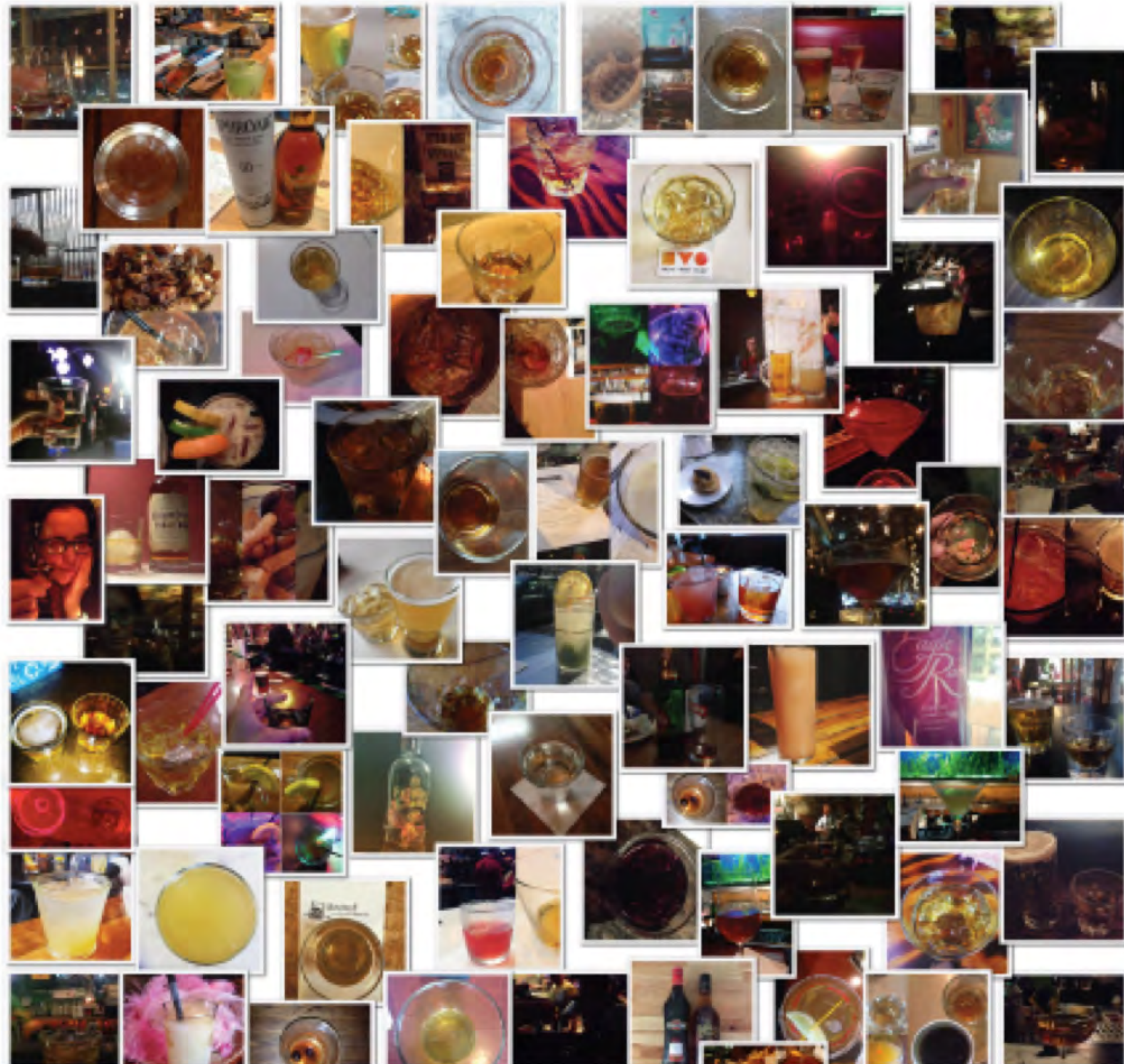
AnchorNW Property Management (37% of GDP)  
 Whole Foods (9% of GDP)  
 Delta (9% of GDP)  
 Classpass (5% of GDP)  
 Community Cycling Center (4% of GDP)  
 Providence Health Care (3% of GDP)  
 United Airlines (2% of GDP)  
 Amgen Human Therapeutics (2% of GDP)







