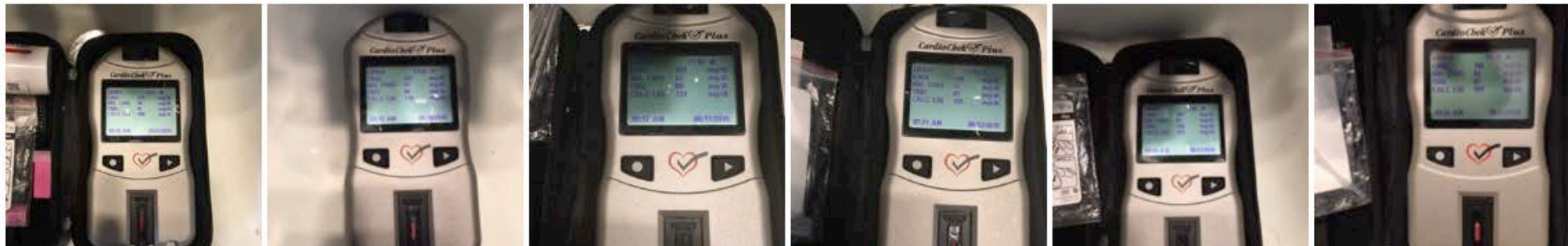




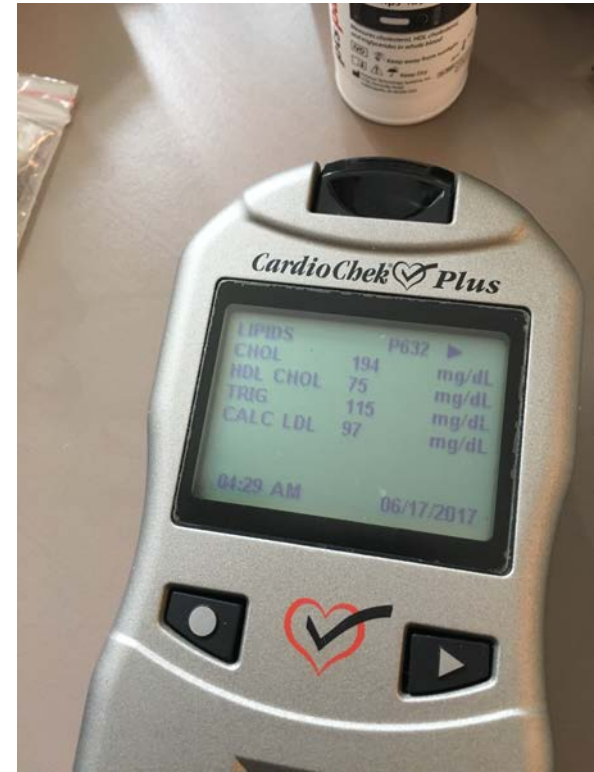
Cholesterol Levels While Nursing

whitney erin boesel @weboesel

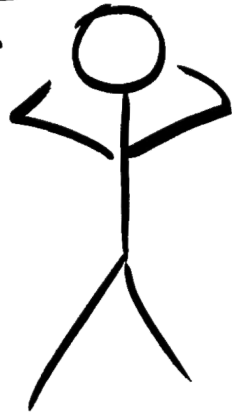




first CardioChek reading
(Q517)

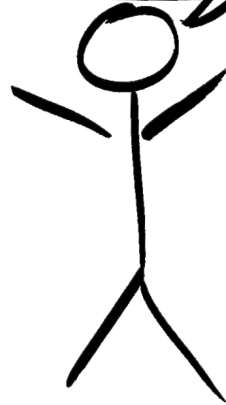


I need medication to control cholesterol.



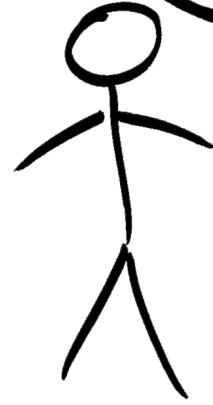
Relative A

my cholesterol is great!
let's eat more steak.