# BEVERAGE ECONOMY STATISTICS



TOTAL ALCOHOL CONSUMED: 683 DRINKS

FY 14-15: 1180 DRINKS

FY 13-14: 541 DRINKS

TOTAL ALCOHOL IN USD: \$511.01



TOTAL CAFFEINE CONSUMED: 868 DRINKS

% CHANGE FROM FY 14-15: -21%

TEA: 477

COFFEE CONSUMED: 391

SPENT IN USD: \$132.68



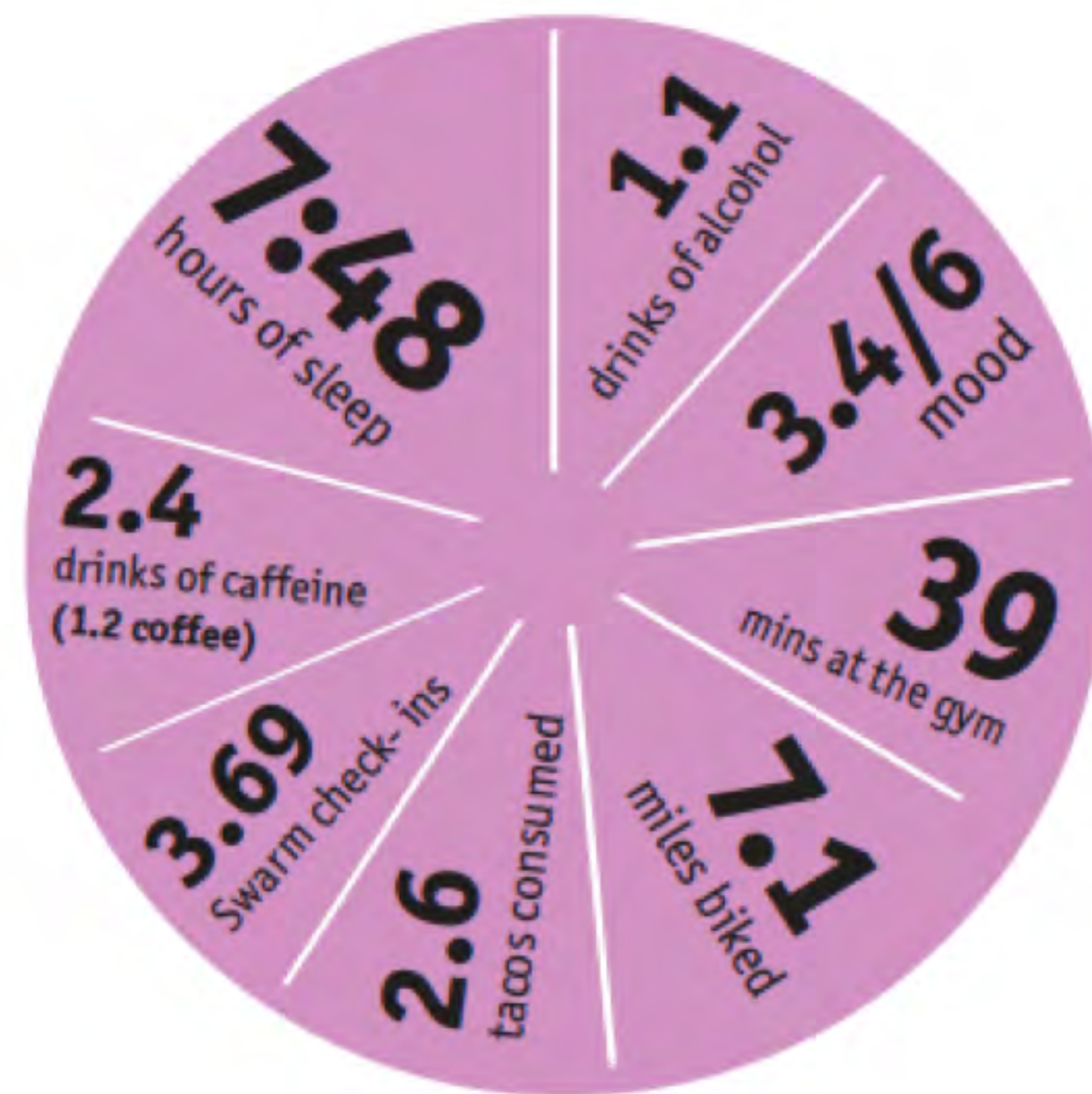
**ANOMALily**

LILLIAN KARABAIC  
ANOMALILY.NET @ANOMALILY



## An Average Day

from January 1 - May 30



### **totals**

**18** days traveling

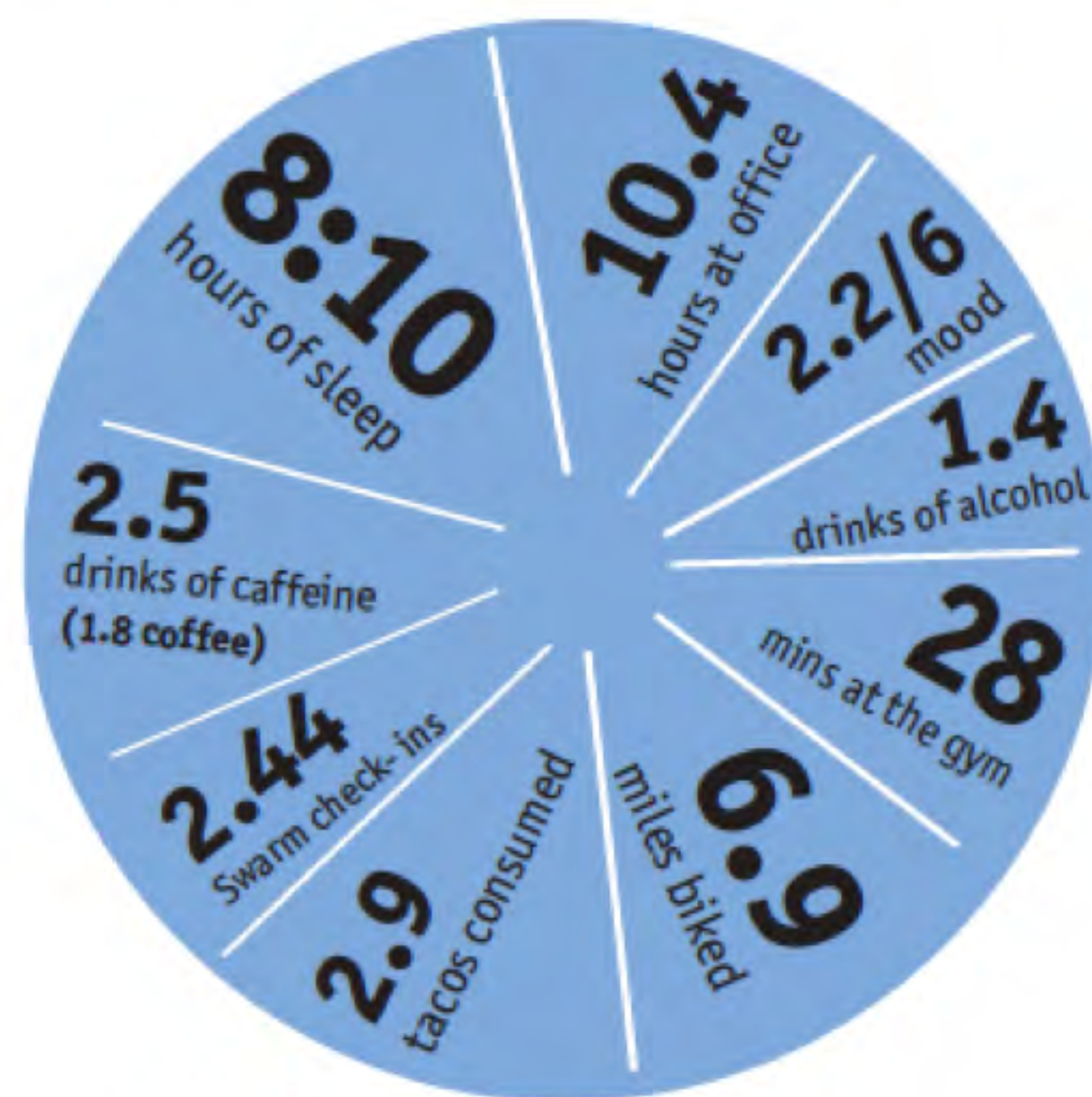
**21,340** flight miles

**4** burritos

**71** days of rain

## An Average Day

from May 31 - August 26