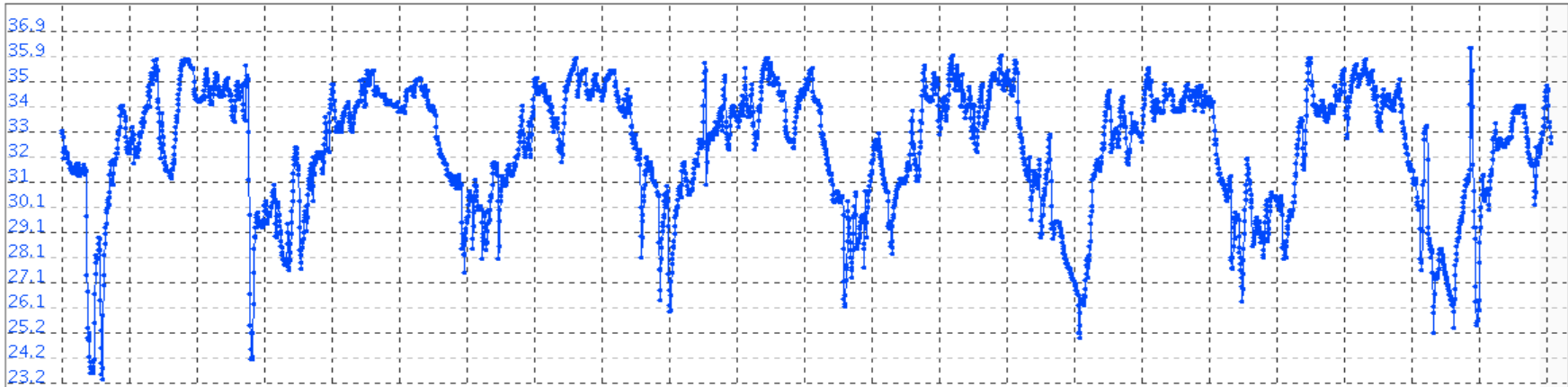


Relative B

Lol, my total cholesterol is 70.



Vegan Sibling



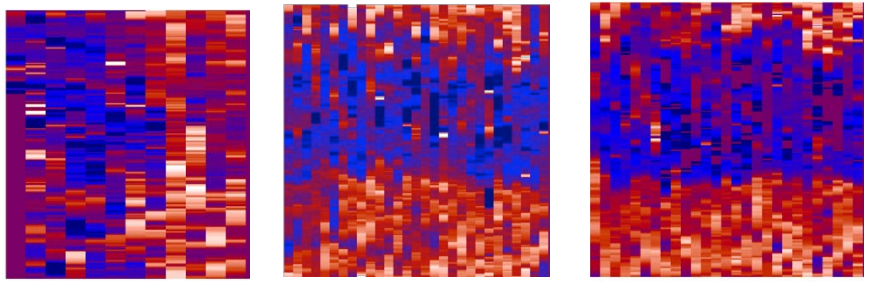
Right-Click on Graph for more options

iButton Data (distal site)



iButtons

Distal Heatmaps



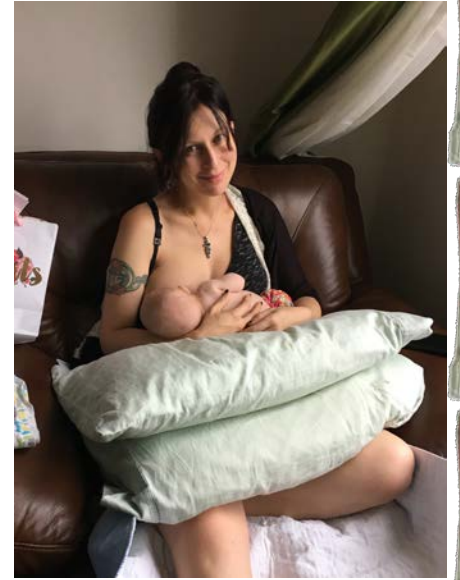
H_a : cholesterol will fix itself

H_0 : cholesterol will stay the same (or get worse)