### **totals**

**9** days traveling

**0** flight miles

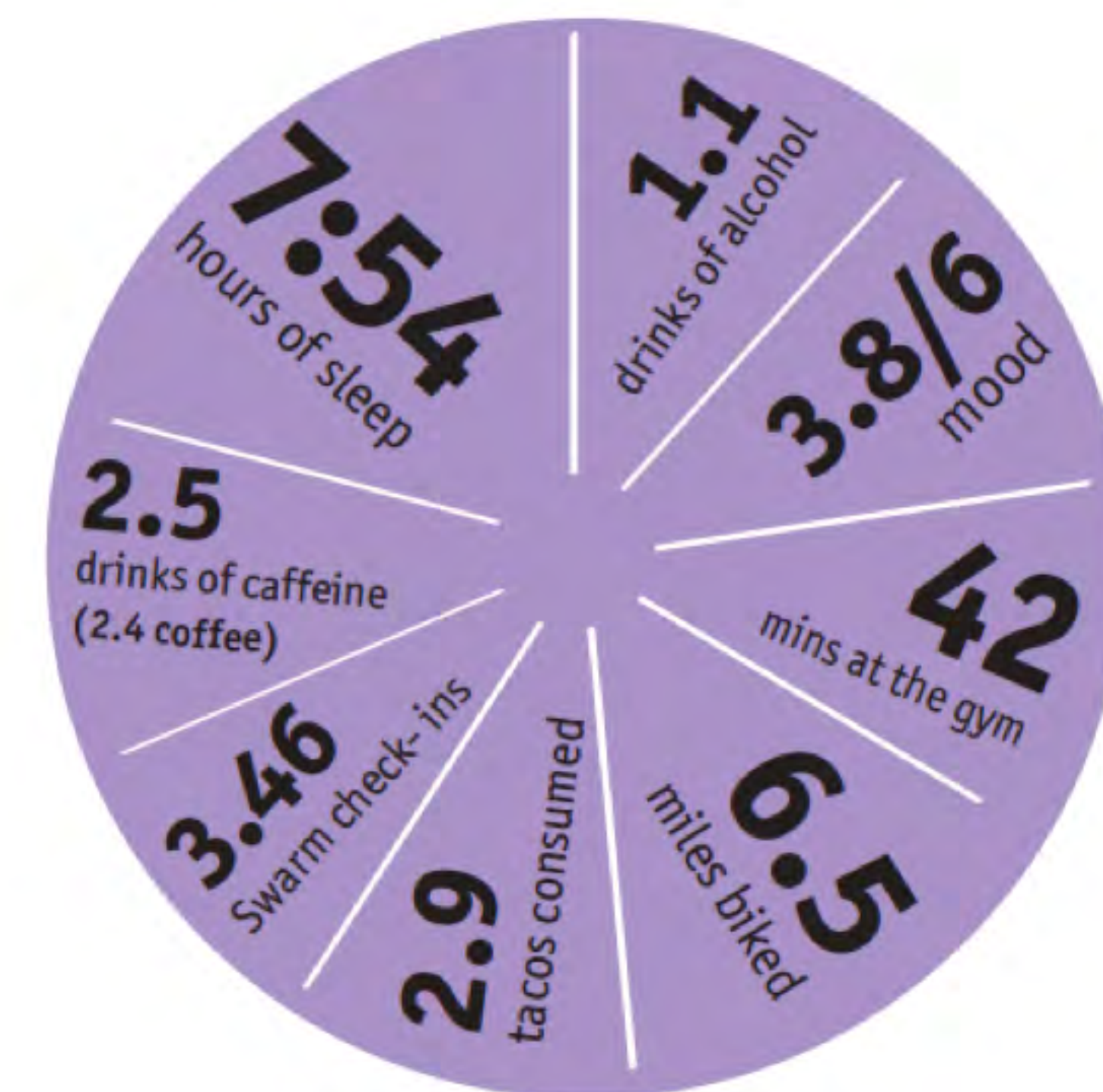
**2** burritos

**18** days of rain

**1** final Bowie Vs Prince

## An Average Day

from August 27 - December 31



### **totals**

**4** days traveling

**0** flight miles

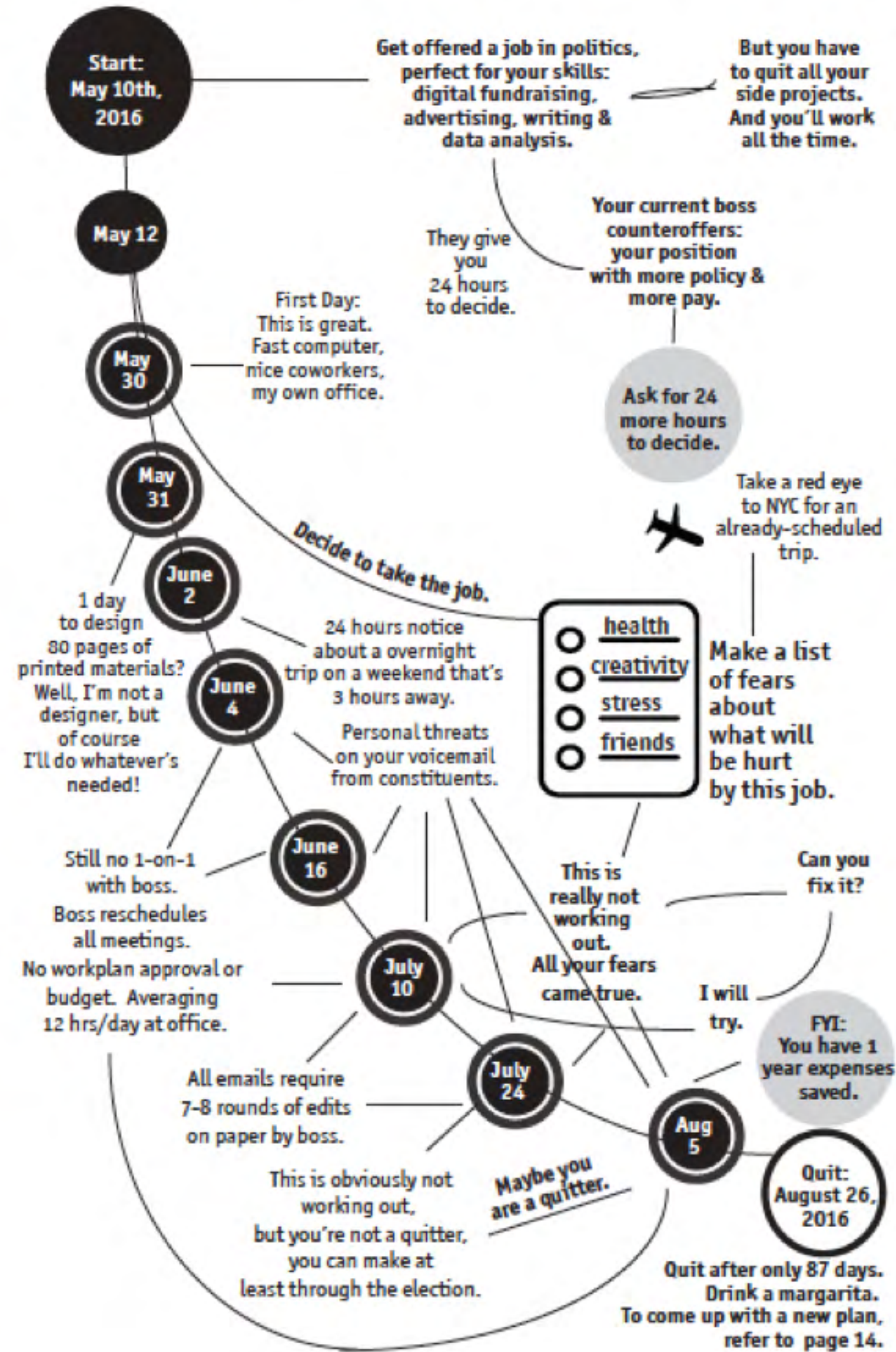
**2** burritos

**64** days of rain



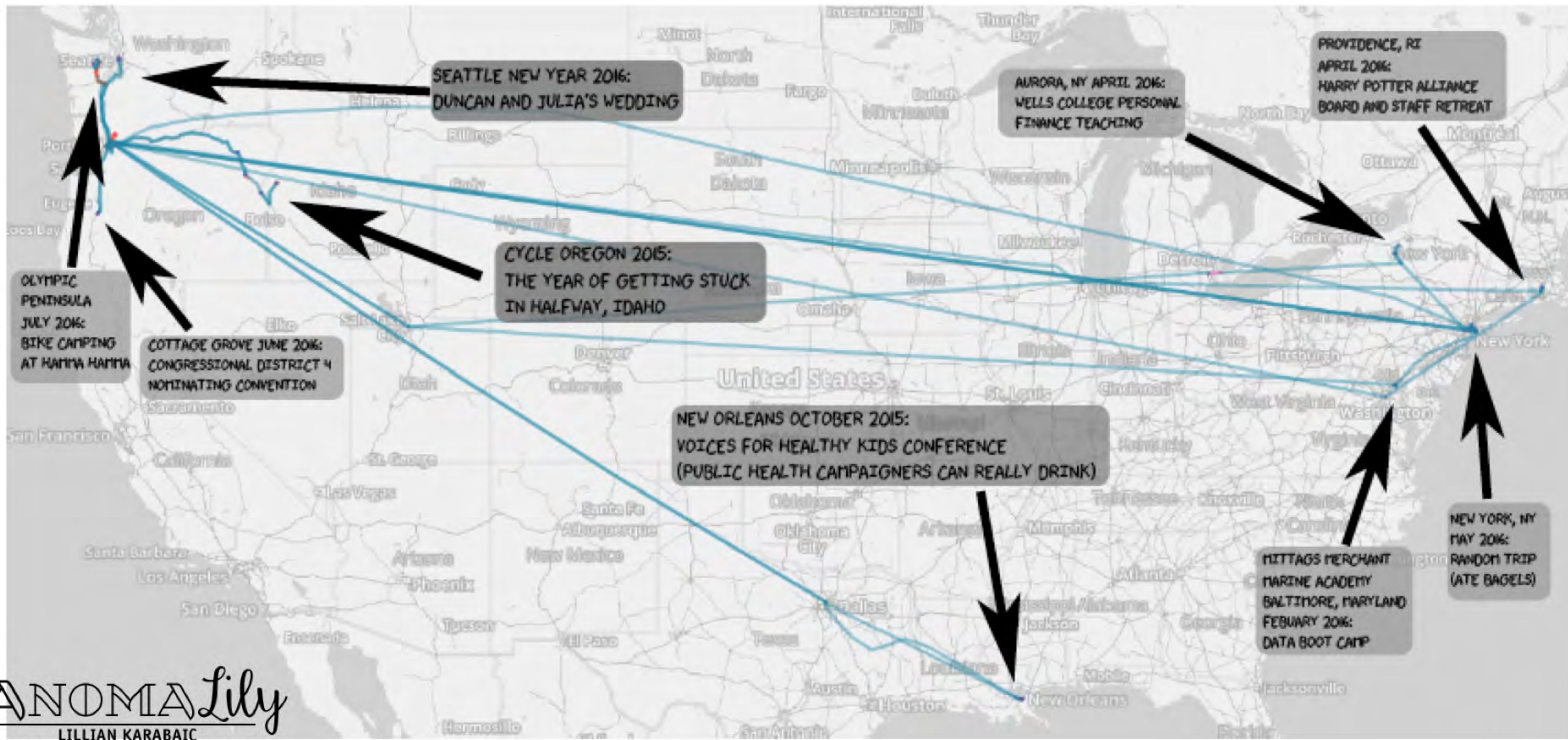
# A completely uncomprehensive flow chart