WATCHFUL WAITING



ACTUAL BABY
at time of first CardioCheck test

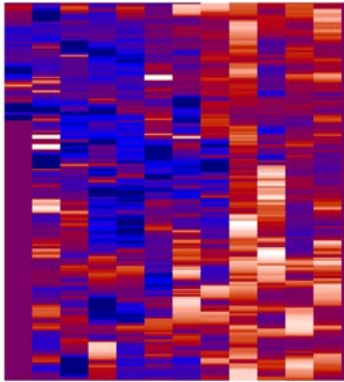


more baby = more cholesterol

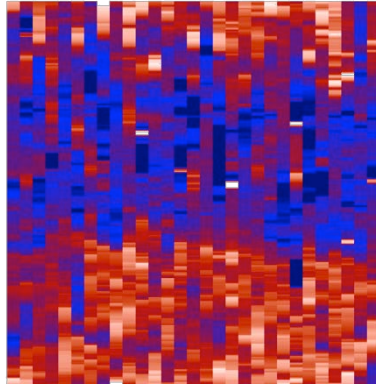


less nursing = less cholesterol

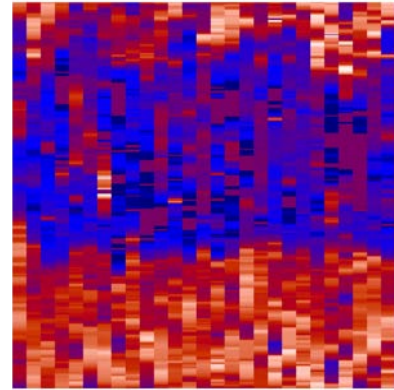
Distal Heatmaps



OCTOBER
anovulatory cycle

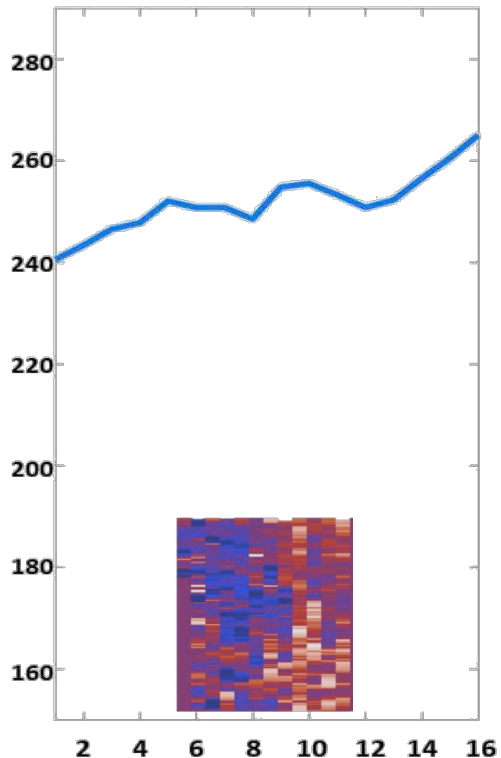


NOVEMBER
regular cycle



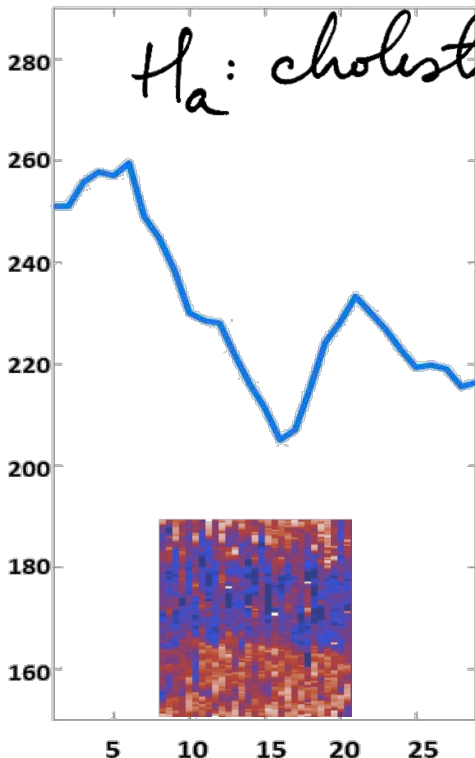
FEBRUARY
regular cycle

TOTAL CHOLESTEROL (mg/dL)