## How to be a quitter, in just 90 days.





# DIPLOMACY OF THE REPUBLIC OF LILYMONSTER FY 2015-16





# 2016 Sleep

Average Sleep: 8h4m  
Mean wakeup: 6:33AM  
Mode wakeup: 5:40AM

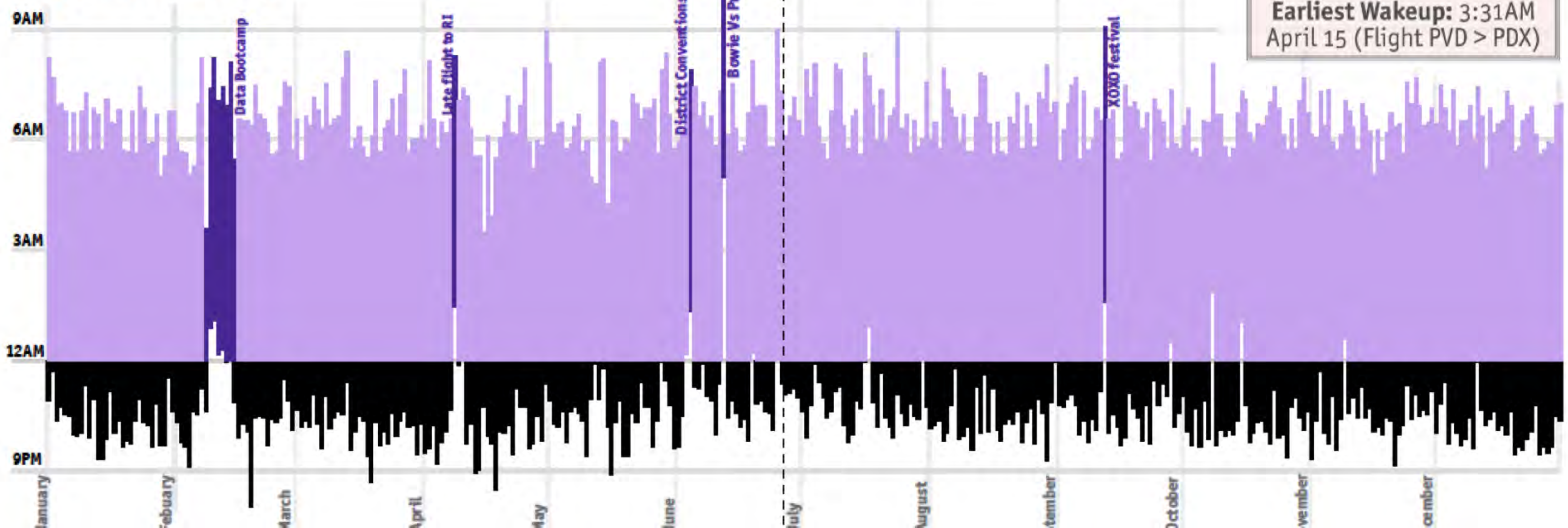
Mean bedtime: 9:20PM  
Mode bedtime: 10:02PM

Latest Bedtime: 4:59AM  
June 12 (Bowie Vs Prince)

Earliest Wakeup: 3:31AM  
April 15 (Flight PVD > PDX)

Sleep: Lives up to the hype

## A year in sleep.

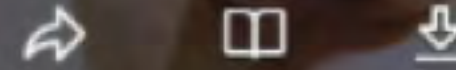




# Watch Me Turn 30 (365 Project)

*I turn 30 on July 7th, 2017. So I am taking a picture of myself every day until then.*

310 photos • 1 video • 501 views



By: Lily Monster **PRO**



## COME GET A ZINE FROM ME!

And find me on the internet at [anomalily.net](http://anomalily.net)

and [@anomalily](https://www.instagram.com/anomalily)