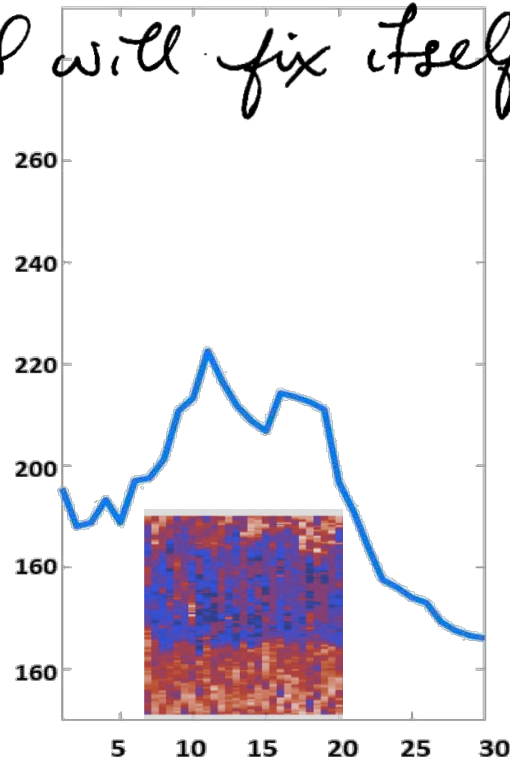


OCTOBER
anovulatory cycle

Ha: cholesterol will fix itself

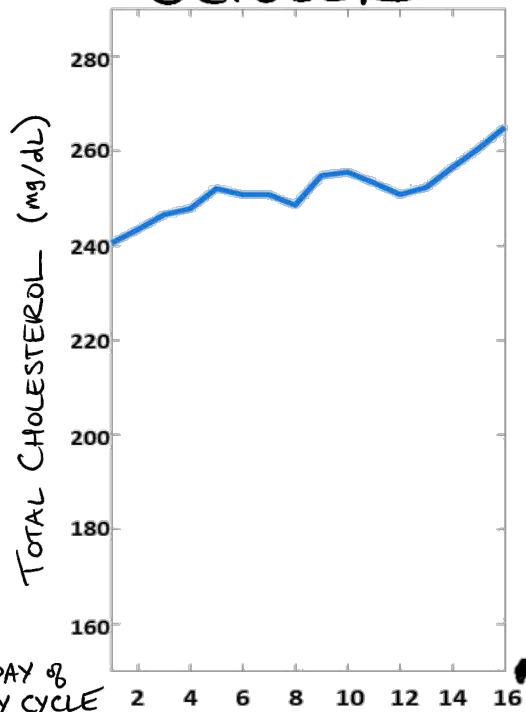


NOVEMBER
regular cycle

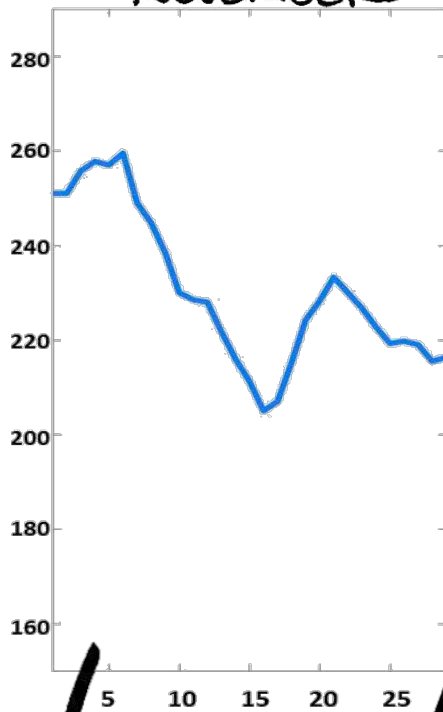


FEBRUARY
regular cycle Thermal Shift

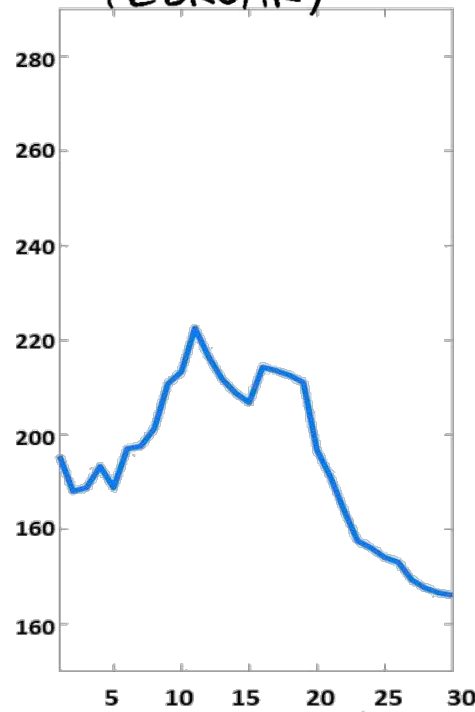
OCTOBER



NOVEMBER



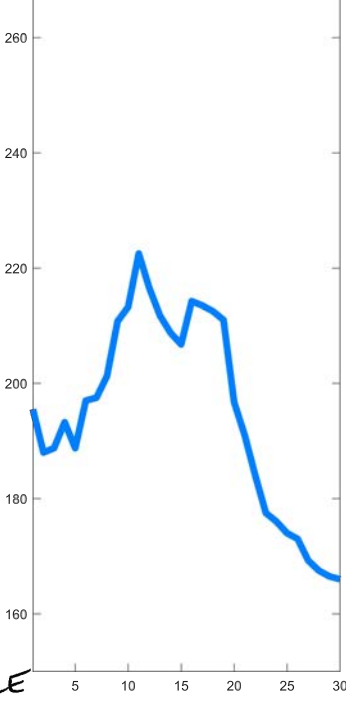
FEBRUARY



intervention: NONE

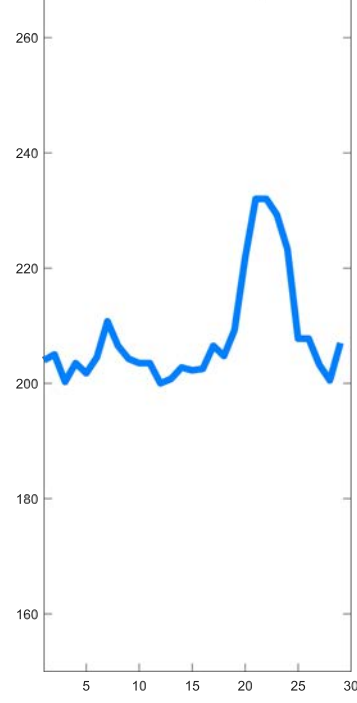
TOTAL CHOLESTEROL (mg/dL)

FEBRUARY
regular cycle



DAY OF
MY CYCLE

AUGUST
regular cycle



H_0 : cholesterol will stay the same (or get worse)

△

Cholesterol per Day of My Cycle, August vs. February

△ cholesterol (mg/dL)

DAY OF
MY CYCLE



Daily Cholesterol per Day of My Cycle August 2018

TOTAL CHOLESTEROL (mg/dL)

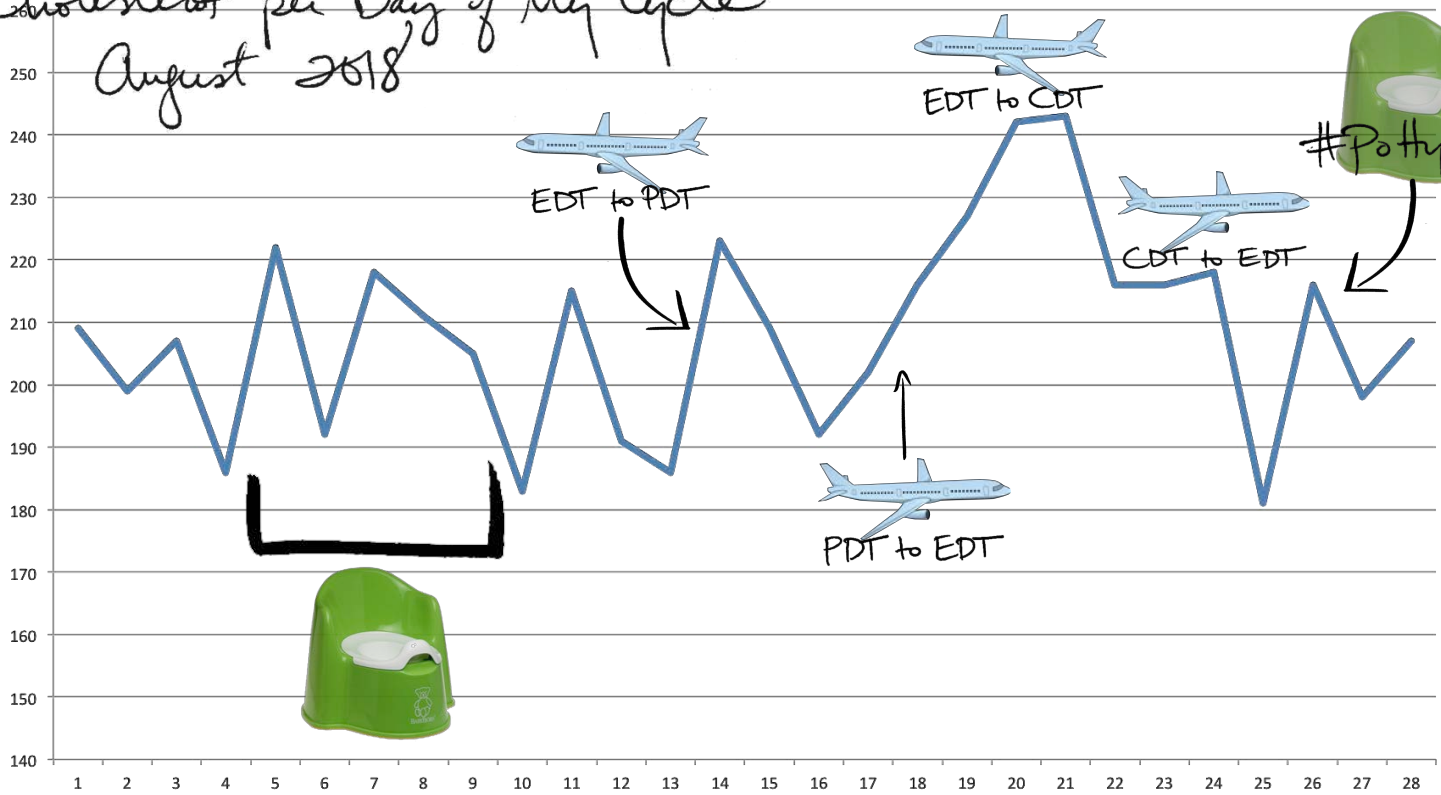
DAY OF MY CYCLE

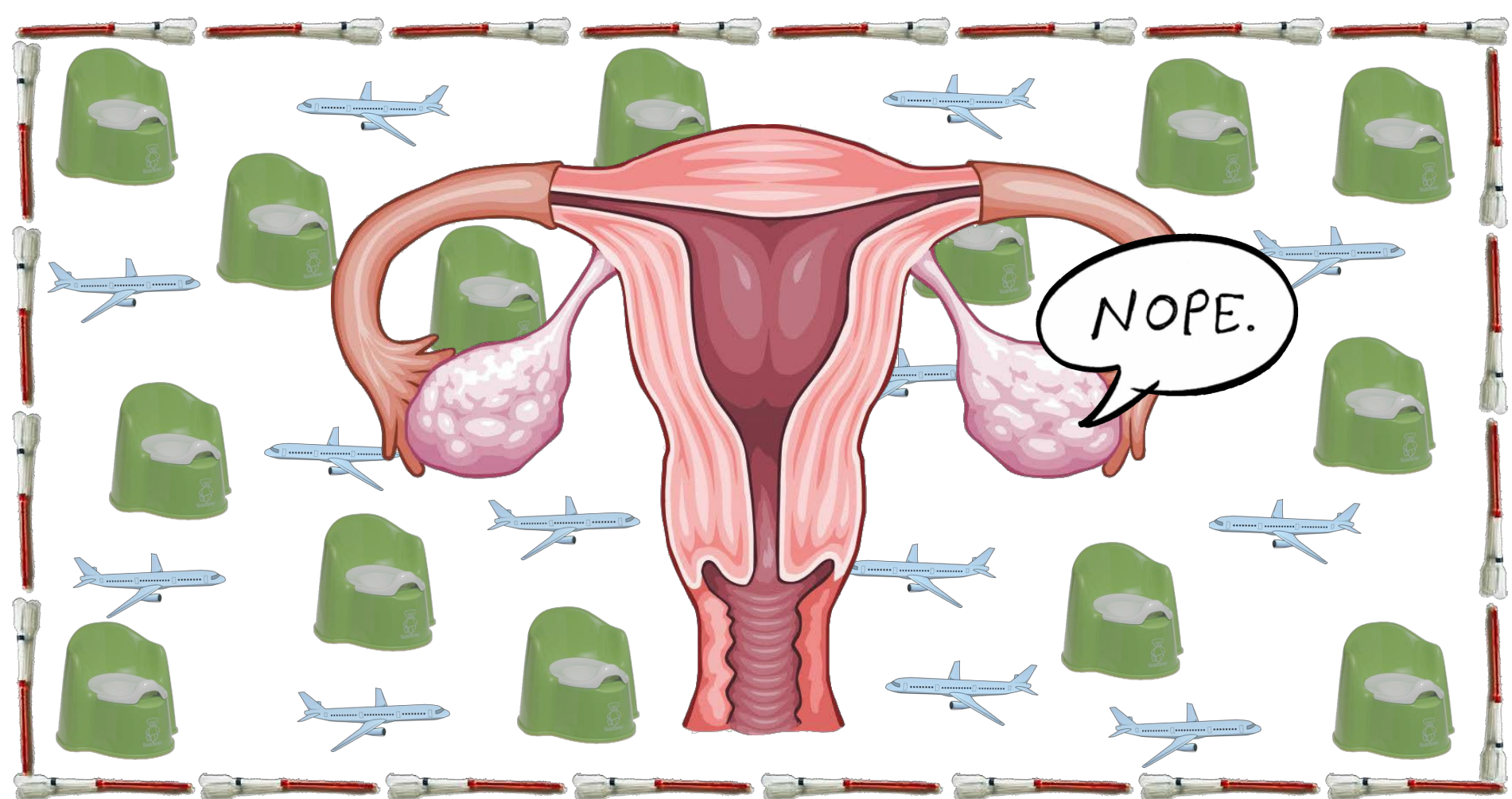


Daily Cholesterol per Day of My Cycle August 2018

TOTAL CHOLESTEROL (mg/dL)

DAY OF MY CYCLE



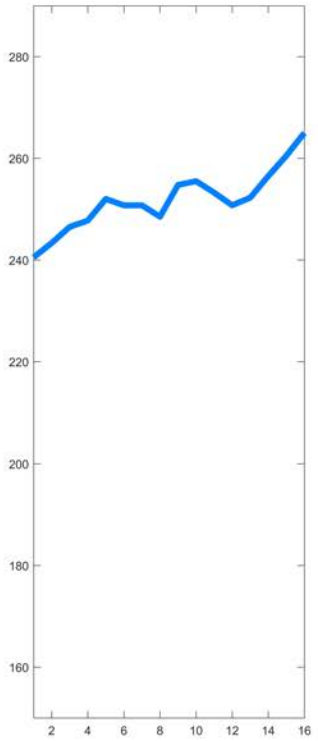


NOPE.

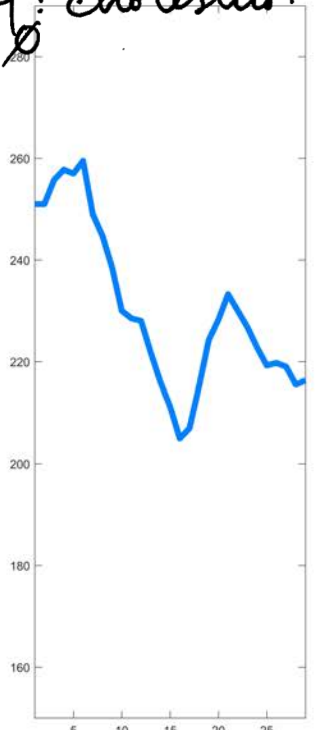
H₂O: cholesterol will stay the same (or get worse)

TOTAL CHOLESTEROL (mg/dL)

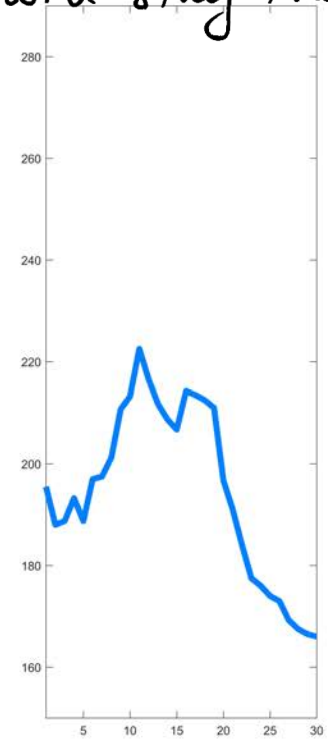
DAY of MY CYCLE



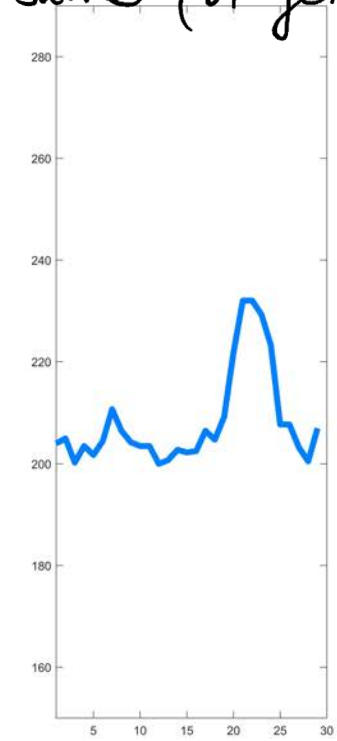
OCTOBER
anovulatory cycle



NOVEMBER
regular cycle



FEBRUARY
regular cycle



AUGUST
regular cycle



Thank You!

... especially to QS Labs
Bloodtesters
Azure Grant

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twitter: weboesel
instagram: <ask>